

Sbisa Hall, Duncan Hall & Commons Meal Schedule

Week Beginning March 28 Thru April 3 Master Menu No. 1

SUNDAY BREAKFAST			
*Coffee, *Milk *Ass'l Dry Cereal *Pan Fried Bacon & Sausage *Scrambled Eggs - Fried Eggs *Blueberry Pancake w/yrup *Fresh Orange Juice	*Toast - *Oleo *Grape Jelly *Strawberry & Peach Preserves	ENTREES AND SOUPS *Baked Ham (2 oz.) & Seconds *Fruit Sauce *Shrimp Creole & Seconds	BEVERAGES Grape Drink, Hot Tea, Coke, Sprite, Hot Choc., Grapefruit Juice, Pineapple-Grapefruit Juice
ENTREES AND SOUPS *Baked Ham (2 oz.) & Seconds *Fruit Sauce *Shrimp Creole & Seconds	VEGETABLES AND FRUITS *Candied Sweet Potatoes *White Lima Beans w/Ham base *Steamed Rice *Buttered Frozen Peas w/onions	DINNER SALADS, RELISHES, DRESSINGS *Applesauce *Strawberry Jello w/peach halves *Fruity Fruit Salad *Orange Jello Parfait w/whopping *Tossed Salad, Cottage Cheese and Canned Tomatoes	DESSERTS AND BREADS *Open Ice Cream Bar *Hot Rolls & Bread - Oleo *Ass'l Fruit Flout Parfait *Banana Nut Cake *Yellow Cake w/choc. icing
NO EVENING MEAL			
*Tomato Juice, *Coffee, *Milk *Ass'l Dry Cereal *Toast - *Oleo *Grape Jelly, *Strawberry & Peach Preserves *Scrambled Eggs *Sausage Patties	*2. Pan Fried Bacon *Blueberry Muffins	MONDAY BREAKFAST 3. Continental Breakfast *Doughnuts *Blueberry Muffins	BEVERAGES *Iced Tea, Hot Tea, Coffee, Hot Choc., Grape Drink, Grapefruit Juice, Sprite, Cola, Pink Lemonade, Fruit Punch, Pineapple-Grapefruit Juice, Orange Juice
ENTREES AND SOUPS *Pizza 4 oz. & Seconds *Chicken Chop Suet w/La Choy Noodles & Seconds	VEGETABLES AND FRUITS *Whole String Beans w/Ham base *Buttered Carrots *Buttered Rice	DINNER SALADS, RELISHES, DRESSINGS *Red & White Cole Slaw *Orange & Lime Layered Jello Parfait *Banana Nut Salad *Lemon Jello w/peach halves *Tossed Veg. Salad *Cottage Cheese & Canned Tomatoes	DESSERTS AND BREADS *Open Ice Cream Bar *Peanut Butter Cake *Ass'l Cookies *Bread - Oleo *Whipped Orange Jello w/peach nuggel parfait
*Beef & Vegetable Soup *Sliced Chicken Sandwich *Ham Salad Sandwich	*Potato Chips *Frito Chips	SUPPER *Fruited Rice *Under the Sea Salad *Strawberry Jello Salad w/whipped cottage cheese *Barro & Raisin Salad *Tossed Salad, Cottage Cheese & Canned Tomatoes	BEVERAGES *Fruit Punch, Iced Tea, Hot Tea, Coffee, Hot Choc., Grape Drink, Grapefruit Juice, Sprite, Cola, Pink Lemonade, Pineapple-Grapefruit Juice, Milk, Choc. and Low Fat Milk, Orange Juice
*Grilled Beef Steak Au Jus *Beef & Noodles & Seconds	*French Fries *Under the Sea Salad *Noodles *Buttered Peas w/granulated onions	DRESSING: French, Italian, 1,000 Island *Relishes: Mustard, Catsup, Salad Dressing, Pickle *Relish, Chopped Lettuce	BEVERAGES *Fruit Punch, Iced Tea, Hot Tea, Coffee, Hot Choc., Grape Drink, Grapefruit Juice, Sprite, Cola, Pink Lemonade, Pineapple-Grapefruit Juice, Choc. and Low Fat Milk, Orange Juice
*Coffee, *Milk, *Orange Juice *Ass'l Dry Cereal *Toast - *Oleo *Grape Jelly, *Strawberry & Peach Preserves *1. Ass'l Doughnuts *Pan Fried Bacon	*2. Scrambled Eggs *Home Fried Potatoes *Toast *Finger Steaks	TUESDAY BREAKFAST 3. Continental Breakfast *Doughnuts *Apple Strudel Rolls *Cherry Muffins	BEVERAGES Grape Drink, Hot Tea, Coke, Grapefruit Juice, Hot Choc., Sprite, Pineapple-Grapefruit Juice
