

Sbisa Hall, Duncan Hall & Commons Mea Schedule

Week Beginning February 15 Thru February 21 Master Menu No. 5

| SUNDAY BREAKFAST | | | | BEVERAGES | | | |
|--|---|--|--|--|--|--|--|
| *Coffee, *Milk *Ass 1 Dry Cereal *Pan Fried Bacon & Sausage *Scrambled Eggs - Fried Eggs *Blueberry Pancake w/syrup *Fresh Orange Juice | *Toast - *Oleo *Grape Jelly *Strawberry and *Peach Preserves | *Applesauce *Strawberry Jello w/Peach Halves *Fluffy Fruit Salad *Grape Jello Parfait w/Coconut *Tossed Salad, Cottage Cheese and Canned Tomatoes | *Open Ice Cream Bar *Hot Rolls & *Bread - *Oleo *Ass 1 Fruit Fluff Parfait *Banana Cake *Yellow Cake w/Chocolate Icing | *Iced Tea, Hot Tea, Coffee, Hot Chocolate, Grape Drink, Grapefruit Juice, Sprite, Cola, Pink Lemonade, Fruit Punch, Pineapple-Grapefruit Juice, Orange Juice | | | |
| ENTREES AND SOUPS | | | | VEGETABLES AND FRUITS | | | |
| *Baked Ham, 3 oz. & Seconds *Fruit Sauce (Toppings) *Shrimp, *Coke & Seconds *Sausage Patties | *Candied Sweet Potatoes *White Lima Beans w/Ham Base *Shrimped Rice *Buttered Frozen Peas w/Onions | *DRESSINGS: French, 1,000 Island, Bleu Cheese *Ranch, *Catsup, *Mustard, *Salad Dressing *Fruit: Mixed Fruit | | | | | |
| NO EVENING MEAL | | | | MONDAY BREAKFAST | | | |
| *Tomato Juice, *Coffee, *Milk *Ass 1 Dry Cereal *Toast - *Oleo *Grape Jelly, *Strawberry & *Peach Preserves *Scrambled Eggs *Sausage Patties | *2. Pan Fried Bacon *Blueberry Muffins | 3. Continental Breakfast *Donutnuts, Nut Rolls *Blueberry Muffins | 4. Hotcakes w/Syrup *Fried Eggs *Sausage Patties | | | | |
| ENTREES AND SOUPS | | | | VEGETABLES AND FRUITS | | | |
| *Pizza, 4 oz. & Seconds *Chicken Chop Suet w/LaChoy Noodles & Seconds | *Whole String Beans w/Ham Base *Buttered Carrots *Noodles | *DRESSING: French, 1,000 Island, Vinaigrette *Fruit: Pear Halves *Relishes: *Mustard, *Catsup, *Salad Dressing, *Pickle Relish, *Chopped Lettuce | | | | | |
| ENTREES AND SOUPS | | | | VEGETABLES AND FRUITS | | | |
| *Turkey Pot Pie, 1 ea. & No Seconds *Big Size Fish, 6 ea. & Seconds *Tartar Sauce | *French Fries *Honey, *Buttered w/Ham Base *Noodles *Buttered Peas w/Granulated Onions | *DRESSING: French, Russian, 1,000 Island *Relishes: *Catsup, *Mustard, *Salad Dressing, *Tomatoes, *Lettuce *Fruit: Pear Halves | | | | | |
| ENTREES AND SOUPS | | | | VEGETABLES AND FRUITS | | | |
| *Corned Beef Sandwich *Grilled Cheese Sandwich *Chicken Noodle Soup *Tuna Salad Sandwich | *Potato Chips *Frito Chips | *DRESSING: French, Italian, 1,000 Island *Relishes: *Mustard, *Catsup, *Salad Dressing, *Pickle Relish, *Chopped Lettuce, *Tartar Sauce *Fruit: Peach Halves | | | | | |
| ENTREES AND SOUPS | | | | VEGETABLES AND FRUITS | | | |
| *Hobo Meal: *Duncan Only *Mexican Dinner *Enchilada, 1 each *Tamales, 2 each *Chie Con Queso *Chie | *Spanish Rice *Pinto Beans *Mexican Corn | *DRESSING: French, 1,000 Island *Relishes: *Catsup, *Mustard, *Salad Dressing, *Chopped Onion, *Tomato, *Lettuce *Fruit: Peach Halves | | | | | |
| ENTREES AND SOUPS | | | | VEGETABLES AND FRUITS | | | |
| *Hamburgers *Hot Dogs *Chie | *Dorito Chips | *DRESSING: French, 1,000 Island *Relishes: *Catsup, *Mustard, *Salad Dressing, *Chopped Onion, *Tomato, *Lettuce *Fruit: Peach Halves | | | | | |
| ENTREES AND SOUPS | | | | VEGETABLES AND FRUITS | | | |
