

Plant your studies outside

and common names of plants around campus. structor is Ann Rusing. Of course, this taxonomy class is examining

A class leaves the classroom to learn the Latin plants around the Plot Sciences Building. In-

Arthritis pain reliever tested by Vet school

joints holds promise as an aid elief of pain, tests at Texas A&M

rtment says his studies showed on of the organometallic comnd Palosein to be 100 percent ive, to varying degrees, in re-

he study said that unlike cor-

rect injection of drugs into ar- Palosein caused no deterioration

dicine have shown.

The irritant Osteum, which causes tissue to heat up, thus in icing self-healing, was also high effective and likewise showed nimeritant of the irritant Osteum, which mediate cartilage damage, Frron training.

drug is used.

Direct joint injection with the two drugs is carried out as part of the treatment regimen at Texas A&M's small animal clinic, where Herron and other faculty oversee students as they diagnose, prescribe and carry out clinical phases of their

One of the features of Texas Unfortunately, notes Hern, the drugs and their method of jection does little to alleviate the ause of arthritis and proper agnosis should be carried out befe either drug is used.

A&M's College of Veterinary Medicine is its acceptance of cases in which owners agree to new and untried methods that may help their animal and ultimately benefit other animals and humans.

Patients jog fears away?

Running may help neurosis

United Press International MADISON, Wis. — A University isconsin psychiatrist is trying to rmine if running, already on to be an effective treatment epression, can also help people ring from cardiac neurosis. It ves fear of an imminent heart

John H. Greist said his rewill involve directly confronthe neurosis with vigorous exere. He believes it can help pants overcome the problems.
"We'll try to convince them to

correctly perceive the feedack they are getting from their odies," Greist said. Cardiac neurotics are convinced

ey will suffer a heart attack even ough they may be in excellent ealth and repeated visits to a docr and tests show no problems. They need constant reassurance m everyone. They drive their

ilies buggy. They distrust what dback they're getting from their dies. We're hoping that a gradual crease in fitness will increase their vareness of their bodies," he said. Greist, 39, who is a runner and petes in races and marathons, contacted 300 area physicians patient referrals for the study. said all patients will get a treadill test and be screened before beming involved in the research.

Half the group — selected by a pofacoin — will go into the exere program. The other half will ain on traditional psychotherapy a control group, with the two oups being compared on the basis how many visits they make to ir regular doctors in connection th the neurosis.

Greist said cardiac neurosis is a mon psychiatric problem which peared to climax during the 60s. He said it appears to have minished somewhat recently and may be due to the fact that more cople are exercising."

The cardiac neurosis researd

mmed from an earlier project ilving running as a way of treatig ng was at least as effective as traional psychotheraphy.
That study, which was a pilot ro-

et, is now being repeate by reist in greater detail. He aid ore factors, such as the effet of ditation and the impact of omned running-psychotherap, are ing taken into consideration

There was resistance with the ychiatric community to reist's iginal work. Some apprently amed from a reluctance of psylatrists to accept a new lea that uld drastically alter trement of

The big problem is the psychiasts make their moneyby seeing ople in offices. It you an find a ay to treat them at one fourth the st with running, there obviously

ng to be resistance. "On the other hand there are a of psychiatrists tha want to do verything for these pople, "Greist

The UW graduate chool and reearch committee prvided \$2,000 or the pilot project. Another \$10,000 was approved for the exinded study on deression.

Now You Know

United Press Rernation Nine president of the United tes were slaveowners: George ashington, Thomas Jefferson, nes Madison, Andrew Jackson, achary Taylor, ohn Tyler, James

s S. Grant.

Polk, Andrewohnson and Ulys-

"We will specificity focus on depression," Greist sd, "but we will look at anxiety as yll." He said the off annoying physical symptoms of two are often relad in psychiatric depression.

Greist said soe runners in the pilot study repoed that becoming competent at rining made them feel competent other areas. He

ALTERATIONS

THE GRAND RADITION OF D TEXAS WERE MOTHER UGHT DAUGTER THE FINE TO F SEWIF — SO HELEN HIE TAUG EDITH MARIE E SECRETOF SEWING AND

"DON'T GE UP — WE'LL MAE IT FIT!"



(WE'RE JUST A FEW BLOCKS NORTH OF FED MART.)

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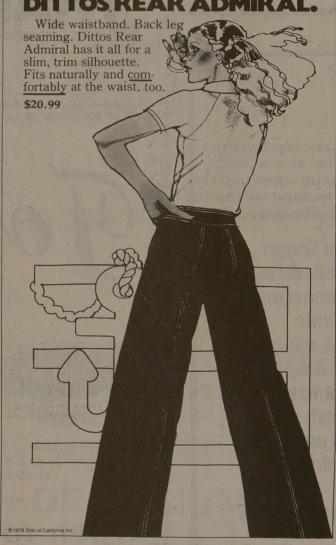
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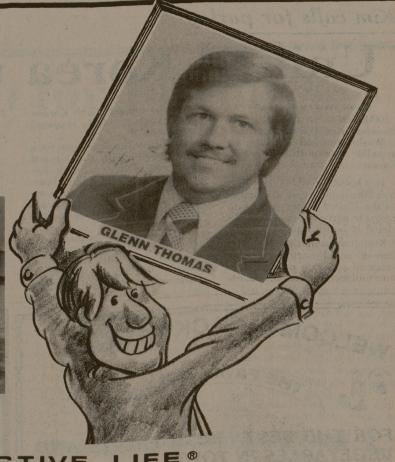
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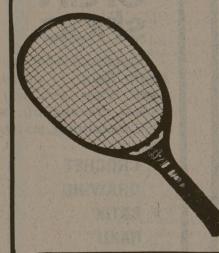
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