ENTREES AND SOUPS *Turkey Pot Pie 1 ea. & No Seconds *8 1/2-Size Fish 6 ea. & Seconds *Tartar Sauce	VEGETABLES AND FRUITS *Baked Macaroni & Cheese *Onion Rings 4 ea. & Seconds *Buttered Peas w/granulated onions *Snowflake Rice	DINNER SALADS, RELISHES, DRESSINGS *Lemon & Orange Jello *Cole Slaw *Pineapple Snooky Salad *Three Bean Salad *Tossed Salad, Cottage Cheese & Canned Tomatoes	DESSERTS AND BREADS *Open Ice Cream Bar *Peanut Butter Cake *Ass'l Cookies *Bread - Oleo *Rice Pudding w/pineapple part
*Corned Beef Sandwich *Grilled Cheese Sandwich *Chicken Noodle Soup *Tuna Salad Sandwich	*Potato Chips *Frito Chips	SUPPER *Mexican Cole Slaw *Mexican Salad *Grape Jello Parfait *Apple Cider Pineapple *Tropical Ambrosia Salad *Lime Jello w/pineapple rings *Tossed Salad, Cottage Cheese and Canned Tomatoes *Jalapeno Pepper	BEVERAGES *Fruit Punch, Hot Tea, Iced Tea, Coffee, Hot Choc., Grape Drink, Grapefruit Juice, Sprite, Cola, Pink Lemonade, Pineapple-Grapefruit Juice, Choc. and Low Fat Milk, Orange Juice
Hobo Meat Duncan Only *Mexican Dinner *Enchiladas 1 each *Tamales 2 each *Chile Con Queso *Chile	*Spanish Rice *Pinto Beans *Mexican Corn	WEDNESDAY BREAKFAST 3. Continental Breakfast *Doughnuts *Cherry Strudel Rolls *Nut Roll	BEVERAGES Grape Drink, Pineapple-Grapefruit Juice, Hot Tea, Coke, Sprite, Hot Choc., Orange Juice
*Hamburgers *Hot Dogs - Chili	*Dorito Chips	DRESSING: French, Russian, 1,000 Island *Relishes: Mustard, Catsup, Salad Dressing, Pickle *Chopped Onion, Tomato, Lettuce *Fruit: Peach Halves	BEVERAGES *Fruit Punch, Iced Tea, Hot Tea, Coffee, Hot Choc., Grape Drink, Grapefruit Juice, Sprite, Cola, Pink Lemonade, Pineapple-Grapefruit Juice, Choc. and Low Fat Milk, Orange Juice
*Grapefruit Juice, *Coffee, *Milk *Ass'l Dry Cereal *Toast - *Oleo *Grape Jelly, *Strawberry & Peach Preserves *1. Fresh Fruit *Hotcakes & Syrup *Finger Steaks	*2. Cherry Strudel *Pan Fried Bacon	THURSDAY BREAKFAST 3. Continental Breakfast *Doughnuts *Cherry Strudel Rolls *Nut Roll	BEVERAGES Grape Drink, Grapefruit Juice, Pineapple-Grapefruit Juice, Hot Choc., Hot Tea, Coke, Sprite
ENTREES AND SOUPS *Braised Beef w/ gravy 4 oz. & Seconds *Barbecue Franks 2 ea. & Seconds	VEGETABLES AND FRUITS *Buttered Noodles *Pork & Beans *Buttered Chopped Broccoli	DINNER SALADS, RELISHES, DRESSINGS *Cherry Jello w/fruit cocktail *Fruit Marshmallow Dessert *Red & White Cole Slaw *Ambrosia Salad *Green Salad, Cottage Cheese & Italian Tomatoes	DESSERTS AND BREADS *Ice Cream Bar *Apple Pie *Applesauce Cake w/white icing *Chocolate Cake *Tartar Sauce w/choc. syrup part *Bread - Oleo
*Pasta Sandwiches (1 ea.) *Grilled Cheese Sandwich (1 ea.) *Tomato Soup *Chicken Salad Sandwich	*Potato Chips *Frito Chips	SUPPER *Dressings: French, 1,000 Island, Vinegar & Oil *Relishes: Lettuce, Tomatoes, Mustard, Salad Dressing, Chopped Onion, Catsup *Fruit: Pineapple Chunks	BEVERAGES *Fruit Punch, Hot Tea, Iced Tea, Coffee, Hot Choc., Grape Drink, Grapefruit Juice, Sprite, Cola, Pink Lemonade, Pineapple-Grapefruit Juice, Choc. and Low Fat Milk, Orange Juice