| *Grapefruit Juice, *Coffee, *Milk *Ass 1 Dry Cereal *Toast - *Oleo - *Grape Jelly *Strawberry & *Peach Preserves *1 Ass 1 Doughnuts *Hotcakes & Syrup *Finger Steaks | *2. Cherry Strudel *Pan Fried Bacon | 3. Continental Breakfast *Donutnuts *Cherry Strudel Rolls *Nut Roll | 4. Scrambled Eggs *Fried Eggs *Pan Fried Bacon | | | | |
| ENTREES AND SOUPS | | | | VEGETABLES AND FRUITS | | | |
| *Braised Beef w/Gravy, 4 oz. & Seconds *Barbecue Franks, 2 ea. & Seconds | *Buttered Noodles *Pork & Beans *Buttered Chopped Broccoli | *DRESSING: French, Italian, 1,000 Island *Relishes: *Mustard, *Catsup, *Salad Dressing, *Pickle Relish, *Chopped Lettuce, *Tartar Sauce *Fruit: Peach Halves | | | | | |
| ENTREES AND SOUPS | | | | VEGETABLES AND FRUITS | | | |
| *Pastas Sandwiches (1 ea.) *Grilled Cheese Sandwich (1 each) *Tomato Soup *Chicken Salad Sandwich | *Potato Chips *Frito Chips | *DRESSING: French, 1,000 Island, *Green Goddess *Relishes: *Catsup, *Mustard, *Salad Dressing, *Pickle Relish, *Chopped Lettuce *Fruit: Pineapple Chunks | | | | | |
| ENTREES AND SOUPS | | | | VEGETABLES AND FRUITS | | | |
| *Roast Fresh Ham, 4 oz. & Dressing & Apple Nugget *Sauce & Gravy *Seconds on all items except Pork *Chicken & Curry Egg Noodles (Section) & Seconds *Steamed Rice *Buttered Yellow Corn *Pinto Beans w/Salt Pork | *Steamed Rice *Buttered Yellow Corn *Pinto Beans w/Salt Pork | *DRESSING: French, 1,000 Island, *Vinegar & Oil *Relishes: *Catsup, *Mustard, *Salad Dressing, *Pickle Relish, *Chopped Lettuce *Fruit: Pineapple Chunks | | | | | |
| ENTREES AND SOUPS | | | | VEGETABLES AND FRUITS | | | |
| *Hamburgers, 2 ea. & No Seconds *Hot Dog - Chie | *Potato Chips *Frito Chips | *DRESSING: French, 1,000 Island, *Vinegar & Oil *Relishes: *Catsup, *Mustard, *Salad Dressing, *Pickle Relish, *Chopped Lettuce *Fruit: Pineapple Chunks | | | | | |
| ENTREES AND SOUPS | | | | VEGETABLES AND FRUITS | | | |
| *Orange Juice, *Coffee, *Milk *Ass 1 Dry Cereal *Toast - *Oleo *Grape Jelly, *Strawberry & *Peach Preserves *1 Ass 1 Doughnuts *Grilled Ham | *2. Hotcakes & Syrup *Sausage Patties | 3. Continental Breakfast *Donutnuts *Nut Rolls *Cinnamon Strudel Rolls | 4. Fried Eggs *Scrambled Eggs *Sausage Patties | | | | |
| ENTREES AND SOUPS | | | | VEGETABLES AND FRUITS | | | |
| *Baked Tuna & Noodles & Seconds *Meatball Stroganoff, 5 ea. & Seconds | *Buttered Rice *Cut Green Beans w/Ham Base *Buttered Carrots | *DRESSING: French, 1,000 Island, *Vinegar & Oil *Relishes: *Catsup, *Mustard, *Salad Dressing, *Pickle Relish, *Chopped Lettuce *Fruit: Mixed Fruit | | | | | |
| ENTREES AND SOUPS | | | | VEGETABLES AND FRUITS | | | |
| *Grilled Cheese Sandwich (1 each) *Pulaman Ham Sandwich (1 each) & Seconds *Beef Rice Soup *Tuna Salad Sandwich | *Potato Chips *Frito Chips | *DRESSING: French, 1,000 Island, *Vinegar & Oil *Relishes: *Catsup, *Mustard, *Salad Dressing, *Pickle Relish, *Chopped Lettuce *Fruit: Mixed Fruit | | | | | |
| ENTREES AND SOUPS | | | | VEGETABLES AND FRUITS | | | |
| *Pan Fried Steak & Gravy, 3 oz. No Seconds *Meat Loaf, 4 oz. *Creole Sauce & Seconds | *Home Fried Potatoes *Mustard Green w/Ham Base *Frozen Mixed Vegetables | *DRESSING: French, 1,000 Island, *Vinegar & Oil *Relishes: *Catsup, *Mustard, *Salad Dressing, *Pickle Relish, *Chopped Lettuce *Fruit: Mixed Fruit | | | | | |
| ENTREES AND SOUPS | | | | VEGETABLES AND FRUITS | | | |
