2 men; block evacuated

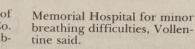
United Press International HOUSTON — A chemical warehouse explosion Tuesday killed two workers, injured five other people and forced the evacuation of a one-square-block area of south Houston.

Fire Department spokes-man John Vollentine said two workmen were killed instantly

when a 4,000 gallon tank of methyl bromide at J Chem Co. ruptured in a storage area about 4 p.m.

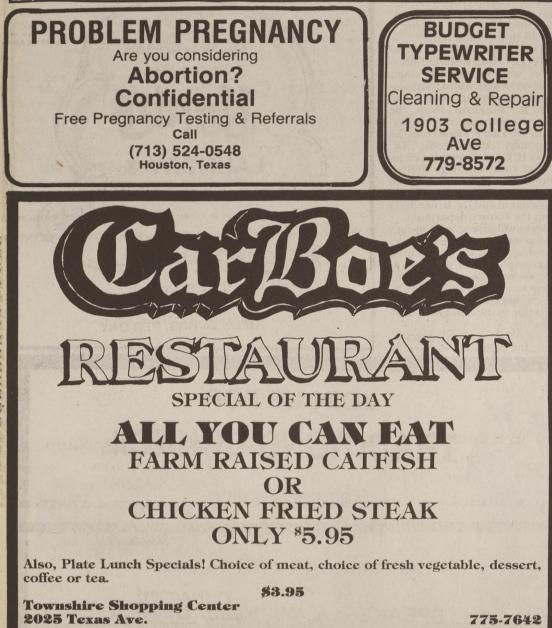
He said the blast knocked over drums of malathion, which he said added to the fumes problems.

At least five people who lived near the building were being treated at Southeast



Methyl bromide is a fumigant sometimes used as an insecticide, Vollentine said. Malathion is an insecticide.

The chemicals can be extremly dangerous in closed areas, Vollentine said.



Chemical explosion kills Stress reduction is goal, Hypnosis workshop begins

by Darla Bucaram **Battalion Reporter**

A three-day workshop that begins tonight at the College Station Civic Center will teach students a self-hypnosis technique to help them increase their concentration level, improve memory retention and decrease stress levels.

Walt Stenning, an education-al curriculum and instruction graduate student adviser, and Bill McKoy, law enforcement and security training division specialist, have taught police officers how to combat stressful situations through the use of

McKoy says that since stu-dents work under pressure throughout the year they should be aware of ways to minimize stress. Living in noisy places neither dorms nor apartments are quiet — students need to be aware of methods to block out noise to help them concentrate, he says.

McKoy and Stenning have trained 10 education graduate students to help them administer the program.

The program is divided into three parts — each to be taught on a separate day. The first day of the program, students will be taught methods of preparing for and taking tests, Stenning

about the test, he says.

out the test, he says. ning says. Different tests also should be That is the reason why even studied for in different ways, prepared students can "go

Stenning says. Essays, multiple choice and short answer have different rationales behind them, and should be approached differently. Clarification of material stu-

Clarification of material studied also is important, Stenning says. Study material sources vary. There are textbooks, outside readings and notes. Some should be studied more than others and it's necessary to know which are more important. Outlining of material is essenstial for efficient studying. The second day, students will

be taught how to deal with stressful situations such as taking tests.

Stenning explains that organ-isms with central nervous systems have two interacting nervous subsystems: the parasympathetic and the sympathetic.

The parasympathetic, the logical part, works when a person works.

The sympathetic system, on the other hand, deals with tense, stressful situations.

The main chemical at work then is adrenalin. There are two different types of adrenalin, Stenning says. The one present during a particular emotional situation depends on whether fear or anger are in control, Stenning says.

"The problem is that even when your parasympathetic sys-tem is working, a stressful situa-Efficient studying is difficult tion, such as a test, may provoke when people already are tense a sympathetic reaction," Sten-

ing a test or find a question on material they may not have co-

taught how to relax through self-hypnosis.

Students don't try to put themselves into a hypnotic state through self-hypnosis, Stenning savs.

Instead students try to recall the feeling of relaxation experienced when in a hypnotic state, McKoy says. However, this type of hypnosis is not done regularly because many people are afraid of it, he says.

There is feeling of mysticism about hynosis, McKoy says. Peo-ple believe they will not remember anything they have said or done when they "wake up," and that while they are "under the influence" they will be controlled by the hypnotizer.

However, McKoy says, that is not so. A group of graduate stu-dents, hypnotized by Stenning and McKoy, remembered every-thing that was said and done that is, those who stayed awake. A couple of students fell asleep because, as one said, "it's such a pleasant experience."

Woman requests that male 'slobs' keep on shirts

United Press International TAMPA, Fla. — City Council-woman Helen Chavez says she slobs to cover up at sportin events. The 10-man, one-woma will appeal to the Tampa Sports

thority side-stepped the issue ter some banter by member Authority to force what she calls hairy, sweaty, bare-chested male Student Senate to discuss bills

A bill proposing an Aggie Olympics, a project to raise money for the 1984 Olympic games, will be discussed by the Student Senate tonight at 7:30 in 204 Harrington.

The Aggie Olympics and project in which students w play Olympic-style games an "Aggie twist." The exte affairs committee of Stud Government is sponsoring

McKoy says the hypno program works. "We've had

enforcement trainees who has

gone back to their third gra

year, and recalled their teache

face," McKoy says. "They

even sign their name in thesar

handwriting they had ba

had extensive training in field of hypnosis

psychology. McKoy first began works with hypnosis in 1974. Both and Stenning have bachel

degrees in psychology, a Stenning has a master's degr

in psychology. "To my knowledge, this is t

first time anything like this been done in a universi

Stenning and McKoy say the hope students will take adv

tage of the opportunity to le

new and effective ways to

tonight, Thursday and Oct.

from 6 p.m. to 9 p.m. at the Cir Center, 1300 Jersey Ave. Ti

sessions cost \$15 each or \$40

To register contact McKoy at 845-6391.

The three sessions will

prove their grades.

McKoy says.

all three.

Stenning and McKoy ha

then.'

The Senate also will disc raising grade requirement graduate student senators 3.0 to a 3.25 overall a point ratio. Currently the dent Government constit requires that all senators h least a 2.25 overall GPR, a 2.0 GPR the semester be elections and every sem while in office.

If the bill is passed, requirements for graduate senators be raised to a 3.25 overall G Applicants will be requir have a 3.0 GPR at midter fore elections and during semester in office.

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