

# Fitness programs started for A&M

by Larry Couvillon

**Battalion Reporter**  
Look out Richard Simmons and move over Jack Lalane. The Texas A&M Department of Intramural-Recreational Sports has started two new fitness programs.  
The programs are designed to encourage Texas A&M faculty, staff, students and their spouses to become interested in and addicted to regular exercise.  
One program, which already has started, is called SHAPE UP—an acronym for Sport Health and Physical Education for University People. It's based on a point system in which participants work out at their own pace and earn points for each activity. Each participant must accumulate 250 points within a calendar year to get a complimentary SHAPE UP certificate of completion.  
Activities offered in the program include aerobic dancing, bicycling, calisthenics, racquetball, running, jogging, swimming, walking and handball.  
Participants can use any of the activities to add to their point total.  
Each week, participants will turn in a report of completed activities. The recreation office will calculate each participant's progress and display it on a chart in an accessible area.  
Paula Opal, an assistant director for the department, says SHAPE UP enables active people to earn recognition for their efforts.  
She says this is a good time to become motivated for recreational activity.  
"The nice weather makes people ready to exercise,"

Opal says.  
Students can participate in SHAPE UP at no charge if they have a student I.D. card. Faculty and staff members can participate for \$2, and the fee for their spouses is \$5. The participation fee will cover the cost of an I.D. card.  
For those faculty and staff who are more interested in competitive sports, the recreation department is expanding its activity offerings for the spring 1983.  
Activities offered are racquetball, tennis, golf, weight training and clinics to teach the proper ways to play various sports.  
Tournaments for singles and doubles competition in racquetball, golf and tennis are scheduled for late March. The cost of the tournaments will be \$2, which will cover the cost of an I.D. card.

# Northgate focus of Council tour

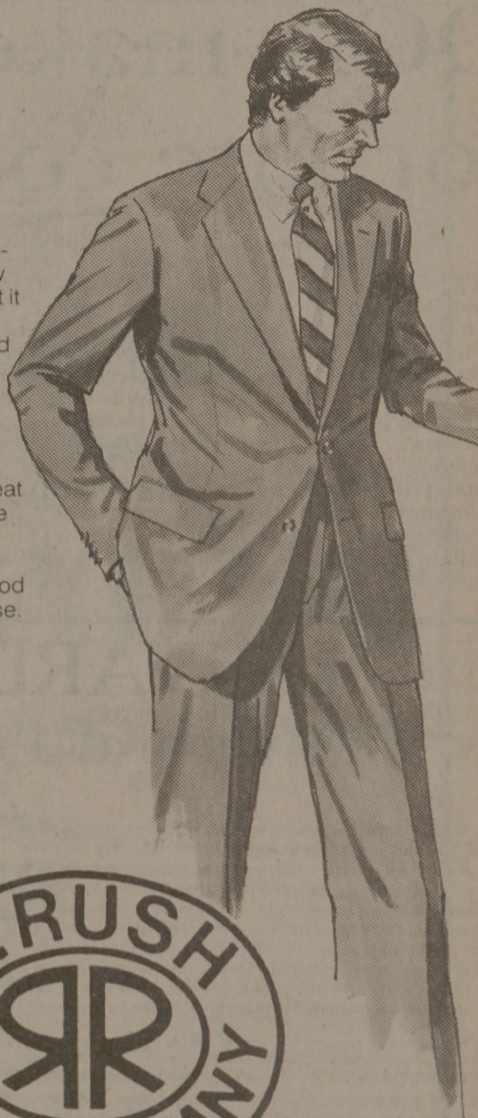
by Michelle Powe

**Battalion Reporter**  
Several College Station city boards are talking about getting tough and cracking down on Northgate parking problems.  
Members of the City Council and the Zoning Board of Adjustments, accompanied by a handful of Northgate merchants, toured Northgate Wednesday night to get a first-hand look at problems with inadequate parking and unused lots and to hear suggestions offered by the merchants.  
The major complaint of the merchants is inadequate parking. They say their parking lots, which are supposed to be reserved for customers, are always filled with cars whose owners are not shopping for books. The merchants say that students simply store their cars in these parking lots rather than battling the parking problem on campus.  
There were various suggestions about the problem. Some merchants suggested one hour parking limits at Northgate, to be strictly enforced by the police.  
Other merchants suggested tougher means of getting students' attentions—such as placing clamps on the tires of any cars which violate parking regulations. Such clamps would effectively prevent people from moving their cars before they could be towed.  
All the merchants seemed to agree that stricter enforcement by the police would help the problem.  
Another meeting between the city boards and Northgate merchants was tentatively set for the end of the month. The merchants were asked by board members to bring written suggestions about Northgate problems. Northgate residents may also be invited to the meeting.  
Earlier Wednesday, the College Station City Council approved a zoning map, drawn up by the city's planning staff for the Plan 2000, which will be a guide for the city's future growth.  
City Planner Al Mayo says the city should begin planning now for the city's future growth.  
The approved plan will be printed up and circulated throughout the city for public comment in three or four weeks.