| *Hamburgers *Cheeseburgers *Hot Dog - Chie | *French Fried Potatoes (Duncan Only) *Potato Chips *Frito Chips | *DRESSING: French, 1,000 Island, *Vinegar & Oil *Relishes: *Catsup, *Mustard, *Salad Dressing, *Pickle Relish, *Chopped Lettuce *Fruit: Mixed Fruit | | | | | |
| ENTREES AND SOUPS | | | | VEGETABLES AND FRUITS | | | |
| *Coffee, *Milk, Fresh Fruit *Ass 1 Dry Cereal *Toast - *Oleo *Grape Jelly, *Strawberry & *Peach Preserves *1. Scrambled Eggs *Hot Biscuits (Duncan Only) | *2. Doughnuts *Bacon | 3. Continental Breakfast *Donutnuts *Cherry Rolls *Coffee Cake | 4. French Toast *Fried Eggs *Pan Fried Bacon *Syrup | | | | |
| ENTREES AND SOUPS | | | | VEGETABLES AND FRUITS | | | |
| *Breaded French Cut Cod Fish (3 oz.) *Tater Sauce & Seconds *Beef Stew (6 oz. & 3 oz. Seconds) | *Lyonnaise Potatoes (1) *Buttered Yellow Corn *Turnip Greens w/Ham Base | *DRESSING: French, 1,000 Island, *Vinegar & Oil *Relishes: *Catsup, *Mustard, *Salad Dressing, *Pickle Relish, *Chopped Lettuce *Fruit: Mixed Fruit | | | | | |
| ENTREES AND SOUPS | | | | VEGETABLES AND FRUITS | | | |
| *Roast Beef Sandwich (1 each) *Grilled Cheese Sandwich *Cream of Mushroom Soup *Ham Salad Sandwich | *Potato Chips *Frito Chips | *DRESSING: French, 1,000 Island, *Vinegar & Oil *Relishes: *Catsup, *Mustard, *Salad Dressing, *Pickle Relish, *Chopped Lettuce *Fruit: Mixed Fruit | | | | | |
| ENTREES AND SOUPS | | | | VEGETABLES AND FRUITS | | | |
| *Chicken Fried Pork Steak & Gravy, 1 each & No Seconds *Beef Taco Roll w/Chie & Cheese (1 each and Seconds) | *Blackeyed Peas w/Dry Salt Pork *Buttered Cut Broccoli w/Hollandaise Sauce *Fruity Mashed Potatoes | *DRESSING: French, 1,000 Island, *Vinegar & Oil *Relishes: *Catsup, *Mustard, *Salad Dressing, *Pickle Relish, *Chopped Lettuce *Fruit: Mixed Fruit | | | | | |
| ENTREES AND SOUPS | | | | VEGETABLES AND FRUITS | | | |
| *Hamburgers *Hot Dogs - Chie | *Potato Chips *Frito Chips | *DRESSING: French, 1,000 Island, *Vinegar & Oil *Relishes: *Catsup, *Mustard, *Salad Dressing, *Pickle Relish, *Chopped Lettuce *Fruit: Mixed Fruit | | | | | |
| SATURDAY BREAKFAST | | | | BEVERAGES | | | |
| *Coffee, *Milk, *Pineapple Juice *Ass 1 Dry Cereal *Toast - *Oleo *Grape Jelly, *Strawberry & *Peach Preserves *1. Cinnamon Nut Roll *Ham | *2. Scrambled Eggs *Sausage Patties | 3. Continental Breakfast *Donutnuts *Fried Eggs *Sausage Patties | 4. Hotcakes w/Syrup *Fried Eggs *Sausage Patties | | | | |
| ENTREES AND SOUPS | | | | VEGETABLES AND FRUITS | | | |
| *Fried Chicken (9 cut), 2 ea. & Seconds *(Duncan) *Chicken, No Seconds *Cream Gravy *Canned Stuffed Bell Pepper *Creole Sauce & Seconds *Topped w/Cheddar Stip | *Whipped Potatoes *Green Garden Peas, *Buttered w/Granulated Onions *Butter Yellow Squash | *DRESSING: French, 1,000 Island, *Vinegar & Oil *Relishes: *Catsup, *Mustard, *Salad Dressing, *Pickle Relish, *Chopped Lettuce *Fruit: Mixed Fruit | | | | | |
| ENTREES AND SOUPS | | | | VEGETABLES AND FRUITS | | | |
| *Salsbury Steak (4 oz.) & Seconds *Mustard Gravy *Breaded Fish Portions, 3 oz. & Seconds | *Hash Brown Potatoes *Onion & Tomatoes *Buttered Mixed Vegetables | *DRESSING: French, 1,000 Island, *Vinegar & Oil *Relishes: *Catsup, *Mustard, *Salad Dressing, *Pickle Relish, *Chopped Lettuce *Fruit: Pineapple Ring | | | | | |

