

Traditional French cuisine changing

Author says changing lifestyles alter meals; scoffs at 'nouvelle cuisine'

"There is only a new approach to traditional French cuisine," said Louise Bertholle, one of France's best known cookbook authors and cooking teachers. "The traditional cuisine still is the base. You are finished if you don't have the basic rules."

food exist in France not just in restaurants but also around the family table. The latter are reflected in "French Cuisine for All."

"French cooking has changed because French stomachs have changed," she said. "Before, we had time to sit down for long lunches. Now a man is working, traffic is heavy, he has no time to go home to lunch. He goes to restaurants for business lunches and that makes the cuisine of France still live in restaurants at least."

"People are also more active. Women work. They don't have time to simmer one of those brown sauces on the stove for six hours."

Her latest American edition, for example, tells how to degrease soups and other dishes. That, said Bertholle, is the basis of the so-called new method. Much lighter dishes. "I certainly don't eat like I used to 30 years ago — that was too heavy."

"Now there is a tendency among families to skip the first course or to serve a cold first course, and have one main dish which can be a big soup with meat, or a 'ragout' or 'bourguignon' (stew). The one-dish meal is coming in seriously in France in homes."

A comparison of her third cook-

Only in the past year or so have they suddenly discovered the appliances.

"It's unbelievable how many young French women are buying those processors to make purees," she scolded. "I put vegetables through a sieve twice to make a puree. I don't think those machines save time. You have to wash all the parts each time. Twice a year I use a blender to make brandade de morue (cod with garlic and mashed potatoes). However, the non-sticking pans are popular in France and I like those. Barbecue and fireplace cooking also are new to France."

Bertholle is well known in France as a writer for the Paris newspaper France Soir and as a cookbook author. Her second book, "Secrets of Great French Restaurants," has been published in eight languages, including English.

"Mastering the Art of French Cooking, Vol. I," published in English only, made Bertholle and her co-authors household idols in the United States, but the book and Child are quite unknown in France. In the 1960s, Bertholle, Beck and Child ran a cooking school in Paris. Most of their pupils were Americans, Bertholle recalled.

"They always asked why, why, when I would tell them to do some-

thing," she said. "To ask why is very American."

"I told them there was a little girl and she wanted to look at what was inside her beautiful doll. So she opened the doll with scissors and then there was no more doll."

"Too much precision in cooking will kill the beauty of the dish."

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CSISD renews church's permits

By JENNIFER AFFLERBACH

The College Station school board approved a six-month extension of school facility use by three local churches at its meeting Monday night.

According to board policy, the churches must make a new request every six months for permission to use school buildings as temporary meeting places while their own facilities are being built.

Allowing the churches to use school buildings is "one way we can get more use for our buildings and support the community," said John C. Reagor, school board president.

The board also approved the district's audit reports for the fiscal year ending August 31, 1980. School board trustee Bruce Robeck commented Donald Ney, assistant superintendent, William Goodwin, director of business services, and all those who worked on the reports for coming through with essentially high marks from the auditors.

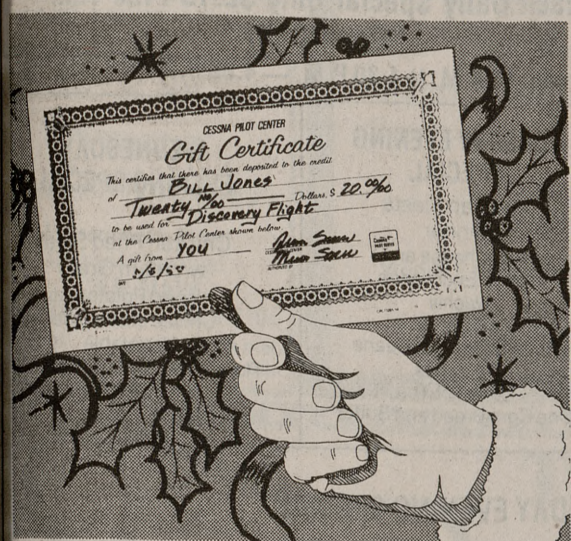
The board voted to submit a request for \$180,212 in funds from the Department of Education Regional Office in Dallas for the 1981-82 Head Start Program. The funds will be shared by the College Station Independent School District and the Bryan Independent School District. College Station will have 75 students participating in the program and Bryan will have 275.

"We should be able to get (the grant) without any trouble," said Assistant Superintendent H.R. Burnett.

In information items, Ney announced that, in accordance with a state law requiring all taxing jurisdictions to use a market valuation of 100 percent, CSISD will switch from its current 80 percent ratio beginning with the 1981 tax roll.

"We're not changing the tax dollars we are collecting up or down," Reagor said. This is just another way of calculating the tax amount, he said, which should be simpler for the tax payer in the long run.

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