## Family sport easier, cheaper

## Cross-country skiing 'catches'

United Press International LBANY, N. — Cross-c Cross-country g appears headed for its biggest on ever, with many of its newest verts downhill skiiers tired of hour lift lines and ticket prices ing up to \$16 a day.

ss-country touring centers esate that business has doubled in down is evident.

It's easy, cheap and a good exto get outdoors in the winter." ost certainly is among the major ought to know. wolved. To ski all day on ed cross-country trails costs ally \$2 to \$3 per person.

And many centers have season work to spend more than \$150, com-asses like those offered by the Bedownhill ski for one day.

past two or three years and no doubled every year for the past three one new convert in Albany put Barbara Beresford. "One reason it's catching is that it's a real family sport, you can do it as a family unit,"

Equipment, too, is much less expensive. A good set of skis, poles and boots can be purchased for under

## High price skiing hay thin crowds

The rapidly rising of downhill skiing may force enthusiastsm of the sport and se ski areas to rethink their es, says a top industry executive. the start of the 1978-79 season, mett Mitchell, executive director Colorado Ski Country USA, said es no end to the price escala-

"Anybody who pays \$15 a day dees to," said Mitchell in an interw. "They haven't shopped. Damn ht, the people should shop be-ue the bargains are there."

ail and the Aspen Complex, inuding Aspen Highlands, Aspen untain, Buttermilk and Snowus, are charging \$15 this season for ull-day, all-lifts, adult pass. The pest ticket in Colorado is \$4 at

tah ski prices range from \$12 at City and Snowbird to \$3 at Blue tain. Jackson Hole in Wyomis charging \$15 for the tramway this year.

he increasing costs of skiing atacted the attention of Sen. Floyd kell. D-Colo., who was conmed about the method of granting hikes to ski areas on public land, t of them in the West.

would have called for greater resort throughout the season. area applies for a rate increase. It mlikely the bill will be presented n next year because Haskell was ated in the Nov. 7 election. If an area wants to raise rates, it's tually a rubber stamp process," adjimTherell, Haskell's legislative

tant. "We feel this rubber stamp ude has helped promote higher With the cost of equipment, asportation, clothing, food and

ing also going up, some skiers e the industry is pricing itself Mitchell thinks the industry will

e another look at the price struc-

The cost of skiing is apt to go up," Mitchell. "The higher it does, more likely customers are to ree the number of times they go ng or give up the sport entirely." hen, said Mitchell, the industry start giving people more choices options in buying tickets.

tchell suggested tickets by the or a price variety within a given based on slope desirability ou can take one ride on the Vail dola in the summer so why not in winter?" he said. "One reason

eyland does so well is because it s people options. They pay the rence to ride on the good rides." itchell said most ski areas aloffer a variety of ticket pros. He said other bargains could und through ski shops and ski

only reason we exist is to ng discounts to members," said ary Feagin, winter social chairman

Inamba Eddie Dominguez '66 Joe Arciniega '74 WUIT not frozen or ERRE . We call It Northwest Hwy

passes like those offered by the Beresford Farms in Altamont, about 20 \$500 for downhill essentials. miles outside Albany. For a family,

says Beresford, father of five who

\$125, and a skier would really have to

of the Fagowee Ski Club in Denver. "We just don't do things if we don't track

get a discount. Feagin said the ski clubs get dismeals and accomodations.

pugmer package weekends that are a lot lower — 25 percent or more — than if we did it on our own."

Tourner package weekends that are a putting in one day of each per weekend.

Some converts to cross-country

cost of skiing has risen too high today, so we are doing something about it," the pamphlet begins. It then lists ticket packages that will often share the be honored when facilities are not

Ingmar Stenmark, said skiers can ing for group transportation, reviewing terms of special fare programs and not staying in the center of ski

Cost savings programs in Utah include several multi-day packages. Snow Basin offers a ticket good for 10 rides. The Utah Ski Association sells is bill, passed by the Senate in a Ski Utah Gold Pass for \$600 that and 1978 but killed in the entitles a buyer to ski at any Utah

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Some Items -No Rain Checks

Cross-country enthusiasts also are what it would cost most families to what it would cost most families to atmosphere of many downhill ski re-The Beresford touring center is on an 800-acre sod farm. Business has doubled every year for the past three years, according to owners Jon and Barbara Beresford. "One reason it's catching is that it's a real familie." only clothes investment most crosscountry skiers make.

