

Program explains TM benefits to Ags

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The International Meditation Society presented step one of its course on beginning transcendental meditation Tuesday night in the Memorial Student Center.
Edgar Blackledge, a Texas A&M University industrial technology

graduate, now a part-time TM in-structor, explained the basic con-cepts and requirements of becoming a meditator to about 30 interested

Transcendental meditation, based on the teachings Marishi Mahesh on the teachings Marishi Mahesh Yogi, involves taking the mind from the level of awareness used in daily activity and transcending it to a activity and transcending it to a level of pure consciousness and meditation, Blackledge said. A person who does this for 20 minutes, twice a day, should see results quality and creativity of a person's within 2 months, although many intelligence and allows an outward

NEW ORLEANS — Southern governors have ended their annual

meeting with an unanimous message to Washington and the De-

partment of Energy: Produce or get

Energy dominated the four-day conference of the 19-member Southern Governors Association that ended Wednesday with the adoption of four energy-related res-

olutions, and a vow to continue to try to influence federal energy pol-

The boldest resolution called on ongress to abolish the \$11 billion

Energy Department if the agency did not move quickly to stimulate

domestic production of all forms of

energy, and to resolve conflicting

policies that delay conversion from

oil and gas to other sources of

or dissent less than 24 hours after

Energy Secretary Charles Duncan told the governors he wanted to

work with them toward a successful

energy policy.
"We're going to continue to ad-

dress energy as a major concern of this region," said Virginia Gov. John

Dalton, the incoming SGA presi-

dent, "because when you consider

out of the business.

Battalion Reporter
A transcendental meditation profectly natural ability of the nervous

"The reason a person has to be taught to meditate is that even though it's something natural, it's something outside the normal range of activity," he said. "It's like speaking in the said of the sa ing, in a way. Speaking is very natural, but a person has to be

taught."

He compared learning meditation to learning speed reading. In both cases, he said, a person learns to use his in a new way, although the benefits of meditation are not as marked and specific as those of increased

student as a result of his daily medi-

He said meditating improves the

coal and all the other energy

sources, we've got about 60 percent

of America's energy resources coming out of these 17 states."

The SGA is made up of 17 Southern and border states, as well as the

island territories of Puerto Rico and the Virgin Islands. The 17 member states produce 60 percent of America's oil, 80 percent of its gas and 50 percent of its coal.

Only 10 governors were on hand at the final business session that had a peak attendance of 13 state chief

Governors displeased

by energy department

By LAURA HERTENBERGER feel its effects immediately, he said. expression of his new enlightened sense of consciousness. A meditator has a better outlook on life and he said this enlightenment improves

the quality of his day.

The long-term benefits of meditation are seen in a person's ability to deal with stressful situations.

A meditator is more aware of the

is a personal interview with Blackledge. Step four is the begin-ning of the student's actual medita-tion. Steps five through seven are group meditations.



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The association also called for retransportation and use of coal and endorsed President Carter's proposal to provide federal dollars to help Finnish low-income persons pay their utility

Governors Bill Clements of Texas and Edwin Edwards of Louisiana failed in an effort to replace a resolu-tion by Oklahoma Gov. George It was adopted without discussion

Nigh that supported President Carter's oil deregulation policies.

The Nigh resolution was identical to one adopted by the National Governors Association endorsing Carter's oil decontrol program, with its provision to use some of the windfall profits tax for the energy as-

conflicts that are a part of his every-day life, but doesn't let things get to him," Blackledge said. Blackledge teaches TM in a

seven-step course. Step one is the introductory lecture he gave Tuesday night. Step two, is a preparatory lecture dealing with specific mechanics of meditation. Step three

The next course will begin on



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Storm damage counted

United Press International
WINDSOR LOCKS, Conn. — A
shaken Gov. Ella Grasso took a
dawn flight Thursday over a tornado-ravaged section of her state only a mile from her home, then said she would ask President Carter to declare it a major disaster area.

"It's every bit as bad as we thought," she said after her tour in one of the few Air National Guard helicopters still operable after the sudden Wednesday storm which ransacked Bradley International

Suicide attempt

misses, hits in Rio

atop a newspaper vendor and survived, police said. The vendor was

Rosa Santos Prata, 22, leaped and landed on Jose Carneiro, 42, a newspaper vendor in Rio's Copacabana beach-front district

Carneiro was hospitalized and in a

coma with severe internal injuries. Santos Prata suffered light injuries.

seriously injured.

marketplace the

United Press International
RIO DE JANEIRO, Brazil — A young woman who jumped from a 10th floor in a suicide try landed Airport and a nearby business and residential area, killing at least one skies Wednesday afternoon. Within damage to the business-resider moments, one person was dead and area along the east side of Brad

"I've never seen anything this bad," she said. "The storm struck witout notice. When you see the devastation, you marvel that it was contained even to the extent that it was. This certainly is a tragedy of considerable proportions."

The tornado struck so close to the weather service station at Bradley International Airport that there was no warning other than darkening

moments, one person was dead and 418 others were injured, according to State Health Commissioner Dr. Douglas Lloyd.

He said 300 persons were treated and released at emergency stations and pipe area hospitals. Another 118

and nine area hospitals. Another 118 people were hospitalized, including 10 in critical condition. A search was underway for a woman believed to have been in her home when the storm struck.

Grasso estimated the freak tornado caused more than \$214 million

International Airport, which stained about \$100 million in dam itself. The Connecticut Air Natic Guard sustained about \$50 mill damage to its aircraft.

Winds measured as high as mph flattened buildings and tos heavy airplanes and trucks arou like so much paper throughou four-squaremile area less than mile from the governor's perso home. She said more than J buildings were damaged.

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