

# backpage

## A dieter's guide to weightlessness

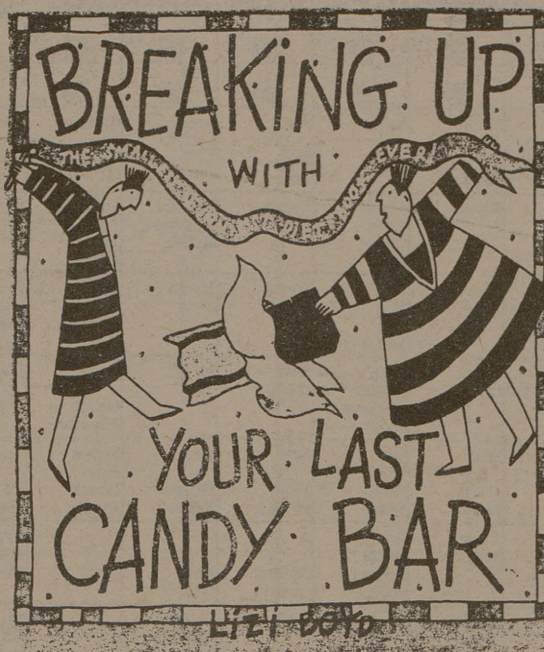
"*Breaking Up with Your Last Candy Bar*" by Lizi Boyd is a diet book with advice for perpetual dieters. Don't even read the book unless you've tried every diet imaginable. Some of Boyd's thin-is-in strategies include tracing an outline of your body and hanging it on the refrigerator, rewrapping your vegetables in old candy wrappers and using old shoes as serving dishes.

More practical advice includes filling up the grocery cart with paper goods before shopping for food, wearing nose plugs on the street so the smell of food doesn't tempt you and watching television flat on your back so you can't eat.

But if these don't work, you can always substitute food for tennis balls, create a distraction by putting flying fish in the bathtub or serve blueberry juice and snow cones on a winter day.

Along with Boyd's pearls of diet wisdom, the book contains 75 of her original cartoons. And after you can wake up in the morning without pinching your sides, look at yourself in the bathtub and eat in public with confidence, Boyd recommends giving the book to someone who needs it.

*Breaking Up with Your Last Candy Bar*, by Lizi Boyd. A Pantheon Book, \$3.50.



## A word-fanatic's guide

No word-lover (or book-lover) should be without Paul Dickson's "*A Connoisseur's Collection of Old and New, Weird and Wonderful, Useful and Outlandish Words*." Included in the collection are over 2,000 words and phrases for drunk, definitions for words like dromaniac — a person who has a compulsion to own furs and tacenda — which means "those things which should not be mentioned."

*A Connoisseur's Collection of Old and New, Weird and Wonderful, Useful and Outlandish Words*, by Paul Dickson. A Dell Book, \$7.95.

## Concerts

If music and MTV is what keeps you going, now's the time to see your favorites in concert. November is the month for you to catch up with **The Police**, **The Stray Cats** and many others in Austin, Dallas or Houston.

If you prefer Austin, there's the Frank Erwin Center and the Meadows. **Rick James** will be at the Erwin Center tonight. And if you missed **Jimmy Buffet** here on the 2nd, then you can catch him Saturday night. If you have the money or time, Sunday night the **Moody Blues** also will be performing.

The following Thursday, the 10th, you can catch **The**

**Stray Cats** and on Friday **Dan Fogelberg**.

The Meadows will be featuring **The Police** on the 19th, if you're lucky enough to have tickets. Rumor has it that **Joe "King" Carrasco** will be one of the opening acts.

If you like the concert scene in Houston, then most of the action will be at The Summit.

**Jimmy Buffet** will be there this Sunday and the **Moody Blues** will be performing on Monday. The following Sunday, the 13th, **Alabama** is performing. **The Police** will play both the 16th and 17th. And the **Gap Band** is scheduled for Friday the 18th.

