'Jogging not best exercise'

DeBakey quits transplants

United Press International

LAS VEGAS, Nev. — Dr. Michael DeBakey, a cardiovascular expert who performed some of the world's first heart transplants, said Monday he was performing no heart transplant surgery and did not expect to in the future because of the low success rate.

The Houston cardiovascular specialist said he performed a total of 12 heart transplants and two of the patients survived. He has done no transplants for two years.

DeBakey did not rule out the possibility of remarkable new advances in transplant technique but said he was not involved in the research. He said the advent of bypass surgery lessened the importance of heart transplants.

DeBakey spoke here Monday to the First International Congress on Cardiovascular Diseases and Surgery.

He recommended a regular program of exercise such as weekend tennis to strengthen the heart rather than irregular bursts of vigorous activity.

"Jogging is not the best form of exercise for some people," said DeBakey, professor and chairman of surgery at Baylor University in Houston.

He said before a person entered a jogging exercise program he or she should first undergo a thorough medical examnation. DeBakey emphasized an examination was not full proof and pointed to several instances within the past year in which joggers suffered fatal heart attacks despite examinations by cardiologists that showed no apparent danger.

In addition to placing too much stress on a susceptible heart, jogging can also involve injury to bones, joints and muscle, said DeBakey.

"Brisk walking is one of the best forms of exercise," he said. "I urge my patients to leave their cars at home and walk to work, if it is only eight or nine miles a day."

"And just going up and down stairs is great exercise," said. "You can tell just how lazy a person is when you see him take the elevator rather than walk down one flight of stairs."

Dr. W. Dudley Johnson of the Medical College of Wisconsin in Milwaukee disagreed with Debakey on jogging.

"Bah, you can also have a heart attack while driving a car," said Johnson. "It is largely a matter of proper preparation and a gradual increase in the time and distance involved."

Mark White to ask for more money

United Press International

AUSTIN — Attorney General Mark White says the agency he assumed Jan. 1 is in need of an emergency appropriation, the Amarillo Globe-News has reported.

White, who was elected attorney general to replace John Hill, said he will ask the Senate Finance Committee Wednesday for an emergency appropriation of $906,000.

"There are insufficient funds to last through the biennium," White said. "It would be impossible for us to operate and would cut back on our ability to operate if the funds are not approved.

"We need the money to make certain we will maintain the same level of employement in the office."

White, who refused to criticize Hill's use of the budget, said the additional funds are needed for staff and settling the Howard Hughes estate case and a lawsuit against the Texas Department of Corrections.

Viet attacker close on Poip

United Press International

BANGKOK, Thailand — A Vietnamese-led column preceded by Cambodian rebel scouts, Monday slowly closed in on the town of Poipet near the Cambodia-Thailand border, tightening the invaders' already solid grip on Cambodia.

But officials at the Thai border said they believed the Vietnamese were delaying the capture of Poipet — the final target in their 22-day blitzkreig — to allow reporters to witness Cambodian rebels, rather than Vietnamese, capturing the town.

Despite intelligence reports to the contrary, Vietnam has persistently claimed the invasion is the work of the Hanoi-backed Cambodian "Salvation Front," not a Vietnamese offensive.

In Peking, Cambo said toppled Cambo Pol Pot is alive alongside other forme leaders in a guerri against Vietnamese fo

The Japanese Kyod ice reported from Pek bodian embassy distri ment to diplomats Cambodian people and carry on their fig Vietnamese are routed

It was the first defi Pol Pot is still alive. M had speculated that he Vietnamese troops and rebels who took cont tion.

In Hanoi and Phno cials announced an summit of Vietnamese dian leaders to review tions and settle border

The new Cambodia said it wants to "establi lations" with archenem spite Peking's descri new leaders in Phnom tional scum."

"We are ready to est relations with all cou less of political and so said Ros Samy, general the Cambodian Natio Front for National Sal

His statement, mad was reported by the offi News Agency, monito Kong.

Peking has vowed t Pot and his army in a against the Vietnames gime.

The Cambodian re 'representative' of the people but a handful traitors and national s said, according to the China News Agency.

At the United N emergency Security C entered its fourth da determine whether the tions will condemn Vi sion of Cambodia and drawal of Hanoi's troop

However, the Sovie certain to veto any criticizing its pro Vietnamese.

Peasants hold rights march in Red China

United Press International

PEKING — About 100 peasants demanding more food and rights marched through Peking's main thoroughfare and toward Premier Hua Kuofeng's residence near the Forbidden City.

Old, ragged-clothed country folks chanted "Down With Oppression" or "We Are Hungry" in a peaceful demonstration Sunday.

They tried to see Hua but guards at his house turned them away.

The demonstration — the second within a week — drew hundreds of spectators as the protesters marched down the capital's Wangfuching Street.

The marchers waved buntings which said: "Persecuted Peope From All Over China," and "We Demand Democracy And Human Rights."

Many of the demonstrators were formerly workers in urban areas sent to the countryside for work-reformation during the tumultuous Cultural Revolution in the mid-1960s.

China unificat conditions liste

United Press International

TOKYO — Chinese Vice Premier Teng Hsiao-ping ha Taiwan may retain its army and its own prosperous ec must give up its name after it is unified with China, a Monday.

Japanese news dispatches from Peking said Teng told Japanese lawmakers' delegation in the Great Hall of the the mainland will continue to urge that leaders of the is accept China's conditions for unification.

The conditions the 75-year-old vice premier discussed w to those he revealed to a group of U.S. senators last week tained more details.

Teng said China will permit Taiwan:

—To have full autonomy after reunification with the keeping its own armed forces and free enterprise econo intact.

—To maintain the well-being of its people.

—To have full unofficial trade ties with Japan, the Un and other countries.

The Battalion Classified

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74t2

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