*Roast Fresh Ham 4 oz. & Dressing & Apple Nugget *Sauce & Gravy *Seconds on all items except pork *Chicken & Curry Egg Noodles & Seconds	*Steamed Rice *Buttered Yellow Corn *Pinto Beans w/salt pork	FRIDAY BREAKFAST 3. Continental Breakfast *Doughnuts *Cherry Strudel Rolls *Nut Roll	BEVERAGES *Fruit Punch, Iced Tea, Hot Tea, Coffee, Hot Choc., Grape Drink, Grapefruit Juice, Sprite, Cola, Pink Lemonade, Pineapple-Grapefruit Juice, Choc. and Low Fat Milk, Orange Juice
*Hamburgers 2 ea. & No Seconds *Frisks *Chili	*Potato Chips *Frito Chips	DRESSING: French, 1,000 Island, Vinegar & Oil *Relishes: Lettuce, Tomatoes, Mustard, Salad Dressing, Chopped Onion, Catsup *Fruit: Pineapple Chunks	BEVERAGES *Fruit Punch, Iced Tea, Hot Tea, Coffee, Hot Choc., Grape Drink, Grapefruit Juice, Sprite, Cola, Pink Lemonade, Pineapple-Grapefruit Juice, Choc. and Low Fat Milk, Orange Juice
*Orange Juice, *Coffee, *Milk *Ass'l Dry Cereal *Toast - *Oleo *Grape Jelly, *Strawberry & Peach Preserves *1. Ass'l Doughnuts *Grilled Ham	*2. Hotcakes & Syrup *Sausage Patties	THURSDAY BREAKFAST 3. Continental Breakfast *Doughnuts *Nut Rolls *Cinnamon Strudel Rolls	BEVERAGES Grape Drink, Grapefruit Juice, Pineapple-Grapefruit Juice, Hot Choc., Hot Tea, Coke, Sprite
ENTREES AND SOUPS *Baked Tuna & Noodles & Seconds *Meatball Stroganoff 5 ea. & Seconds	VEGETABLES AND FRUITS *Buttered Rice *Out Green Beans w/Ham base *Buttered Carrots	DINNER SALADS, RELISHES, DRESSINGS *Peanut Butter & Jelly *Mexican Salad *Banana Nut Salad *Egg & Green Onion Salad *Tossed Salad *Cottage Cheese & Canned Tomatoes	DESSERTS AND BREADS *Open Ice Cream Bar *Cherry Pie *Sugar Cookies *Vanilla Pudding *Bread - Oleo *Peach Cream Cake
*Pan Fried Steak & Gravy 3 oz. No Seconds *Meat Loaf 4 oz. Creole Sauce & Seconds	*Home Fried Potatoes *Mustard Green w/Ham base *Frozen Mixed Vegetables	SUPPER *Dressings: French, 1,000 Island, Vinegar & Oil *Relishes: Catsup, Mustard, Salad Dressing, Pickle *Relish *Fruit: Mixed Fruit	BEVERAGES *Iced Tea, *Milk, Hot Tea, Hot Choc., Grape Drink, Grapefruit Juice, Sprite, Cola, Pink Lemonade, Pineapple-Grapefruit Juice, Choc. & Low Fat Milk, Orange Juice
*Hamburgers *Cheeseburgers *Hot Dog - Chili	*French Fried Potatoes (Duncan Only) *Potato Chips *Frito Chips	DRESSING: French, 1,000 Island, Bleu Cheese *Relishes: Catsup, Mustard, Salad Dressing, Lettuce, Tomatoes, Chopped Onion, Relish *Fruit: Mixed Fruit	BEVERAGES *Hamburger Buns *Hot Dog Buns
*Coffee, *Milk, Fresh Fruit *Ass'l Dry Cereal *Toast - *Oleo *Grape Jelly, *Strawberry & Peach Preserves *1. Scrambled Eggs *Sausage Links *Hot Biscuits (Duncan Only)	*2. Doughnuts *Bacon	FRIDAY BREAKFAST 3. Continental Breakfast *Doughnuts *Cherry Rolls *Coffee Cake	BEVERAGES Grape Drink, Orange Juice, Grapefruit Juice, Pineapple-Grapefruit Juice, Hot Tea, Coffee, Hot Choc., Coke, Sprite
