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Emergency training saves lives

STEPHENVILLE — Trauma is an injury to living tissue. Every year thousands of Americans die from trauma after car wrecks, airplane crashes and recreation and home accidents.

But they die needlessly, because the technology, equipment and training are available to save the lives.

Dr. A. B. Medlen, retired Biology Department head at Tarleton State University, and the Dallas Region of the State Health Department have joined forces to bring this type of care to North Central Texas by training Emergency Medical Technicians (EMTs).

This team is certifying and training ambulance drivers, nurses and policemen to take advantage of moments immediately after an accident or heart attack to save lives with EMT skills.

"This is more than first aid," Dr. Medlen said. "The idea now is to start treatment right at the scene of an accident.

"Doctors claim they are saving many more lives, and the patients spend less time in the hospital because they arrive at the hospital in such good shape as the result of starting treatment at the scene," he said.

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Night classes held

Medlen and the state team conduct the night classes at TSU, teaching 80 hours of theory and 40 hours of practice in a hospital. The program includes at least five emergency runs with the ambulance. Trainees then become eligible to take the test to be certified and receive a license.

"In this course, we bring in local physicians to instruct certain phases. The fire department aids in extrication during auto training and teaches resuscitation of heart patients," Medlen said.

Attendants are trained by physicians to administer aid correctly to victims.

"The EMTs are taught to evaluate victims, assess their illness or injury and to know which symptoms to treat first, according to procedures they have learned," Medlen said. "They can apply cardiopulmonary resuscitation to heart attack victims, deliver babies or start intravenous solutions when needed."

Hospital hot-line used

"They can also radio the designated hospital of a victim's arrival, alerting emergency room personnel to be ready with additional life-support equipment and care," he said.

The course takes two semesters to complete, and Dr. Medlen anticipates starting a new class each year plus instituting a refresher course that is required every two years.

In the future for North Central Texas, EMTs are the "Emodulance," equivalent to an emergency room on wheels. With this special vehicle and the EMTs, even more lives can be saved, Medlen said.

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TAMU program for small cities begins 2nd year

A \$20,521 program to help small-town officials in the Lower Rio Grande Valley come to TAMU for land-use and city-planning guidance has begun its second year, according to the office of Rep. Olin E. Teague, D-Tex.

The community Community Fellows Program is financed through the National Endowment for the Arts.

The government workers will come to the campus for five one-week sessions.

TAMU regional and urban planning professors work jointly with the Lower Rio Grande Council of Governments to select officials from about 10 towns to participate.

Joseph Luther, program coordinator of the Community Fellows Program, said that "many of the small towns have only one or two paid officials. As a result, they have to shoulder the burden of operating in many areas in which they have only limited formal knowledge.

"We find out what areas they need help with and try to fulfill these needs. We want to assist people that have little formal training, giving them the information they need to guide the development of communities in a manner that will avoid future problems.

"Small town officials, we found, have seldom really communicated their problems with each other," Luther said. "When we got them together, they realized they all were experiencing the same problems. Then they found, with cooperation, they can compare solutions and work on problems together. The result is aware officials who are involved in making decisions about creating and maintaining the community environment."

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