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# Gatlin Brothers play solid gold hits tonight

by Patrice Koranek

**Battalion Staff**  
Even if MSC Town Hall didn't give Larry Gatlin and the Gatlin Brothers Band all the gold in California, they are playing in G. Rollie White Coliseum tonight.  
Larry, Steve and Rudy Gatlin, natives of Odessa, have been performing and recording together since they were teenagers. The brothers delivered their first album for Sword & Shield Records, a gospel label based in Arlington, while still in their teens.  
The oldest Gatlin, Larry, is the lead singer for the group. He got his start in the business while on tour with a gospel group, the Imperials, in Las Vegas. On the tour, he met singer Dottie West. When he returned to Houston, he sent West a tape of eight of his original songs. She recorded several of them and since then his career has taken off.  
On the strength of his song writing talents, Larry became known throughout Nashville's music industry and began to play in small clubs. He also was recording with his brothers back home, and in 1972 they released the single "New York City," but the song remained virtually unknown.



Larry Gatlin and the Gatlin Brothers Band will be performing in G. Rollie White Coliseum tonight at 8 p.m.

The turning point for the Gatlin Brothers came when they released the album "Larry Gatlin, Family and Friends" which included the hit "Broken Lady." That song got them a Grammy Award in 1976.

Since then the Gatlin brothers have recorded hits like "Statues Without Hearts," "I Don't Wanna Cry," "Love is Just a Game," "Night Time Magic" and "All the Gold in California," all written

by Larry.  
The Bellamy Brothers, whose hits include "If I Said You Had A Beautiful Body, Would You Hold It Against Me," "Sugar Daddy" and "Lovers Live Longer," will open for the Gatlin Brothers. The Bellamys hold the distinction of having more number one hit singles than any other country music duo today.  
Tickets for the 8 p.m. concert are \$7, \$7.50 and \$8 and are available at the MSC Box Office.

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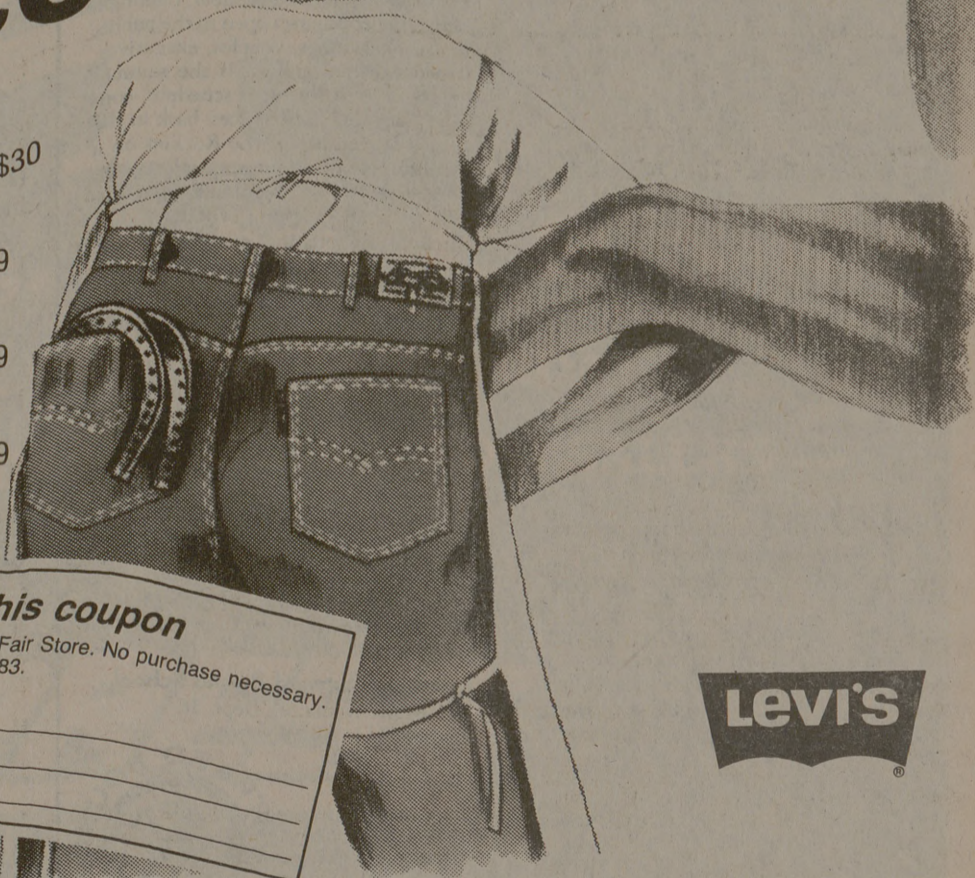
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