# Fountain of Youth' found ckat California prep school

United Press International
ARCADIA, Calif. — Oliver
Lientz figures Ponce de Leon was off track poking around in Florida a major portion for the Fountain of Youth. He should ve waited for the turn-of-theentury PE class at Occidental

Texas, New Wath Dakota and Lientz is, by his doctor's declaration, a very healthy specimen. He also is 87.

"He's an amazing guy," Dr. John chrock said. "Although I don't see im very often. He's very healthy." The doctor is responsible for Lientz's latest project, "Oliver's Ex-ercises," a booklet Lientz hopes will courage the elderly to stay physic-

one location

g pinched do

he president

get \$8.6 billion i riety of energy on es, while indivi

he neck and inte

it surgery for the

es

we need the My When Lientz appeared for a physical, Schrock said, "He was obviousin good shape, fit and alert. I asked im what he did that put him in such "I told him I exercised every day d had since 1906 " said Lientz. 'I learned these exercises then in

ed out by em Corp. plant Tuesday did not release

the 825-megawatt reactor. A routine refueling shutdown had been planner, with attended for March 28.

aphin "Sam" ( questions about the salety and the sa

s and the suse questions as to whether these B&W potting were be plants should even be operating," Hospital. St. said Robert Pollard, a former NRC

et fragments. He like this system is extremely sensitive to very small upsets.

No. 3 plant began at 2:30 p.m., Tues-

hed 50 rem

diation into the environment and

here was no damage to the reactor

Within six hours of the incident —

most serious since the Three

file Island nuclear crisis — FPC

ficials began a "cold shutdown" of

Built by Babcock & Wilcox, like

he reactor at Three Mile Island, the

rystal River reactor raises new

tion of this is going to raise a bunch of

inspector and member of the Union of Concerned Scientists. "It looks

The incident at the Crystal River

and officials promptly declared it a "Class B Eemergency" when the radiation level inside the 30-story

ircular containment building

By 9 p.m., however, the emergen-was lifted. FPC and NRC officials aid they had determined there was equipment damage, the reactor re and its coolant system had re-

ned to normal and radiation levels side the building had dropped to .5

em, "which is entirely normal." Robert M. South, an FPC spokes-nan at the Cyrstal River plant, said he accident began when "something

ent haywire with the integral con-

FPC spokesman Bill Johnson said gineers traced a power failure in ne computer operated monitoring and control system to a circuit box

which was then replaced. En-

neers, however had no immediate planation for the failure of the ori-

Johnson said there are "all kinds of

num annual dose for humans.

- 10 times the max-

tax NRC reviews

ould start at a reactor failure

the physical education class at Occidental Academy, a preparatory school for Occidental College. These are simple exercises that don't take much room or any special equipment, easy to do anywhere.

The doctor suggested Lientz put his regimen in writing to help others stay fit into old age. Between the chores on his fruit ranch in Fillmore, Calif., Lientz

turned out a 16-page booklet. It was not his first writing. He was a reporter for the Los Angeles Evening Express from 1911 to 1917.

Chance, the ballplayer," of Tinker-Darrow during the Los Angeles

Times' bombing trial. In World War I, he and a brother went into the business of converting coal-powered industry to burning oil ("the antithesis of today's situation") and during the Depression of the

1930s switched to the pharmaceutical business. "Medical research al-

ways fascinated me.
"My family moved to California for my health in 1905. When I was 8 years old, I lost the sight in my right eye when I hit a dynamite cap and it exploded sand into my face.

"I just wasn't very strong, but at the academy, we had to take these exercises, and they made me feel good and were easy to take anywhere. They are not strenuous and maintain good circulation through-

'I've never had a headache and I don't take any pills.

'Oliver's exercises" are simple mobility and stretching movements, much like the warmup exercises athletes go through before workouts. He does each of the 22 movements 12 times, which takes him 15 mi-

Schrock calls them "a good example of useful exercises for older

### "I remember going out in a horse and buggy to interview Frank 2 Jonestown defectors to-Evers-to-Chance fame, he recalled, "and I interviewed Clarence found shot to death in home

United Press International BERKELEY, Calif. — A couple who defected from the People's Temple cult and said they were on the Rev. Jim Jones' "death list" were shot to death Tuesday night in their home which once served as a haven

ne, 16, was critically wounded in the shooting. A son, Eddie, 17, was un-

but could not give any information about the shootings.

Police were alerted to the killings when a neighbor, reported hearing the Mills dog barking about 9:30

Following the mass murder-suicide ritual of Jones and 900 of his

They said they believed Jones had established "hit squads" to execute defectors and the Mills, who believed they were on a "death list," requested police protection at the

## Chicago firefighters offer to work

United Press International CHICAGO — The city's striking firefighters offered to return to work and give up the right to live outside the city in exchange for 100 percent amnesty, a spokesman for Local 2 of the Fire Fighters Union said Wednesday.

Thomas O'Donnell said a prop osed contract worked out with the help of a federal mediator was sent to City Hall late Tuesday. The union's rank and file was expected to vote on the pact late Wednesday at a meetat the International Amphitheatre.

"Speaking as an individual, I'm optimistic," O'Donnel said. "I think it will be ratified."

The agreement came after Mayor Jane M. Byrne told the Chicago Building Congress some 950 fully trained firefighters - not hastily

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City Personnel Director Charles Pounian said 667 recruits have been

hired since the strike began. Union attorney J. Dale Berry called the proposal "a definite change in

hired recruits — were manning fire our position." Berry said under the plan, 15 points of dispute would be submitted to arbitration. But, he noted, the proposal still retains the union's position against a "no strike" clause in the final contract.



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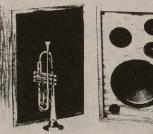
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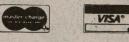
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backup systems," for the reactor monitors and controls, but he could United Press International CRYSTAL RIVER, Fla. — The clear Regulatory Commission bein a review Wednesday of a Crystal things we don't know and we'll be l revenues are River nuclear power plant control percent tax rate system that "went haywire" and spil-major oil our led up to 60,000 gallons of radioacand supercents tive water in a sealed containment building.

The accident

looking into," he said.

Johnson declined to speculate when the Crystal River plant would be restored to normal operation, but other officials said it will be a matter

not explain why it took so long for them to activate. "That's one of the

One of FPC's two 375-megawatt coal-fired generators at Crystal River was also recently shut down for re-

of "weeks, not days.

for cult defectors, police said The bodies of Al Joseph Mills, 52, and his wife, Jeannie, 40, were found late Tuesday. Their daughter, Daph-

Police Capt. Thomas Johnson said Eddie was in the house at the time,

heard shots.

The Mills, members of Peoples

Temple from 1969 to 1975, founded the Human Freedom Center in Berkeley in 1978 as a refuge for defectors from People's Temple and other

followers in Guyana, members of the Berkeley center feared for their

One of their daughters, Diana, told police she had received threats and seen armed men in their yards.



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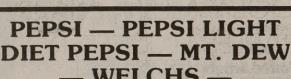
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