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Lunch Menu

QUICHES 1/6 of a 9" quiche served with small green salad
Quiche Lorraine — bacon and onion filling
Ham and Swiss Cheese
Shrimp Quiche

CRÊPES Two 8" crêpes with small green salad
Creamed spinach with eggs
Chicken-Mushroom
Creamed Mushrooms
Shrimp in Cream/Wine sauce

SPECIALITIES
German Bratwurst with Potato
Salad and mustard, crisp roll & butter

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LUNCH - 11 a.m.-2 p.m.
COFFEE and DESSERT - 2 p.m.-5 p.m.
DINNER - 5 p.m.-9 p.m.

696-1191 for reservations
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(next to University Bookstore)

Hypnotist can help athletes

United Press International
SAN ANTONIO — A professional hypnotist currently working with two San Antonio Spurs basketball players claims he could help injured New England Patriot Darryl Stingley to walk within a year.
"I want Darryl Stingley of New England. I can show him in a year how to be walking," said Tom Ray, who prefers to be called an "educator." "All I need is six or

eight hours. I'd like Mitch Kupchak (of the Washington Bullets, who has chronic back trouble.)

"I am educating people as to the potential their bodies have when controlled by the thought process. Even though I am called a professional hypnotist, I'm not like any other (hypnotist) in the world."

The two Spurs under Ray's guidance ask to remain anonymous, calling their dealings with the hyp-

notist "personal" and saying the public might have misconceptions about the use of various consciousness-raising techniques.

"It has connotations of being voodoo or mystic," said Spurs General Manager Bob Bass. "That's not true at all. This is very positive."

The hypnotist, who is writing a book on the subject, said he provides his service to professional athletes at no charge because, "it is for the fun and enjoyment of Tom Ray."

"The conscious mind controls the subconscious," he said. "The subconscious controls body functions. Therefore, consciously through the subconscious you can control body functions. And you can do it at full speed on a basketball court."

Ray said he has seen only progress in the players who accept his advice and that a player under his instruction can better control his body functions and begin healing an

injury immediately.
"Your performance level is only what you desire," he said. "If you can control body functions, why not do it to help yourself?"

Hypnotism has been used to raise consciousness levels since the time of the Ancient Egyptians, Ray said, and the Russians and East Germans have been considered pioneers in applying hypnosis in athletics.

As early as 1950, the St. Louis Browns baseball team employed a hypnotist and two years ago, the University of Texas accepted guidance from an Austin hypnotist who used a relaxation technique that the players termed very successful.

"We are trying to eliminate hangups that keep us from performing at our best," Texas Longhorns Coach Fred Akers said at the time. "This doesn't make you faster or stronger. It keeps you from being a hindrance to yourself. In a state of anxiety, you can't perform."

**Russian Club Meeting
Tonight at 7:30**
Dr. John Robertson will speak on
**"Implications of Soviet Leadership
Succession: Brezhnev and Beyond"**
Rudder Tower Room 504

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Palmer gets a save

United Press International
BALTIMORE — The woman wanted to write a thank-you note to the employer of a tall stranger who changed her car's flat tire.

Betty Helfrich was on her way home from church Sunday when her car had a flat tire. The stranger pulled off the road next to her and fixed her flat tire in 15 minutes.

"Let me write to your company and I'll tell them what a Good Samaritan you are," she said.

"Well, you'll have to write to the Baltimore Orioles," the Good Samaritan replied.

"Oh, what's your name?" she asked.
"Jim Palmer."

ALTERATIONS

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Ags get over bruise Wilson avoiding flap

By MARK PATTERSON
Battalion Sports Staff

What started out as a routine weekly press conference turned into an interesting discussion when Coach Tom Wilson was asked the pressure on him as head football coach at Texas A&M.

The discussion centered around an article that appeared in the Dallas Times Herald by Bob Gault which said that pressure apparently being applied on Wilson by a Houston A&M alum who allegedly was trying to buy Wilson's contract and bring him to the coach.

Wilson was asked if, to his knowledge, there was any truth to Gault's story.

"This game's evolved into a winning-type situation," Wilson said. "We're dealing in a pressure situation in big-time football. We're people expect and want winning football teams all the time."

"I thought that Aggies were no more demanding than fans at schools, but I think my opinion is changing. The way Aggie fans vote, I follow their team, the way we have no problem filling seats wherever we play, we have people that demand or expect more from fans at other schools."

"If a guy can't handle the pressure, he's in the wrong business," Wilson said. "I won't be able to do my job like I know how to do it. I'll repeat what I said when I took this job. We're doing what we're doing the best job we know how to do. We're doing what we're doing right. And as long as we believe the things we are doing are right, we'll keep on doing them and have peace of mind."

Wilson took the head coaching job under strained circumstances last season. Emory Bellard resigned the position one year ago due in great part to alumni pressure. Wilson accepted the job and guided the Aggies to a 6-6 record in his first full year as a head coach.

"I recognize that there are some unhappy people out there," Wilson said. "There will always be negative people. It's unfortunate you usually hear from the negative people the most. And the criticism is just part of my job."

"I've been getting some crank calls and people calling late at night and then hanging up. When they get too bad, I just click a button and shut the phone off so we can get some sleep."

Wilson's nights have been troubled lately. The Aggies have been shut out 2-4 on the year and have yet to win a Southwest Conference game. After falling 17-14 to the University of Houston in the final 15 games of the season, the team took a week off to prepare for the Rice game.

"I hope the open week helped," Wilson said. "I've said it a long time and I'll say it again this week, the attitude of the team is what this team is determined to do good things and make good things happen."

"We didn't have a physical off week. We gave the team the part of last week off, practicing only on Wednesday and Thursday. The coaches spent most of last week recruiting. We began our preparations for Rice this week."

In Thursday's scrimmage, wide receiver Mike Whitwell cracked ribs and a punctured lung and will be out of this week's game against Rice. Running back Temple Aday (ankle injury) and defensive end Paul Fender are doubtful for this week's game as well.

"The starting unit that we've had for the past two weeks came from the injury list," Wilson said. "With the week off, we're in better contact for this week's game," Wilson said. "With the week off, we're healthier. The time off gave us the rest we needed for the bump and bruise to wear off."

"Curtis Dickey's thumb and wrist are still sore but they should effect his play in the game Saturday. He's had two weeks to get better. We've held Mike Mosley out of contact so his bruised ribs heal. He's healthy for the Rice game but he'll probably wear the jacket just to give him some added protection."

Cruz goes free agent

United Press International
HOUSTON — The Major League Players Association has informed the Houston Astros that outfielder Jose Cruz has filed for free agent status and plans to enter the re-entry draft in November.

Astros President and General Manager Tal Smith, who believed Cruz was ready to sign a new Astros contract, met with attorneys Tuesday. But there was no word about the outcome of the meeting.

The club claimed Cruz was June to the terms of a five-year contract extension. He and Jack Childers of Chicago, a Southern contract letter-of-intent, said.

Cruz, 32, batted .289 with 28 home runs and 72 runs batted in last season as the team's regular fielder. His former contract was at the completion of the season.

Cruz was at his home in Puerto Rico.

Oct. 24
7:30 P.M.

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