

Local educators disagree on higher pay

by Kathleen Hart

Battalion Reporter
Legislators are pushing for better education. Teachers' organizations are pushing for higher pay. But will higher pay improve education?

Some local education officials — like Perry Pope, the Bryan High School principal, and Dr. W. K. Summers, the Bryan Independent School District superintendent — say it will. "In any society there is a relationship between investment and outcome," Pope said.

But there are those who disagree and say there is no correlation between teacher pay and education quality. Among them is the principal of A&M Consolidated High School in College Station, Sandra Parker. "A poor teacher who is paid more won't become a good teacher," she said. "A good teacher won't do half a job be-

cause she's not paid well." Carolyn Lampo, building representative at BHS for the Association of Texas Professional Educators, said more money really won't help. "It won't make good teachers out of poor ones, but it will help keep good teachers in the profession longer," she said.

State Comptroller Bob Bullock released figures which showed an average pay of \$17,807 at BHS, and \$18,115 at Consolidated. The state average, according to those figures, is \$20,140.

But even the maximum pay at high-paying BHS is just over that average: \$25,220 for someone with a master's degree.

Summers said "pats on the back and certificates for teacher-of-the-year are great, but there needs to be some incentive for teachers to stay in the profession."

But how much is enough to "keep them in the profession?" Between \$15,000 and \$17,000 for the 10-month school year, to beginning teachers, Pope said.

"We spend more on alcohol than on education in Texas," he said. "A beginning teacher should be able to compete with a beginning insurance salesperson, a law clerk or an assistant minister in a large church," he said.

Dr. H. R. Burnett, College Station Independent School District superintendent, said the starting salary should be between \$16,000 and \$18,000 in order to entice good teachers.

Although teachers work only 10 months out of a year, he said, they have five class periods and 125 students a day for 183 days. At the state base pay of \$11,000 for beginning teachers, that's 34 cents per student per hour, which is less than even a baby-

sitter's \$1 per child per hour. The state base pay is the state-required minimum starting pay for teachers. BHS pays beginning teachers \$3,110 more than that, and CSISD pays \$1,050 more.

Teachers' salaries should be commensurate with the responsibility placed upon them, said a teachers' association representative.

"We're dealing with tomorrow's future in the classroom," Lewis Bond, with the ATPE at Consolidated says. "People entrust their children to teachers to get a basic education, but they're not willing to pay them a decent wage."

Other teachers agree with Bond, saying higher pay would be evidence of respect from their communities, and that it would help keep teachers in the profession.

"If we were paid more we would have proof that society

recognizes this as a profession and not a blue-collar job, that it's hard work," said Molly Herrera, with the Texas State Teachers Association at BHS.

But no matter how much teachers are paid, determining how well they teach is difficult. All local high school teachers are evaluated annually by their principals in an attempt to determine how well they teach.

The one-page BHS evaluation form contains 15 items to be rated from 5-excellent to 1-needs improvement. Questions include:

"Does the teacher exhibit good rapport, cooperation and communication with students, colleagues, administration and the school district community?"

"Is the teacher successful in exciting the students to want to learn and relating the needs for learning to later life?"

"Does the teacher loyally support the policies of the school board?"

The CSISD form, on the other hand, requires a separate sheet of instructions for its 53-item, four page form.

However, the evaluation procedures are not infallible. The current CSISD form has been revised several times, and is under fire again.

Beth Waltersheid at Consolidated questioned that school's evaluation procedure, saying she's taught for 15 years and has never been observed in her classroom. The CSISD evaluation form requires only that the principal complete it and discuss it with the teacher.

BHS Principal Perry Pope said he observes every teacher on his staff before evaluating them. However, some teachers there also are unhappy.

Molly Herrera at BHS said she dislikes the procedure because there's no proof of a lack of "favoritism," particularly since Pope plays a major part in deciding whether or not BHS teachers receive merit pay.

Fair or unfair evaluation, overpaid or underpaid teachers, superior or inferior education, the debate is likely to continue.

"It's difficult to please everybody," said Summers, the BSISD superintendent.

Supplements won't aid in sports performance

United Press International
MADISON, Wis. — Taking food supplements won't enhance your athletic performance, a University of Wisconsin researcher says.

"No vitamins, no bee pollen and no protein," said Judith Reinke, outpatient nutritionist at the UW Hospitals and Clinics. The big thing in the past has been for athletes to take protein powder to increase their muscles. It's not effective."

Reinke said the diet of active people should be designed to replace calories that are consumed and water that is lost during exercise. She said being active does not increase the body's need for protein or vitamins.

"In some cases, they may even cause problems if you get too much," she said.

Reinke, who works with people suffering from obesity, anorexia and bulimia (abnormal hunger) as well as athletes, said active people should eat a balanced diet that is high in carbohydrates. She said a minimum basic diet during training consists of about 3,000 calories — 53 percent from carbohydrates, 17 percent from protein and 30 percent from fat.

That means eating less meat than most people are accustomed to, she said. During training for an athletic event, Reinke said, the only things needed in increased amounts are calories and water. She said it is preferable to increase carbohydrate consumption, rather than protein and fat, because carbohydrates can be stored by the muscles as glycogen for energy needed in competition.