This menu is recommended by the student mess board. Please contact your mess board member if you desire changes in the menu.
All items served at Sbisa and Commons. *Items served at Duncan Hall. Breakfast 1 and 2 served in opposite wings of Duncan Hall. Due to limited equipment it is impossible to serve the same breakfast varieties in both wings at one time.
THIS MENU IS SUBJECT TO CHANGE WITHOUT NOTICE DUE TO POSSIBLE FOOD SHORTAGES FROM SUPPLIERS.



Backlashes

By BRUCE SUBLETT
Battalion Staff Writer

Back in the fall, I fished in several bass tournaments with my partner, throwing Bagley's Balsa B's. Naturally, I went down to the local tackle store to pick some up. I did, then promptly set them back down. They cost \$3.65 each.

My productive mind, helped by a period of surgically-enforced idleness during the Christmas holidays, came up with a solution. "I'll make my own!" I said to myself. And so I did.

The practical aspect of this little story is that you, too, can be a successful balsa lure maker. At the same time, you can save, save, save!

Now that you're sold on this marvelous idea, let's get to work. The first thing to get is balsa. I bought a package of two blocks, each 2 inches wide by 1 inch thick by 12 inches long. I got seven lure blanks from each block, which figured out to a unit cost of 10 cents.

Before you start carving up the block, study a commercial running bait or whatever you're trying to counterfeit, then draw the pattern on the block. I marked all seven patterns, then cut all of them at the same time with a jig saw. The pattern is important, because without it the tendency is to make the bait too big.

