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Stocking up for winter

This squirrel took advantage of the sunshine after the rain Wednesday afternoon to bury some acorns on the lawn in ont of the Academic Building. The 1.2 inches of rain that fell on the Texas A&M University campus made digging easier for the bushy-tailed rodent.

Action to Nutritional study best available

United Press International Milk is the source of more than percent of American children's rage daily sugar consumption compared with 13.8 percent om sweetened drinks such as soft rinks and 11.2 percent from

ol, Krebsakes, cookies and pies. during the These surprising figures are om a nutrition study made by ed one Karen J. Morgan of the University of Missouri and Prof. Mary E. Tabik of Michigan State Univer-

> Morgan, who directed the tudy, is an assistant professor of utrition who has made many stusoffood behavior of school-age

The pair found the average daiugar consumption of 5- to 12for multiplication of 5- to 12for multiplication of the study was the
e"at the quivalent of two-thirds of a cup of
the abutuse key word. Most people don't
ago, not realize sugar occurs in differing
agardedu ms in a lot of food and bevergardedu ms in a lot of food and bevero herles we don't think of as sweet. vomen. Lactose, for example, is a comguish among the sugars for rgy—it simply converts them ducose, or blood sugar, Mor-

The Morgan-Zabik findings are

food diaries kept by families of 657 randomly selected youngsters in

Asked how up-to-date and truthful the researchers thought the recordkeeping was, Morgan said: "The scientific community considers this to be good information for about 10 years.
"We don't know that it's com-

pletely reliable, completely valid, but it's the best we have availshe added.

The children were selected from a group of 2,000 families in the 48 contiguous states and are thought to be representative of the U.S. population as a whole,

"There are two types of nutri-tional research," Morgan said. One is done in a laboratory set-

scientists blame childhood obesity on reduced activity rather than ment of milk and maltose, of eating more than lighter weight

Still, she said, the children's overall diets were much better than they expected to find. "They don't really consume gross amounts of food," she said, of the obese youngsters.

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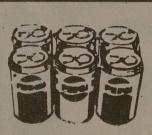
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Small businesses need legal help, lawyer says

NEW YORK — Legal worries

can absorb an inordinate amount of a small businessman's time if he does not have access to proper help, says Washington lawyer Mary Helen Sears.

After listing the everyday legal problems with which a small business must contend, she concluded the company which tried to manage with only the help of an ordinary lawyer, would find its execu-tives pressed for time to run the business

What a small business needs, she said, is the services of a law firm with wide and specialized expertise.

Sears listed among areas of really serious legal pitfalls:

- research, trademark and patent infringement.

This is a really complex area involving the possibility of deliberate or subconscious plagiarism of competitors' advertising either in wording or substance.

Research also involves a bewildering variety of other required federal, state and local clearances. For example, many food and drink products, drugs and pesticides re-

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consumer safety laws.

There is now a bewildering array of federal, state and local laws covering safety and requirements for adequate and appropriate insurance to cover the risks.

— over-exuberant promotional advertising and instructional

It's important to understate rather than overstate the capability or safety of products. There must be plenty of warnings to the

— obscure government regula-tions or those simply not antici-

If the Army or Navy is a big user of a product, for example, "that may be the bottom line on what can be done or not done commer-cially with the product and may be the practical standard on what you may be sued for," Sears said.

trade association standards. Electrical goods are subject to the standards of fire underwriters. Many other sets of standards set up by recognized trade associa-

quire more than one set of clear- tions have practically the effect of

- discretion. Businessmen can get in much legal trouble by talking too freely. Don't tell a corporation that is your financial angel everything about your business. That could cause some enemy of your angel to embroil you in an antitrust or unfair competition. concurrence.

Failure to get in writing the concurrence of everybody involved in a transaction whether it involves money or merely policy can invite serious litigation, espe-cially in the form of liability suits against management by stockhol-

Failure to investigate the backgrounds of employees as to their education or prior experience can boomerang and hurt a business

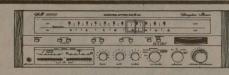
It's as bad as being paranoid about people. If the business executive doesn't show a healthy skepticism about people, he or she may blunder into many legal pit-



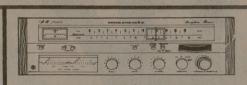
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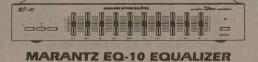
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