Time and availability are also big factors. A cross-country skier can snap on his boots for a quick morning spin across a local golf course, getting in one hour the same amount of exercise it might take all day to get skiing downhill, after a long ride to

a ski resort.
And, unlike downhill, the basics can be picked up in less than two hours of instruction, for another nifty

Many dyed-in-the-wool downhill skiers scoff at comparisons between the two sports. On the ground there is no "thrill" or "gut challenge" in tracking across an open field, even darting among trees following a

But a growing legion are finding Feagin said the ski clubs get discounts on tickets, transportation, combining the two on ski vacations, often skiing downhill on less-crowded workdays and opting for "There is buying power by getting crowded workdays and opting for groups together," she said. "We can cross-country on the weekends, or

Keystone in the central Colorado have found a new challenge in "Citi-Rockies put out an entire pamphlet on ways to save. zen's Races" sponsored by major centers, similar to "NASTAR" races 'We at Keystone believe that the for downhillers. Like joggers, true cross-country devotees are condi-

In Stowe, Vt., giants of each sport often share the same clientele. Mt. Mansfield is one of the oldest and most diversified downhill resorts in Pam Stenmark, director of the Copper Mountain, Colo., Ski Insti-Lodge, with 65 miles of crosstute and a cousin of Olympic skier Ingmar Stenmark, said skiers can save money by planning ahead, look-

when it began in 1969.

Business at the Trapp center has doubled in the past three years and the clientele has broken out from the more rugged types, nicknamed the 'granola group'' to include the beautiful people' wearing the latest in downhill fashions - or the "wet

The business was launched by Baroness Maria Von Trapp, upon

based, and her son Johannes. Mrs. Von Trapp, 72, still cross-country skis every day during the winter.

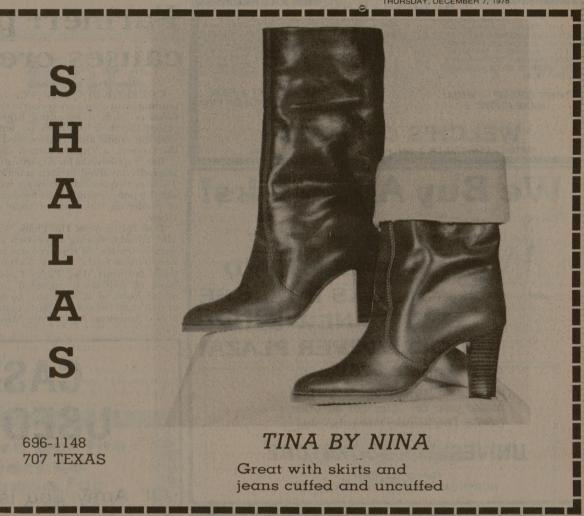
Many skiers who left the downhill world for the more serene and secluded joys of cross-country skiing are a little concerned they could end up as jostled and crowded as before, if the cross-country rage persists.

However, as cross-country skiers become more expert, they can strike out on their own into virgin territory, enabling them to commune with nature unperterbed by others.

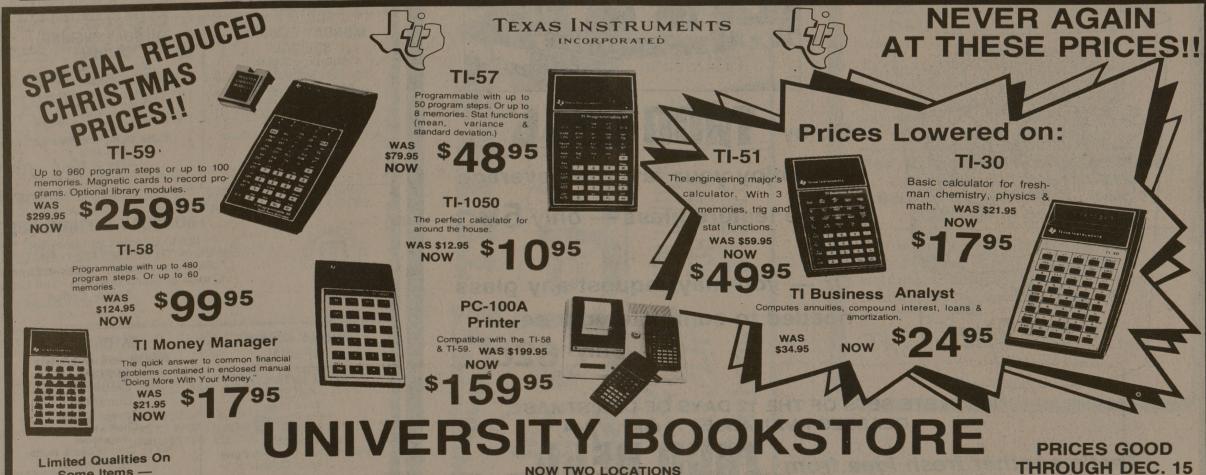
Many ski touring centers are making their trails one-way or setting up dual lanes just like a divided high-way, to avoid traffic jams of skiers.

The "Adirondack Lodge" in New York's Adirondacks, not far from Lake Placid, the scene of the 1980 Winter Olympics, offers a chance to really get away from it all. The lodge, run in conjunction with the Adirondack Mountain Club, maintains 10 miles of trails and charges nothing,

except a \$1 parking fee.
"It's a different type of thrill than downhill. You're by yourself, on your own in the high peaks," ex-plained Rick Davis, the wilderness recreation director who often serves as a guide for ski-touring groups. "It requires a much greater degree of self-reliance, there's no ski patrol behind every bush.







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