



## **P.E.** course to challenge

## By LAURA HERTENBERGER

campus & city

Battalion Reporter The physical education depart-ment will be offering courses next semester which will challenge the most physically fit athlete at Texas A&M University. The Outdoor Education Institute

of the department of health and phy-sical education of Texas A&M offers alternatives to conventional P.E. courses. Students who sign up for activities such as backpacking, orienteering and survival will have a chance to work out in the woods instead of the gym. Venture Dynamics, a new course

to be offered during the coming semester, will combine grouporiented activities and initiatives in teaching communication and

cooperation. Most classes will be held off the main campus at the outdoor education institute's ropes course, located behind the equestrian center off FM 2818. Enrollment will be limited to

two classes of 24 students each. The course will deal with problem solving such as how to get your group over a 14-foot wall or how to escape from a prisoner of war camp using a pole vaulting pole. The ropes course fidget ladder and low tension traverse will be used and students will even go out to the fireman's training center to do some rapelling. Camille Bunting, who will teach

the one-hour class, describes it as a very physically oriented course designed for students who are interested in working with youth groups in a leadership role.

The course in part comes from the 'new games" movement in physical education which emphasizes having fun, getting exercise and learning cooperation with other people with out the competitive element of many conventional activities. It also works on the principle that people need adventure and risk in their lives to develop self-confidence and self-image, she said.

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SOUNDS

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\$1.00 Ladies

SATURDAY

Dec. 15th

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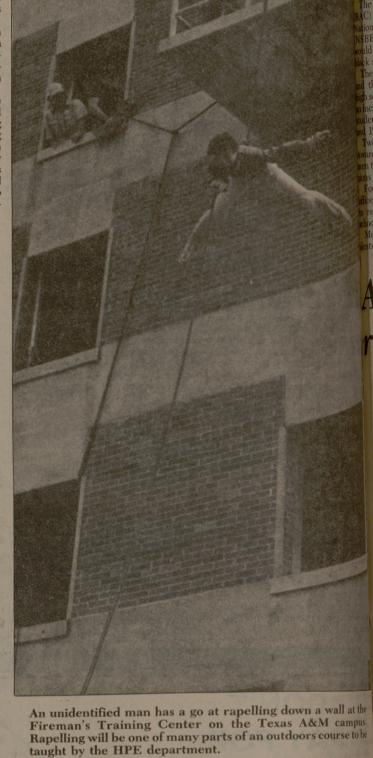
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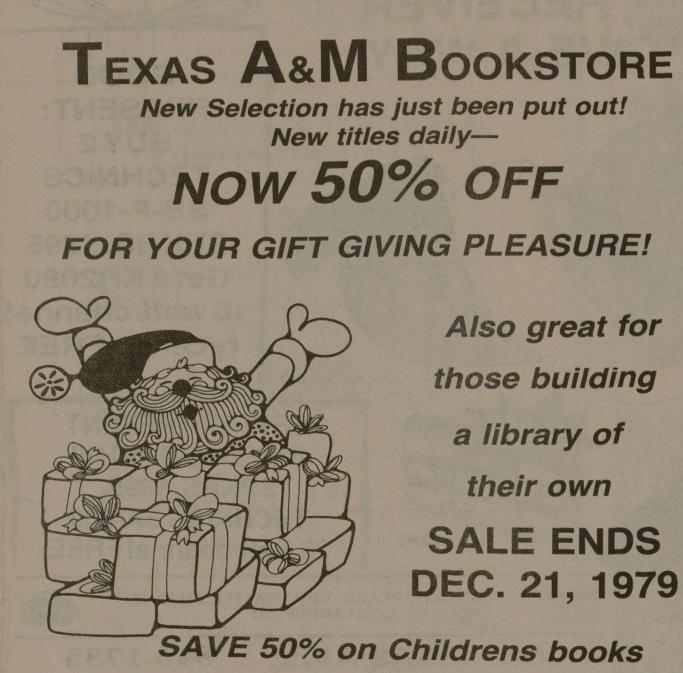
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**SPRING 1980** 

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