ENTREES AND SOUPS *Braised French Cut Cod Fish (3 oz.) *Tartar Sauce & Seconds *Beef Stew (6 oz. & 3 on Seconds)	VEGETABLES AND FRUITS *Lyonaise Potatoes (1) *Buttered Yellow Corn *Turnip Greens w/Ham base	DINNER SALADS, RELISHES, DRESSINGS *Veg. Cole Slaw *Raspberry Jello w/peach nuggel *Whipped Lime & Cottage Cheese Jello *Fruited Rice Salad *Green Salad, Cottage Cheese and Canned Tomatoes	DESSERTS AND BREADS *Open Ice Cream Bar *Cherry Pie *Sugar Cookies *Vanilla Pudding *Bread - Oleo *Peach Cream Cake
*Roast Beef Sandwich (1 ea.) *Grilled Cheese Sandwich *Cream of Mushroom Soup *Ham Salad Sandwich	*Potato Chips *Frito Chips	SUPPER *Dressings: French, 1,000 Island, Vinaigrette *Relishes: Catsup, Mustard, Salad Dressing *Fruit: Apricot Halves	BEVERAGES *Whole Wheat & White Bread
*Chicken Fried Pork Steak & Gravy 1 ea. & No Seconds *Beef Taco Roll w/cheese & cheddar (1 ea. & Seconds)	*Blackeyed Peas w/dry salt pork *Buttered Out Broccoli w/Hollandaise Sauce *Fruity Mashed Potatoes	SUPPER *Celery, Carrot Sticks & Green Onions *Orange Jello Parfait *Mexican Salad *Under the Sea Salad *Garden Veg. Salad *Cottage Cheese & Canned Tomatoes	BEVERAGES *Punch, Iced Tea, Hot Tea, Hot Choc., Grape Drink, Grapefruit Juice, Sprite, Cola, Pink Lemonade, Fruit Punch, Pineapple-Grapefruit Juice, Choc. Milk & Low Fat Milk, Orange Juice
*Hamburgers *Hot Dogs - Chili	*Potato Chips *Frito Chips	DRESSING: French, 1,000 Island, Celery *Fruit: Apricot Halves *Relishes: Catsup, Mustard, Salad Dressing, Chopped Onion, Tomato, Lettuce	BEVERAGES *Hamburger Buns *Hot Dog Buns
*Coffee, *Milk, *Pineapple Juice *Ass'l Dry Cereal *Toast - *Oleo *Grape Jelly, *Strawberry & Peach Preserves *1. Cinnamon Nut Roll *Ham	*2. Scrambled Eggs *Sausage Patties	SATURDAY BREAKFAST 3. Hotcakes w/syrup *Fried Eggs *Sausage Patties	BEVERAGES Grape Drink, Grapefruit Juice, Pineapple-Grapefruit Juice, Hot Choc., Hot Tea, Coke, Sprite, Orange Juice
ENTREES AND SOUPS *Fried Chicken (8 oz.) 2 ea. & Seconds *Chicken (2 ea.) *Cream Gravy *Canned Stuffed Bell Pepper *Creole Sauce & Seconds *Topped w/cheese Strip	VEGETABLES AND FRUITS *Whipped Potatoes *Green Garden Peas buttered w/gran. Onions *Butter Yellow Squash	DINNER SALADS, RELISHES, DRESSINGS *Waldorf Salad *Cherry & Lime Jello Jewels *Sliced Peaches w/cottage cheese *Whipped Raspberry Parfait *Pineapple Marshmallow Cole Slaw *Tossed Salad, Cottage Cheese & Canned Tomatoes	DESSERTS AND BREADS *Open Ice Cream Bar *Apple Cobbler *Choc. Pudding Parfait *Hot Rolls *White, Whole Wheat Bread
*Salsbury Steak (4 oz.) & Seconds *Mushroom Gravy *Breaded Fish Portions 3 oz. & Seconds	*Hash Brown Potatoes *Oz. & Tomatoes *Buttered Mixed Veg.	SUPPER *Strawberry Jello w/fruit nuggel *Perfection Salad *Orange - Carrot Mashed Salad *Pickled Beets & Onion *Tossed Salad, Cottage Cheese	BEVERAGES *Iced Tea, *Milk, Fruit Punch, Hot Choc., Hot Tea, Grape Drink, Grapefruit Juice, Pineapple-Grapefruit Juice, Sprite, Cola, Low Fat Milk, Orange Juice
DRESSING: French, 1,000 Island, Italian *Relishes: Catsup *Fruit: Pineapple Ring			

