



Watch out for splashing water

staff photo by Ronnie Emerson

Pedestrians had many obstacles to contend with Monday as they made their way through campus. Heavy rains flooded streets and sidewalks. Passing vehicles like this truck inadvertently splashed many of the already rain-soaked travellers. Continuing rain and cloudiness is predicted for the week.

Conservatives extol state chief justice

United Press International
AUSTIN — The Young Conservatives of Texas commended Chief Justice Jack Pope of the state Supreme Court Monday for refusing to negotiate the terms of his appointment with the Texas Senate.

Spokesman Jay Munisteri told a news conference that judges "should be chosen on their ability and competency rather than on party lines."

After his election loss to Gov.

Mark White, former Gov. Bill Clements elevated Pope to the chief justice spot.

The Senate has so far refused to confirm Pope. Some members have asked him to agree to resign before the end of White's term so that the governor can have a chance to name his successor.

But Pope has refused to agree to the deal, saying the Supreme Court should not be

making such agreements with the Senate.

"We highly commend Chief Justice Pope who has refused to allow politics to interfere with his position," said Munisteri. "There's no place in the judiciary for politics to get involved."

Munisteri said the confrontation between Pope and the Senate demonstrates the need for legislation that require states judges to be elected on a non-partisan basis.

Humor can relieve stress

Doctor advocates laughing

United Press International
SARATOGA SPRINGS, N.Y.

For Dr. Joel Goodman, humor is serious business.

Goodman, founder of the Humor Project in Saratoga Springs, conducts workshops where he tries to improve people's "laugh lives."

More than 30,000 people have attended his workshops since the Humor Project began in 1978.

Goodman, 34, says humor is important for good health.

"If people could laugh 15 times a day, there would be fewer doctor bills," he says.

"Future doctors, instead of saying 'Take two aspirins, go to

bed and call me in the morning,' will say 'Watch a Lily Tomlin special, go to bed and call me in the morning.'"

Goodman, who holds a doctorate in education, says humor can reduce stress.

"Stress is not an event, but a perception of an event and humor can be used to alter our perceptions, our attitudes and how we approach a situation," he said.

At his workshops, which he has conducted for the New York State Department of Mental Health, the United Methodist Church, and the U.S. Army among other organizations, Goodman offers practical ways

on how people can bring humor into their lives:

—Listen to a record or tape of your favorite comedian and determine what is the key to his style of humor.

—Play with a young child for an hour and observe what delights the young person and how you might translate the child's sense of humor to an adult level.

—Write a humorous autobiography.

—Read the comic strips every day for a week. Make notes on which strips made you laugh or which ones weren't funny at all. Then try to determine common themes in the comics that made you laugh.

"Humor is all around us," Goodman says. "We just need to remember that it's in the eye of the beholder."

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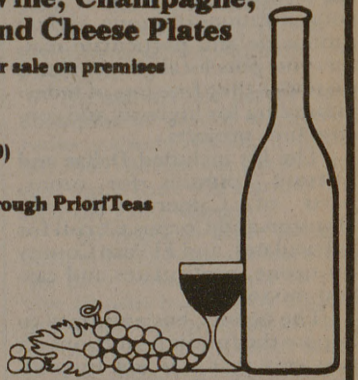
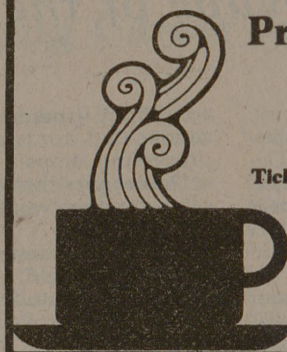
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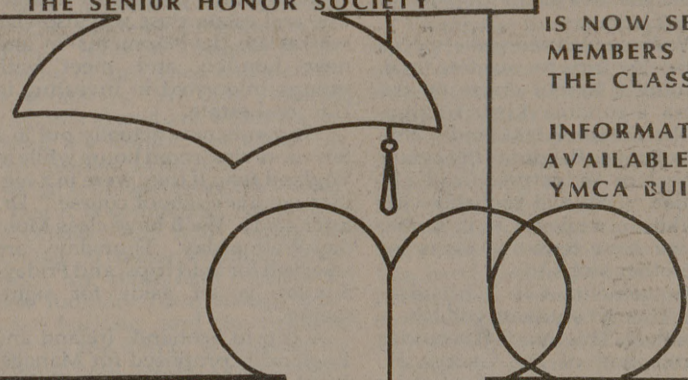


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