

# More nutritious egg has less fat, cooks the same

**United Press International**  
VANCOUVER, British Columbia — Two scientists say they have found a way to produce an egg that offers more nutrition and less risk of heart disease but still fries, poaches and scrambles like the old-fashioned kind.

Dr. Darrell Bragg was researching ways of making bigger eggs 10 years ago when he stumbled upon a method to increase the polyunsaturated fatty acids (PUFA) in eggs.

But Bragg had no way of hatching the idea until another researcher, Dr. Alan Leslie of Ritchie-Smith Feeds, developed a scheme to apply the laboratory findings to the farm by devising

a special formula for chicken feed.

The two doctors told a news conference Tuesday that the new egg offers the same taste and cooking qualities of the ordinary egg but has a higher ratio of PUFA to saturated fatty acids, which is recommended for reducing cardiovascular problems and obesity.

Although the new egg will cost "marginally" more than those currently on the market, Leslie said consumers will be impressed by its increased nutritional value.

"The egg is being discriminated against because of the fat

types it contains and this new method to increase the ratio of polyunsaturated fatty acids could work against that to improve its public image," he said.

"We feel the research at the University of British Columbia has pointed us in the direction of improving the public acceptance and the image of the egg."

In the laboratory, Bragg found he could raise the deposits of PUFA in the egg yolk from 5 percent to about 28 percent. Building on the discovery, Leslie fed selected chickens with special rations and they responded by laying eggs with PUFA levels 100 percent above normal.

Increasing the PUFA ratio does not reduce the overall fat content of the egg, Bragg explained, it simply has a fat combination that is easier for the human metabolism to break down.

However, a higher PUFA ration does not affect the amount of cholesterol that deters many egg lovers from indulging in their favorite breakfast food.

The improved egg will be uncrated on the Vancouver market in August by Ritchie-Smith Feeds, which is based in Abbotsford, B.C. There are no definite plans yet to sell the eggs elsewhere.

# Five youths, 17, to be tried as adults for prison murder

**United Press International**  
BOISE, Idaho — A teenager jailed for non-payment of \$60 in traffic fines who was reportedly tortured to death by five juvenile cell mates might have been saved if authorities had supervised the "explosive situation," the dead youth's mother says.

"I want people to know all about this," Janice Peterman said in an interview Tuesday with United Press International. "I want them to yell to the top of their lungs. Something must be done to stop this from happening."

Ada County Deputy Prosecutor Greg Bower said five 17-year-old youths — all brought to the county jail for nonviolent crimes, two for traffic violations — would be tried as adults for the "sadistic" murder of fellow inmate Christopher Peterman, 17.

Investigators said Peterman was hit, kicked, gouged and burned on his feet for almost five hours Monday apparently following an argument that be-

gan shortly after midnight. Fourteen hours later paramedics were summoned to the exercise yard where the youth lay dying.

Mrs. Peterman said she was "just numb" over the attack. Her son was jailed Friday in a single cell with the five other youths for failing to pay about \$60 in traffic tickets issued for speeding and driving without a license.

"I was with my son when he died (at a hospital)," she said. "He never regained consciousness. He had a swollen face and his ears were just blue. They had to shave his head and drill holes just to relieve the pressure."

She said the small-framed youth "hadn't been involved with the courts before" and did not know the other juveniles before the incident.

"Why in the hell weren't they (the youths) supervised?" she asked. "You put that many kids in a cell, and they're angry to begin with, it's going to be an explosive situation."

Sheriff Chuck Palmer said at a news conference that routine procedures were followed with the prisoners. The argument apparently began about midnight, he said, and jailers believed the torture occurred over four or five hours. During that time the youths were checked by guards five times, he said.

He said guards did not think it unusual for Peterman to refuse his breakfast, especially on a holiday when prisoners are allowed to sleep late — and they apparently saw no bruises or burn marks on the youth although the six moved from the cell to the exercise yard and the torture continued at both locations.

Asked why he could account for only five hours when 14 hours elapsed from the time the argument apparently began at midnight and 2 p.m. when paramedics were called to the jail, Palmer said he could not comment because of the impending trial.

Bower said Sean Matthews,

Andy Anderson, Joseph Krahn, Richard Engie and Randall McKeown were charged with first-degree murder in the death. State law allows them to be tried as adults automatically because of the murder charge.

# Mayor's wife killed in couple's bedroom

**United Press International**  
LA PORTE, Ind. — Investigators say the gunman who broke into the home of Mayor Aloysius J. Rumely Jr., killing his wife and wounding him critically, may have been bent on revenge.

Sources said La Porte Police Chief Larry Miller may even have a suspect in the attack early Monday in the bedroom of the couple's posh home as they slept.

Rumely, 71, remained hospitalized in critical condition today with three gunshot wounds sustained in the invasion of his home. Police Tuesday stationed a guard outside his hospital room in the intensive-care unit and security forces closely scrutinized all visitors.

Three days of visitation began Tuesday for Rumely's wife, Frances, 69, who was found tightly gripping a silencer she apparently tore from the assailant's gun as he shot her twice. A funeral is scheduled for today.

Miller, a close friend of the Rumelys, has refused to comment on any findings or possible motives in the attack. The

Chicago Sun-Times reported in Wednesday's early editions Miller has turned down all offers of help apparently because he has the investigation in hand.

Agencies turned away included the FBI, Illinois and Indiana police agencies. One Illinois agency even offered to supply the chief with the names of criminals with similar home invasion histories, the newspaper said.

Family members said they knew of nobody who would want to kill the mayor.

"There are two theories — a broken burglary, or an attempt on the mayor's life," a source told the La Porte Herald-Argus. "And we recovered an item that I have never seen connected to a burglary." The newspaper said the item most likely was the silencer.

The Indianapolis Star quoted a police source close to the investigation as saying revenge appeared to be the motive.

When presented with the revenge motive, a high-placed authority who asked not to be

identified told the Chicago Tribune, "You should get those leads."

"Things like this just happen in a city like La Porte," the source said. "If this comes out, it could be a double-edged sword."

The Tribune reported Tuesday the killer did nothing in the luxury home going directly to the bedroom where he trained a silencer equipped with the silencer on the sleeping couple and opened fire.

Muddy footprints led to and from the Rumelys' home, the newspaper said. Rumely showed only one person involved in the shooting, the killer broke in through a rear window.

The killer may have thought he was shooting a burglar when he fired at Rumely in the dark, the paper said.

A first-term Republican mayor of the northern Indiana city of 22,000, Rumely retired in 1975 after a year career with the La Porte Foundry, including three years as its president.



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