If you hit Dallas this

weekend, be sure and catch the **Moody Blues** tonight at Reunion Arena. **The Police** will perform at Reunion on the 14th and 15th. Also the **Gap Band** will be at Reunion on the 20th.

**Billy Bob's** in Fort Worth will have **The Bellamy Bros.** on the 5th, the **Nitty Gritty Dirt Band** on the 16th, **George Strait** and **Rusty Weir** on the 19th and **The Commodores** on the 30th.

If the budget is tight or you just can't get away, then G. Rollie White has **The Commodores** scheduled for a Bonfire night performance on Nov. 25.

## Sci-fi and fantasy writers' contest

Celestial Publications is holding its second annual Science Fiction and Fantasy Contest. Any budding writers or illustrators are welcome to enter. Categories are story, drama, poem and art. A contestant may have more than one entry. Submit entries to Celestial Publications, P.O. Box 75057, Houston, TX 77234 before Jan. 1, 1984.

Entries must be typed and artwork must be done in black. All entries become the

property of Celestial Publications and may not be submitted to any other publisher.

Winners will be announced in February. The first place winner will receive \$25 and a deluxe bound edition of Celestial Collection II. Second and third place winners will receive \$15 and \$10 and deluxe bound editions of Celestial Collection II. Runner's up will receive regular editions of the collection, posters, merchandise or other prizes.

## Adult only book for anti-colorers

Children have all the fun, or do they? Now adults can enjoy the Anti-Coloring Books without looking silly, because Susan Striker — creator of the original books has created "*The Anti-Coloring For Adults Only*."

Made up of partial line drawings, the book is the perfect way for adults to spend free time or liven up parties. More sophisticated themes include drawing in answers to such questions as: "What did

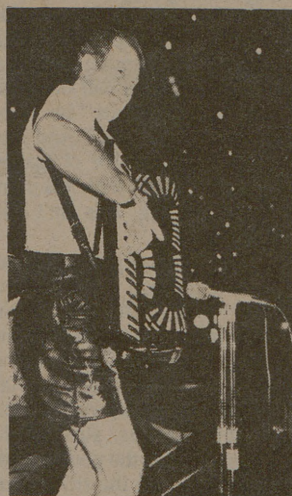
your ugliest blind date look like?" "What would you look like after a sex-change operation?" "What would you like to tell your spouse that you never had the courage to say?" and "What would you do with the money if you struck it rich gambling?"

*The Anti-Coloring Book For Adults Only*, by Susan Striker. An Owl Paperback, \$5.95.

## Wurstfest to begin German festival

Wurstfest — held in New Braunfels each year — starts today and will run through Nov. 13. Wurstfest specializes in authentic German food, entertainment and dancing. Demonstrations of crafts and sausage-making, as well as live bands will be featured.

An 18-piece brass band from Braunfels, Germany will perform the first weekend. Myron Floren, accordionist for the Lawrence Welk TV Show, will open the festivities at 5:30 p.m. today by conduct-



ing the Mid-Texas Symphony Orchestra. On display will be a large collection of Hummel figurines and a Heritage Exhibit featuring German settlers' artifacts.

For tickets or more information write Wurstfest, P.O. Box 180, New Braunfels 78130, or call (512) 625-2385.

## 'Feast' to end

This is the last weekend for the Texas Renaissance Festival. This year's theme for the festival is "The Year of the Feast." For a mere \$10, you can see court jesters, bawdy wenches, plays and other forms of live entertainment. Food and drink abounds — for a price — as well as arts and crafts.

You can have your fortune told by Tarot cards or palm reading in the gypsy camp or have the King's feast — which includes admission and all the food and beverages you want for \$50.

The festival is located on FM 1774 between Magnolia and Plantersville. Take Highway 6 to Houston, then exit on Highway 105 and follow the signs. The festival opens at 9 a.m. and closes at dark.