

Women's liberation causes emotional problems for many

United Press International
WASHINGTON — A female psychiatrist says the liberation of women during the past few years has created new emotional problems in work, sexual and family settings as well as expanded opportunities.

"There is much evidence that the new freedoms have brought new anxieties," Dr. Ruth Moulton said in a report in the January issue of the American Journal of Psychiatry.

She said problems were inevitable because rapid cultural change disturbs the established psychological equilibrium.

"The unconscious lags behind, making emotional readjustment difficult. Individual ego strength and flexibility are put to the test."

Dr. Moulton, assistant clinical professor of psychiatry at Columbia University, said she found remarkable changes in the symptoms of women patients she saw between 1953 and 1956 and between 1973 and 1976.

The problems of the '50s group revolved around sex, marriage and child rearing. Sexual problems were paramount with many patients suffering from various degrees of frigidity.

Dr. Moulton said problems of this kind were rarely encountered in the '70s. The attitudes of the women she studied were much freer and, although divorce was more common, sex played a much less important role in marital conflicts.

She said she saw four major classes of problems in women she treated in the past few years:

- Re-entry anxiety. The process of a long-homebound woman returning to work in the outer world required tremendous effort on the part of many patients.
- They had dropped out of the job market or college because of early

marriages, fears about achieving independence or deep convictions of inadequacy.

— Performance anxiety. Some patients had difficulty in asserting themselves, as when they were called on to speak in public. Dr. Moulton said some women experience such overwhelming anxiety that they feel faint and are forced to leave the room.

— Self-assertion anxiety. Dr. Moulton said it often is difficult for women in the corporate world to learn to "stick up" for themselves with dignity because they have had as much experience.

— Identity conflict. Dr. Moulton said there sometimes is a conflict between a woman's sense of personality and her professional identity in which marriage often is a threat to autonomy.

Opponents delay measure

Bill to tax farms by production could increase city school taxes

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AUSTIN — A proposal to lower taxes for agricultural property near rural areas would increase school district taxes for many urban residents, one senator says.

"This ain't no time to be repealing taxes and giving special privileges to certain people," said Sen. Oscar Mauzy, D-Dallas.

Mauzy said the proposal by Sen. Tom Creighton, D-Mineral Wells, would force owners of nonagricultural land in many urban school districts to pay higher taxes.

Mauzy and other opponents yesterday blocked Senate consideration of the measure to permit tax assessments on farm, ranch and timber lands based on the productivity of the property.

Creighton argued unsuccessfully that agricultural producers are being driven out of business by taxes based on land's market value.

"Agricultural lands are being sold

simply because they cannot make enough money to pay the taxes," Creighton said. "What we are trying to do is keep agricultural land in the production of food and fiber."

Creighton said the measure would increase taxes paid by farmers and ranchers in many rural areas, but would provide tax relief for agricultural landowners on the outskirts of cities where land prices are spiraling.

Sen. Lloyd Doggett, D-Austin, said Creighton's proposal would give tax breaks to corporations as well as individuals owning agricultural land.

Senators voted 24-6 to debate the proposal — one vote short of the four-fifths majority needed to consider a bill during the first 60 days of a legislative session.

The Senate approved and sent to the House bills to expand investment opportunities for insurance companies, exempt charity auctions

from sales taxes and prohibit municipal utilities from condemning land for lignite.

The Senate approved 25-6 and 24-7 bills by Sen. O.H. Harris, R-Dallas, to eliminate certain restrictions on life-insurance company investments in corporate securities and oil royalties.

Mauzy complained the bills could lead to inside dealing between companies.

Sen. Max Sherman, D-Amarillo, won 30-1 passage of his bill to exempt from sales taxes merchandise sold at once-a-year auctions conducted by religious, charitable or educational groups.

The restriction on utility companies' power to condemn land was approved 29-2. Sen. William T. Moore, D-Bryan, said representatives of the Municipal Power Pool had threatened to condemn the land of Grimes County landowners who balked at prices offered for their coal.

Interest in breakfast needs for kids may create morning meal in Consol

Is there a need for serving breakfast at school? The A&M Consolidated School District is trying to find out.

Ann Barton, Food Services Director, at A&M Consolidated is working with principals in the Consolidated schools to determine if there is enough interest in a breakfast program in this school district.

"The principals feel there's not as much need for one here as in, say, Bryan," Barton said. "But if enough parents express the need (for a breakfast serving) we'll develop a program."

Barton and the principals are currently conducting surveys of parents of the students.

Students who now qualify for free or reduced lunches would automatically qualify for the program. With an enrollment of almost 3,200 in the district, there are 539 students now on the free or reduced lunch program.

To qualify, an application is filled out and the selections are made on the basis of family income level and the number of children in the family.

The meal also would be available

to other students at a minimal cost. Barton estimated it would be 40 to 45 cents per meal.

If the school district decides to start the breakfast program, it must meet Texas Education Agency requirements. The minimum amount to be served would be a cup of milk, one-half cup of fruit, vegetables or both, and one serving from a bread group.

"It will be a nutritious meal," Barton said.

If the surveys show that a breakfast program would be worthwhile, it would begin next semester.

—Maureen Bucek

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