

**Music award winners named**

United Press International  
SANTA MONICA, Calif. — Stevie Wonder, Conway Twitty, Loretta Lynn, and the group Fleetwood Mac were double winners in the "American Music Awards" Monday night. Wonder was named top male

soul singer and his "Songs in the Key of Life" was picked as best soul music album. Twitty was picked the best male country singer and shared with Loretta Lynn the top country group award. Fleetwood Mac was named

top pop group and their "Rumors" was picked favorite pop album.

Lynn took the top female country singer award in addition to sharing the duo award with Twitty.

**Headache 'cure' better than aspirin**

United Press International  
INDIANAPOLIS — John C. Shook put the .38-caliber revolver to his temple and pulled the trigger. He was trying to get rid of a headache.

But the gun didn't fire. "I left two chambers empty, just for safety, because of the kids," he said. "I forgot that at the time."

"When I realized I had survived a minute or two longer with the pain, I waited and the darned thing started backing down."

Shook, 33, an Indianapolis electrician, managed to hold on until morning, then called for an appointment with a Chicago clinic which specializes in cluster headaches. Dr. Seymour Diamond, a neurologist who heads the clinic, calls them "man's most terrible pain."

The pain is on one side of the head, boring outward through one eye, while the nose runs. It makes strong men weep, writhe, roll, yell, pace, punch and bang their heads on walls, according to researchers.

There is disagreement about cause and treatment of cluster headaches, Diamond said, but they are associated with blood vessel functions and apparently not with the nervous system.

Shook, who began suffering the headaches seven years ago, got them year-round, often several times in the same day.

"The last few years, I've had one or two a week and then clusters of them, two or three a day or at night," he said. "The pain levels are unbelievable. I didn't know how bad they were until the last few months."

Shook heard of the Chicago clinic two years ago, but when his wife, Pat, called, she was told no appointments were open for several months.

"We dropped it. I wished to God we hadn't. I might never have reached this kind of torment."

Shook said the headaches cost him money and jobs. They took him to about 30 doctors and brought accusations he was pretending in order to obtain narcotics.

"I don't have trouble getting a job or keeping a job, but on a couple they let me go because I missed so much work."

"And when you're taking nine or 10 Darvons painkilling pills in an evening, you can't work the next day. I've never met anyone or anything that ran me up against a stone wall like this did."

Now Shook is off the pills and ju-

bilant. But there's no telling how long he'll be permanently free of headaches.

Victims not knowing their turn have had their treatment and submitted to surgery, Diamond said.

"The majority of cluster men — typically hard-drinking men — bring on the headaches by drinking hard-drinking men. Often women-dependent, let's wives take over numerous."

Migraine responds to Diamond said, while cluster headaches often come during sleep.

Treatment involves pain drugs and sometimes a called histamine desensitization.

Histamine is a body which some physicians with the onset of the attack receiving it in increasing some victims seem to be headaches for long periods.

Shook was so glad for a newspaper want ad which simply, "Cluster Headache," gave his phone number.

"The only reason I can tell people about Diamond clinic, so they wouldn't get and blow their head off about to do."

**MEET CHA AT MAMA'S PIZZA**

during

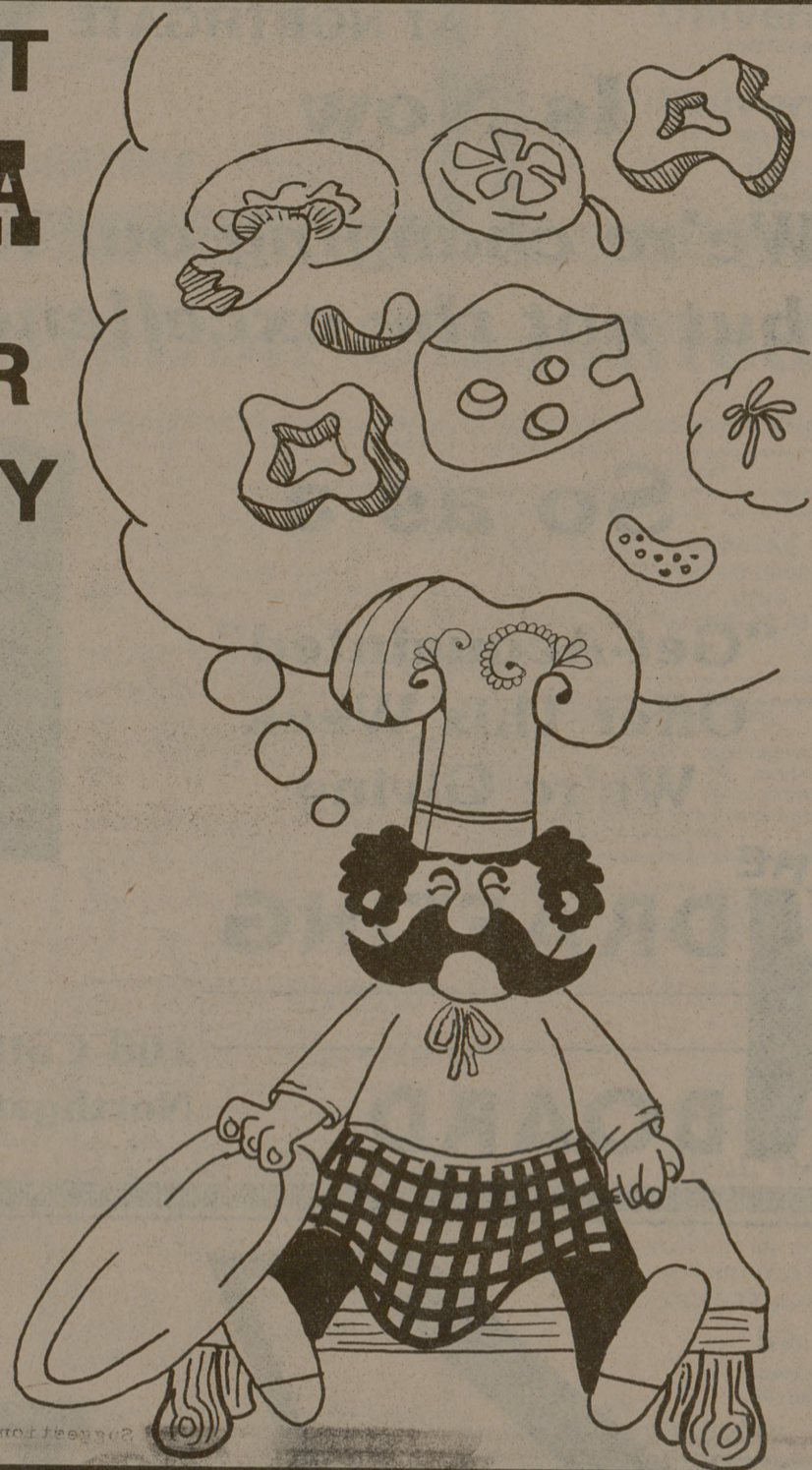
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