This menu is recommended by the student menu board. Please contact your menu board member if you desire changes in the menu.
All items served at Sbisa and Commons. *Items served at Duncan Hall. Breakfast 1 and 2 served in opposite wings of Duncan Hall. Due to limited equipment it is impossible to serve the same breakfast varieties in both wings at one time.
THIS MENU IS SUBJECT TO CHANGE WITHOUT NOTICE DUE TO POSSIBLE FOOD SHORTAGES FROM SUPPLIERS.

First fem managers . . . give aid to track team

By DEBBY KRENEK
Battalion Staff Writer
The old saying "behind every successful man there's a woman" applies to the Texas A&M University men's track team this season. It has female managers for the first time.
With a clipboard in each hand, stopwatches tied around their necks and pencils between their teeth, Jamie Blaine and Beverly Jones spend two hours each day timing team members during practice.
"The whole idea started out as a joke," Jones said. "Adebi (A&M track member) said he needed some women managers. I jokingly introduced me to (Charlie) Thomas."
Blaine met Thomas through her father who was once a distance runner for the A&M track team. He went to track meets and he father time at the high school he coaches," Blaine said.
The team had been having finding managers because they wanted to work for nothing, Thomas said. When he heard about the idea of women managers he didn't think much of it. He needed the managers so he could have two to come out for practice.
"I think they're a definite asset to the team because it seems like they can get a guy to work harder than a coach or another guy can," said. They keep after each other until he completes his runs and exercises for the day.
"I think the whole idea is a good one since they've been on the team member Shifon Baker. The women's main job is to time the athletes during practice. They also move hurdles, starting blocks and ration out track meets.
"It really gets hectic when trying to time five guys running the same time. At first it was a little awkward because we didn't know names, but now it's easy," said.
The women said that they were scared to be managers because they thought people might think they were out to chase guys.
"A lot of people ask us if we most of our time in the rooms," Blaine said.
The male managers distribute uniforms since the two women are not allowed in the dressing rooms. "It helps that they can't get into the rooms because we need someone to work with the athletes at all times," said. The male managers are always going in and get something to eat after practice," Thomas said.
Both women said they were proud of the team because they were the joke around with the men's track team. They encourage the team's spirit is down and push them to complete their practice when they're tired.
And their reward? The opportunity to meet more people and have new friends," they said.



Jamie Blaine (left) and Beverly Jones record the times of A&M runners.

"MR. UNIVERSE"
Contest

GREAT BOOKS

Movie: "Hercules Unchained"

FOOD

Friday 7:30 p.m., March 26
Baptist Student Union

BUDGET
TAPES & RECORDS

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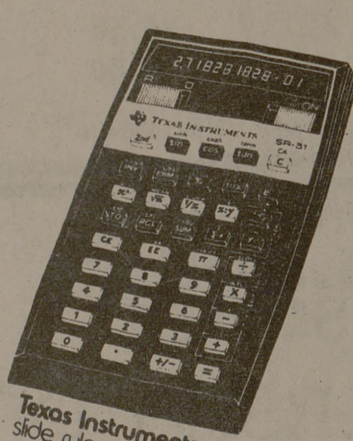
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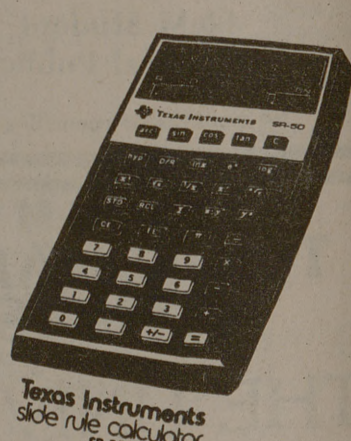
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Raiders to begin practice

Associated Press
LUBBOCK — Texas Tech Coach Steve Sloan will begin his second season at the helm of the Raiders this month welcoming turning lettersmen, including offensive starters, when they off spring drills March 29.
The Red Raiders return to starting offensive backfield three-fourths of the line that finished a school record for the fense last season and finished the Southwest Conference's most productive production.
On defense the loss of starters in the secondary and tight ends along the front line, and the three-year All-Southwest Conference performer Emett Emett leaves some gaping holes.
The annual Red-Black game in spring drills will be played at 7 p.m., May 1, in Jones Stadium. Texas Tech will open the 1976 Sept. 11 in Lubbock against eight power Colorado.