During events lasting longer than 30 minutes, she said, fluids have to be replaced. She recommended drinking four to eight ounces of water every 10 to 15 minutes.

"Sports lasting for very long periods of time may increase requirements for energy," she said. "Very small amounts of carbohydrates may be taken with plenty of fluids."

Reinke said she does not "feel real comfortable" with carbohydrate loading. Loading is accomplished by eating a high protein diet for a few days to deplete muscle glycogen and then switching to a high carbohydrate diet to boost body glycogen levels above normal for an event.

"There may be some place for it with people involved in competitive events," she said. "But it's not something you do every few weeks. And it's got to be for an event longer than an hour in duration — something like a marathon."

Reinke said her reservations about carbohydrate loading stem from possible adverse effects of the depletion phase on the heart.

"We never recommend it for adolescents," she said.

"There may be some place for it with people involved in competitive events," she said. "But it's not something you do every few weeks. And it's got to be for an event longer than an hour in duration — something like a marathon."

Reinke said her reservations about carbohydrate loading stem from possible adverse effects of the depletion phase on the heart.

"We never recommend it for adolescents," she said.

THE UNDERGROUND
Sbisa Basement

Halloween Special

Monday, October 24 - Friday, October 28

six pack box of Candy Bars \$1.59

OFFER GOOD TO THE LAST BAG

"The Best Food. The Lowest Price."

DON'T WAIT 'TIL THE LAST MINUTE...

Sign up for the

MISS TAMU

Scholarship

Pageant

Deadline for application **October 28**

Hospitality

AIM HIGH

Want more than a desk job?

Looking for an exciting and challenging career? Where each day is different? Many Air Force people have such a career as pilots and navigators. Maybe you can join them. Find out if you qualify. See an Air Force recruiter today.

Contact: SSgt. Paul Broodus
409/846-5521
College Station, TX

AIR FORCE
A great way of life

FREE T-SHIRT WITH ANY PURCHASE OF \$20 OR MORE! LIMIT 1 PER CUSTOMER

GOING OUT OF BUSINESS SALE

ENTIRE INVENTORY OF 2 SPORTING GOODS STORES MUST BE SOLD

ATHLETIC FOOTWEAR · SPORTING GOODS
WARM UPS · SPORTSWEAR · SWEATCLOTHES · ETC.

2 DAYS ONLY CASH ONLY · NO CHECKS

 ATHLETIC FOOTWEAR OVER 1,000 PAIR IN STOCK-TENNIS, JOGGING, RACQUETBALL, BASKETBALL NOW ONLY \$7.99 AND UP!	 SWEATSHIRTS ASSORTED COLORS · STYLES NOW ONLY \$5.99 AND UP!
 ZOD SPORT SOCKS REG. \$3.50 NOW \$1.79 PR. 0.3 PAIR FOR \$5.00	 SWEATERS ASSORTED STYLES YOUR CHOICE \$9.99

HUGE NAME BRAND INVENTORY MUST BE SOLD!

 TUBE SOCKS VALUES FROM \$1.75-\$2.50 NOW ONLY 99¢ AND UP!	 COLLEGE LOGO & MASCOT SPORT SHIRTS REG. \$6.00 TO \$20.00 NOW ONLY \$7.99 AND UP!	 NAME BRAND PULLOVER HOODS ASSORTED COLORS, STYLES NAME BRANDS NOW ONLY \$8.99 AND UP!
---	---	---

TUESDAY - OCTOBER 25TH 10AM-7PM
WEDNESDAY - OCTOBER 26TH 10AM-7PM
THURSDAY - OCTOBER 27TH 10AM-6PM

AGGIELAND MOTEL · 1502 S. TEXAS AVE.

ocean pacific ZOD

HALLOWEEN

CHANELLO'S SPOOKTACTULAR PIZZA OFFERS

\$5 OFF

ANY 20" 3 ITEMS OR MORE PIZZA
MONDAY ONLY

ONE COUPON PER PIZZA EXPIRES 11/10/83

TREATER'S TREAT

VALUABLE COUPON

16" PIZZA CHOICE OF TWO ITEMS PLUS TWO COKES for only \$8.00

ONE COUPON PER PIZZA EXPIRES 11/7/83

BLACKCAT SPECIAL

VALUABLE COUPON

GOOD FOR 1 FREE ORDER OF BLACK OLIVES TOPPED ON ANY SIZE PIZZA

ONE COUPON PER PIZZA EXPIRES 11/7/83

WITCH'S CATCH

VALUABLE COUPON

\$3 OFF ANY 20" THREE ITEM OR MORE PIZZA PARTY TIME!!

ONE COUPON PER PIZZA EXPIRES 11/7/83

NIGHTOWLS SPECIAL

VALUABLE COUPON

AFTER 10 p.m. ANY NIGHT \$2 OFF ANY 16" TWO ITEM PIZZA PLUS 2 FREE COKES

ONE COUPON PER PIZZA EXPIRES 11/7/83

CHANELLO'S PIZZA

TWO LOCATIONS WITH FAST FREE DELIVERY

696-0234 846-7751 846-3768

PARKWAY SHOP CTR. 301 PATRICIA ST.