

Midnight run

# Saunter society strolling ahea A

United Press International

SAULT STE. MARIE, Mich. -As hordes of sweaty joggers clog the nation's pathways, a campaign to re-vive the lost art of sauntering is gaining momentum — ever so slowly.

Practitioners of the ancient

pasttime, undaunted by the outbreak of physical fitness fever sweeping the country, claim to be

winning new converts every day.
The World Saunter Society, created during a front porch debate among faculty members of Lake Superior State College a few years ago, now boasts an international membership of about 6,000 card-

All are dedicated to the preserva-tion in today's jet-age mechanized society of such frivolous pursuits as the impromptu stroll through the

The saunterer has no particular destination and is in no hurry to get there. His hallmark is style and he rarely travels alone — but never

with children of any age.
"There's a time and a place for it," said Austrian-born philosophy pro-fessor Hellmuth Kornmuller, saunterer-in-residence at the small college. "If the spirit moves you,

then you will know."

To saunter, by definition, is to walk about aimlessly at a leisurely pace. A speedy strut is not permitted, for this would leave no time for

Props such as walking sticks and umbrellas — tightly furled or otherwise — often are popular. Attire is up to the individual and depends on the time of day.

'If you know how to saunter, you will know what is proper to wear,

Some saunterers also jog, but the surroundings" and "has m a tranquilizing effect the regimens associated with the more

physically exerting pasttime. "You need special shoes for jog-ging," Kornmuller said. "You have to wear certain dress now. You can't simply run. It's become too or-ganized. Pretty soon, you'll have to read a book and take a test to learn

One new convert to the society's way of thinking, emergency room physician Jerry W. Brackett of Grosse Pointe, Mich., sees other

"It's possible to socialize more if you're sauntering than jogging," said Brackett, who does both. "It's a form of group therapy.

gives one "a greater appreciation of resident physical fitness eme

a tranquilizing effect than the strenuous exercise

The society has tried to re the spirit of days gone by annual August Front Porch at the plush Grand Hotel on Mackinac Island, a popular where guests are chauffeured in horse-drawn carriages drive uniformed coachmen.

There is no physical risk in in sauntering, except in high areas where "walking with pur is preferred. Medical authorit warn, however, against trying too much too soon.

orm of group therapy.

ceed slowly and you finish s
add Dr. Russell Bruce, the



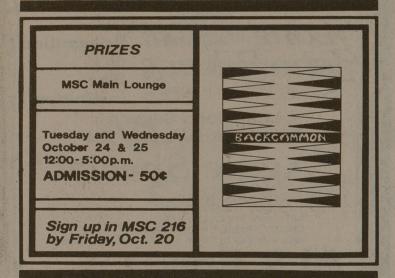
Getting **Behind?** 

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### Tiny bits of PCB pose big threat per liter of PCB in water may contaminate fish, eaten by humans and

decrease fish harvests by reducing size as production of phytoplankton, first link in the marine food chain.

Texas A&M University oceanographer Douglas Biggs says that con-

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Announcing the restoration, activation, and hopefully motivation of the San Angelo-West Texas Hometown Club. The masses should converge at Mil. Sci. Bldg., room 109 at 7:00 p.m. on

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As little as a millionth of a gram er liter of PCB in water may conminate fish, eaten by humans and ecrease fish harvests by reducing centrations of PCBs (polychlorinated biphenyls) that reached one to 10 micrograms per liter adversely affected phytoplankton growth and

Biggs, who conducted the research over four months at a New York tidal marsh with four colleagues from State University of New York-Stony Brook, says such concentrations could divert the flow

as well as contaminating what fish are harvested and eaten.

Biggs collaborated with researchers Harold O'Connor Jr., Charles Wurster, C. Donald Powers and Ralph G. Rowland of the Stony Brook marine sciences research cen-

of phytoplankton from harvestable tasks, are widespread and are confish to jellyfish and other predators, sidered by many scientists and sidered by many scientists and ecologists to be one of the most harmful pollutants that exists. 'A two-pathway hypothesis has

been developed for transfer of biomass through the marine food PCB pollution of coasts webs," says Biggs.

"One pathway leads from large phytoplankton by way of one-to three-step food chain to fish that can harvestable fish," he concluded the stony in the

"The other leads from phytoplankton through al trophic levels to various predators, such as jellyfis

"If this hypothesis is va could result not only in

# Cyclist discovers 'better U.S.'

SPOKANE, Wash. — Joe Keba, pedaling across the roads and highways of the nation for nearly six months now, reports he's discov-ered a better America.

"Before I left home, my perception of this country was what I read, how messed up this country's supposed to be," said Keba, 20, who set out from his home in Warminster, , two days before Easter.

"But what I've seen with my eyes, well, most of the people are friendly and the country is beautiful.

They've never killed anyone. And I've yet to meet someone who's killed someone else in an au-tomobile accident. Seems like that's all you read.

It's not as messed up as I thought it was. And the further I go, the bet-

Keba has traveled 12,000 miles through 40 states — including "all the states east of the Mississippi" since kissing his mom, dad and sisters goodbye on his bicycle tour of all the 48 adjoining states.

Before him lie Oregon, California, Nevada, Utah, Arizona, New Mexico, Texas and Oklahoma.

'That's my travel itinerary," the lean, 6-foot college sophomore said. His goal is to return home by

Washington on his way to Oregon this week, Keba looked as if he had pedaled a lot of miles. He smiles through a gritty, road-tested face and calls the hand-

washed shirt, sweat shirt and cutoffs his uniform for temperatures above He has changed tires "about 20 to

30 times" and wore his first bicycle out after the first 5,000 miles. His brother in Ohio got him a new one. Keba said he usually stops at a gas station for repairs, and that's where he attracts the curious.

People in the Midwest mostly asked me what the ocean looks like. That surprised me. I told them to go

KHON THE STEAMERS AT THE

mid-December, in time for his 21st out and take a look for thems birthday and Christmas.

When he passed through eastern butter and bread. "It got toke after a couple of months, so I've been drinking milk and doughnuts, too," said the wr

> When he runs out of which is fairly often, Kebas hires on as a ranch hand. I needs are few and so his mo used mostly to pay for foo

bicycle repairs.
His "hotel accommodations mostly been freeway under and his trusty waterproof de bag. "Worst one I slept unde right here in Washington last

along Interstate 90. Awfully The beauty he has seen stopped yet, Keba says.
"Yellowstone Park and the Tetons — they were beautiful

liked the mountain ranges in Rockies. But so far, the further the more beautiful it become Keba said he's not the or checking out the country on

"There are plenty of bike there. I was talking to a fello

the other day. His son is only they rode coast to coast

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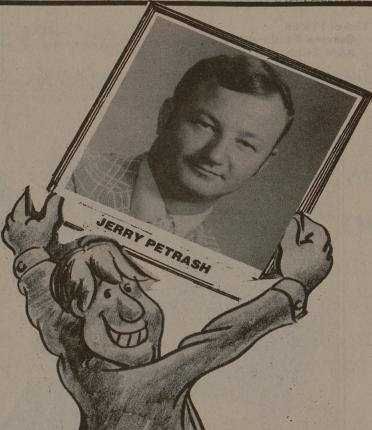
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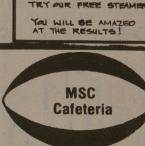
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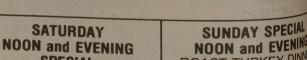
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