

Local / State

Students in age of anxiety

By JOYCE HALLBAUER
Battalion Reporter
Freshmen often encounter stressful situations as they adjust to life at Texas A&M University. But freshmen aren't alone — other students also suffer from anxiety.

Dr. Claude B. Goswick Jr., director of the A.P. Beutel Health Center, said a student's stress or anxiety can be caused by a variety of problems involving school, work, finances, new surroundings or personal relationships.

"This is the age of anxiety," he

said. Professional help is needed when symptoms of stress prevent a person from functioning at school or work or when the emotions are controlling the individual instead of the individual controlling the emotions," he said.

"What might be perceived as stressful to one person may not be to another," Goswick said. "Stress is an irrational fear or irrational interpretation of the facts."

High strung, nervous, unstable or sensitive people are more likely to develop anxiety symptoms, he said.

"Vague symptoms of weakness, fatigue, headaches and ulcers are common," he said.

At the health center, students with such symptoms are seen by physicians who determine whether the cause is physical illness or anxiety. When stress is involved, it is better to treat the cause rather than the symptom, he said.

More students complain of anxiety symptoms at the beginning and end of the semester because of added school-related pressures,

Goswick said.

Learning to cope with stress and learning how to relax are often the best treatments for anxiety.

Medications, such as tranquilizers, anti-depressants and sedatives are prescribed because "medications can help people to help themselves relax," he said.

In addition, the University's Personal Counseling Service helps students learn to deal with stress by offering professional counseling, therapy and a tape program on learning how to relax.

One-armed busboy holds robber following chase

United Press International
HOUSTON — Hereclio Ramirez needed a hand Sunday to collar an armed robbery suspect at Hobby Airport — but he didn't need two hands.

The one-armed busboy chased down, delivered a sound thrashing to, and held the suspect who had shot and wounded a cook in a restaurant until police arrived, police said.

"He really gave the guy a beating," Hobby Airport officer

A.W. Sanford said.

Sanford said Hobby officers were called to the Casa de Mexico restaurant Sunday and found Ramirez, 21, holding the suspect in a headlock.

Leon J. Franklin, 37, was treated at Hermann Hospital for cuts and was charged with aggravated robbery and attempted capital murder. He was jailed and held on \$40,000 bond.

The wounded cook, Reginal-

do Rosales, 42, was in fair condition late Monday at Ben Taub Hospital.

Sanford said a man entered the restaurant shortly after a.m. and ordered Rosales hand over all cash in the register. He got \$28.

Sanford said the gunman then started to run outside, firing six shots at three employees on his way out. Rosales was hit four times, twice in the

Campus names

Professorships given

Two aerospace engineering professors have been named to exclusive professorships in the College of Engineering at Texas A&M University.

Dr. Howard Chevalier

Dr. Howard Chevalier has been named 1981-82 Dresser Industries Professor. Dresser is a major supplier of oil service equipment worldwide.

Dr. Dave Norton

Dr. Dave Norton has been selected as the E.D. Brockett Endowed Professor funded by Gulf Oil Foundation. The endowment is in honor of Brockett, Class of '34, a former chairman of the board of Gulf Oil Corp. Gulf's endowment provides funding for three professorships, one each in the Colleges of Business Administration, Engineering and Geosciences.

Dr. Earl R. Hoskins

Dr. Earl R. Hoskins, a geophysicist, holds the Geosciences professorship and Dr. Don Fraser, a professor finance, holds the Business Administration professorship.

Other recipients of the Brockett engineering professorship include: Dr. W.D. Von Gonten, petroleum engineering; Dr. Bob Callaway, civil engineering; and Dr. Richard Strickland, petroleum engineering.

Ag welders awarded

Joseph B. Popp

Joseph B. Popp of Texas A&M University accepts a "Weld Tech" diploma from D.F. Bovie, president of the Alloy Rods Division of Allegheny International, Inc. The hanover, PA-based welding electrode manufacturer conducted a two-day seminar to expose students and professors from across the country to the latest in welding filler metal technology from a producer's point of view.

Robert G. Walter Jr.

Robert G. Walter Jr. a graduate engineering technology student at Texas A&M University, receives a "Weld Tech" diploma from D.F. Bovie, president of Alloy Rods Division of Allegheny International Inc. During the recent two-day seminar on welding filler metal technology, Walter also received a \$500 scholarship to further his studies during the upcoming academic year.

4-H selects nominee

Edward J. Dick Jr.

Edward J. Dick Jr., 20, who was an active 4-H member for 10 years in Bexar County and who is currently enrolled in the College of Veterinary Medicine at Texas A&M University, has been nominated for a 4-H Veterinary Scholarship.

Dick's application was selected to represent the state and will be forwarded to a national selection committee to compete for one of two \$1,000 scholarships, say 4-H officials with the Texas Agriculture Extension Service, Texas A&M System. The scholarships are sponsored by Champion Valley Farms Inc., Recipe Division.

Aggie is beef champ

Jimmy Gleason

Jimmy Gleason, a Bailey County 4-H member who has a knack for raising and showing champion steers, has been named state winner in the 4-H Beef Program.

Jimmy will receive an expense-paid trip to the National 4-H Congress in Chicago, Nov. 29 through Dec. 3, announce state 4-H officials with the Texas Agriculture Extension Service, Texas A&M System.



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