



Gymnastics means grace,  
beauty — and hard work

*Photos by Lee Roy Leschper Jr.*



**GRACE IS NOT** the only feeling a gymnast has, above left, for there is also pain. Above right, after the pain has subsided, she performs her routine as near to perfection as she can. The photo at right shows another gymnast performing on the balance beam, which is one of the most difficult techniques to master. At left, the coach oversees all.