The next step is to cut each blank halfway through lengthwise with a hacksaw. This groove holds the wire that holds the hooks. Then make another cut for the diving lip. Drill a 3-8 inch hole in the bottom of the bait deep enough to hold a quarter-ounce worm weight.

After making all the cuts and holes necessary in the rough blank, shape it with a coarse wood rasp. Balsa is very soft and tends to chunk if you try to whittle it. Coarse sandpaper will finish the shaping.

After shaping the blank, form a loop in a piece of No. 10 wire by wrapping it around a nail. This is the loop that will eventually be the line

petroleum jelly to keep it from sticking to them.

All that's left now is the ways use a base coat of the make the colors cover the white is completely the bait to suit your own cause I like baits fish can way off.

The paint should be dry before the next step, giving the bait about five acrylic plastic. This finish and gives it a shine.

All that's left is the finishing, putting the hooks on. A fine be ruined with poor hook sure to select strong, sharp like No. 4 stainless steel.

The final instructions are to attach the completed bait to the line, cast it on the water yourself on the back if you haven't caught any on mine every time I throw one. I long myself I only cost a dollar.

When this glue has dried, cover the entire blank with a generous layer of epoxy. This waterproofs the bait and gives it a tough coating.

When the epoxy has dried and has been sanded smooth, prepare the blank for painting. The lip and hook attachments should be covered with

Hamill looks certain for Olympic gold

Associated Press
INNSBRUCK — United States figure skating queen Dorothy Hamill all but clinched a gold medal today with a brilliant showing in the short program, while her American teammates were shut out of the medals for the first time at the 12th Winter Olympics.

West German ski ace Rosi Mittermaier picked up her second gold medal and Norway and Finland got one gold each on the eighth day of competition at this carnival of ice and snow.

teen-ager billed as the new Peggy Fleming and Janine Fenton among America's female elite, surged into first place with a virtual lock on a gold by her short program, which counted for 40 percent of the entire competition. She was second after Tuesday's compulsory figures, which counted 20 percent, and now needs only a showing in Friday's final competition — the freestyle — to count 50 percent — to win. She is considered the best in the world.

The U.S. team, not expected to do well on today's Olympic program, saw its string of winning at least one medal a day all but ended. The Americans were blanked through the day's first three final events despite some fine individual performances, with only the men's figure skating yet to be decided. The U.S. was not expected to win a medal in that competition which was scheduled for late this afternoon.

Miss Hamill, the Connecticut

Miss Hamill, 19, has suffered stage fright in the past, but today as she scored a brilliant 88.40, Dianne de Leeuw, a Californian who is skating in the Netherlands, was fourth in the competition, with 25.50. Miss de Leeuw had been an Olympic favorite.

Miss Hamill was helped by the voting of American judge McGowan, who gave Miss Hamill marks of 5.3 for presentation and 5.2 for presentation, most of the other judges gave her 5.7 to 5.8 range. Mrs. McGowan awarded Miss Hamill a 5.9 marks.

Miss Hamill, whose record now stands at 10, said she had practiced earlier today. "I was glad it happened," she said. "I was glad to see my marks went up on the score sheet. You know, it happened in the short program of the World Championships last year. I am very happy."

She said she was "somewhat nervous" during her spectacular performance, but could feel the reaction of the crowd near the end of the minute presentation.

"You can't let up," she said. "You are not careful you can take it easily."

Wendy Burge of Gardena, Calif., was sixth overall with a 78.50. Linda Fratianne of Bridge, Calif., was seventh with a 78.00.

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what's wrong with me?
Every Tuesday, Thursday, and Saturday I feel worse than usual.
Outside of that I'm in pretty fair shape.

SUNDAY 10:45 a.m. and 6 p.m. BIBLE CLASS 9:30 a.m.

JOY UNIVERSITY LUTHERAN CHAPEL
315 N. Main — 846-6687
Hubert Beck, Pastor

Maybe if Sunday went better even Tuesdays, Thursdays and Saturdays wouldn't be quite so bad! Try it!

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