

campus & city

Alcoholism ...

Continued from page 1

likes to go to midnight yell practice drunk. He also pointed out, "Everybody seems proud of the fact A&M is the biggest beer-drinking college around."

Monica Christen, an assistant area coordinator for Texas A&M, said, "What is considered too much (drinking) by other parts of society may be common with college students."

But all drinking isn't bad. Burkhalter explained, "Alcohol has a lot of strong and positive effects on people. That's why it's so popular."

A person starts to think alcohol will calm his anxieties and decides to apply it to other stress-filled situa-

tions like tests, he explained. "It starts out rather benign, but it can build up to be a problem," Burkhalter said.

Reasons people drink vary. Clark says one reason the alcoholic drinks is a poor self-image.

One alternative to drinking is involvement in campus activities, he said. These include sports and various clubs.

"Non-alcohol abusers are involved in activities. Alcohol abusers have a tendency to drop out," Clark pointed out.

Treatment for college students with drinking problems is usually in the form of individual or group counseling.

Burkhalter said he tried help people understand what purpose alcohol

served for them. He also tries to teach them to deal with problems without alcohol, he said.

"A lot of people use religious counseling," as their only form of mental aid, Burkhalter added.

In the dormitories on campus, it is mainly resident advisers (RA's) who deal with drinking problems.

If a person has a drinking problem, the RA will make a strong suggestion for that he seek counseling, Mears explained.

He doesn't know how effective this has been, he said.

Clark remarked that the most successful of all treatment programs is Alcoholics Anonymous.

"There's no cost involved to be long. The only requirement for

membership is to stop drinking," he said. "and minds, before they join," Clark said.

Severe drinking problems can require drastic measures.

"Alcohol withdrawal is probably worse than most drugs. Barbituates is probably the only one worse," Burkhalter said.

"Only two types of withdrawal can kill you: Barbituates and alcohol."

"If you drink enough, long enough, the chemical substance will take over," he added. "You become addicted to it."

"The worse part isn't the withdrawal, but the social consequences" Burkhalter said. "Particularly for the college student."

Places students may go to seek help with a drinking problem include the following:

On-campus:
— Personal counseling service in the YMCA building.

— Academic counseling center in the Academic building.

— Educational psychology service center on the seventh floor of Harrington Tower.

Off-campus:
— Green Leaf Psychiatric Center, 405 W. 28th St. in Bryan.

— Twin City Mission, 500 N. Main in Bryan

— Brazos Valley Mental Health - Mental Retardation Center, 202 E. 27th St. in Bryan.

— Alcoholics Anonymous, 1007 W. 26th in Bryan.

Clark said he thinks because of today's extremely fast living pace, a drinking problem will bring young people down faster than it would have 20 years ago.

Handicapped treated equally here - adviser

By CINDY COLVIN
Battalion Reporter

Federal law requires institutions that receive federal funds to provide services to physically handicapped students equal to those provided to other students. And Jim Moore, veterans counselor and adviser for the handicapped, believes Texas A&M University does a good job.

Moore said that the University provides handicapped students with an intra-campus shuttle bus service that makes five stops on campus. The bus is equipped with a wheelchair lift and stops at Zachry Engineering Center, the commons, the west campus, Reed McDonald, and at the Intra-campus stop near the Memorial Student Center. The service operates from 7:30 a.m. to 5:30 p.m. at no charge.

The law provides that new construction on a campus must be accessible to physically handicapped students, which is being done at A&M. Any old buildings, when they are remodeled, must be made accessible by building ramps or installing chair lifts. Much of that work already has been done here. Moore said wheelchair lifts must be installed where ramps cannot be built.

If a handicapped student has trouble getting into a building, Moore is available to help the student and try to correct the problem. One such solution, says Moore, is to have a class attended by a physically handicapped student rescheduled and assigned to a building where the student can easily enter. He can also make recommendations to the University to have ramps built where students need them.

Other problems for the University arise from the law that protects the handicapped students from discrimination, Moore said. For example, students learning a foreign language need to spend a prescribed amount of time listening to lessons in the language laboratories, but deaf students are allowed to take written tests to substitute for the recorded lessons, Moore said.

Consol school board

District hires tax lawyer

The A&M Consolidated School Board Monday night approved a new contract with a local attorney to handle delinquent taxes for 1980.

The contract is with attorney John L. Sandstedt of College Station, who has handled the collection of delinquent taxes for the district in the past, said Superintendent Bruce Anderson.

One of the changes in the new contract, according to a memo presented to the board, would provide for a continuation of the contract after the first year.

Previously, such contracts with Sandstedt have lasted for one year. The present contract expires on Dec. 31.

Both contracts — current and proposed — give Sandstedt six months after the expiration date to conclude any litigation relating to tax collection.

The board also approved modified bus routes for the current school year.

Before the semester began, the district staff drew up projected bus routes for the year. The revised bus


routes show the mileage driven by district buses travel to pick up students.

The bus route revisions are required for approval by the Texas Education Agency before the school district can be repaid for bus service.



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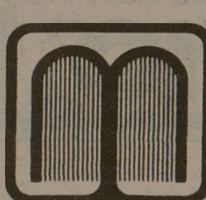
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After-5 shoppers are young, shopping for more than food


United Press International
NEW YORK — Consumers who do their grocery shopping after 5 p.m. "tend to be upscale, young and almost always in a hurry," says Joann Zbytniewski, a grocery trade magazine editor.

More than three-quarters have full-time jobs, Zbytniewski writes in a recent issue of Progressive Grocer. Many shop on their way home from work. They prefer one-stop shop-

ping "and have a mania for getting into and out of the store quickly."

"Not all after-hours shoppers have groceries on their minds," she adds. A few of those questioned for the article said supermarkets are great places to meet people.

"Shopping ignorance, feigned or inherent, is one method males use to get sympathetic attention from female customers."



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