

Not just a weakness, alcoholism a disease

By JIM CRAWLEY
Staff Writer

The alcoholic. Who is he? What's wrong with him? Why is he? The answer to these questions is the same: No one knows for sure. Researchers in the field of alcoholism agree that alcoholism is definitely a disease, said Dr. Cles-

This is the first of a nine-part series on alcohol use in the campus environment. The main emphasis will be toward alcoholism and its treatment. Also included in the series will be articles on campus drinking habits, campus pubs and the effects on society of drinking.

Dr. Martin, head of the psychology department, not a social weakness. Before defining the alcoholic the different types of drinkers must be established.

Total abstainer — one who doesn't drink under any conditions.

Social drinker — those who drink

occasionally and rarely in excess. Usually they don't have any serious trouble with alcohol abuse.

Occasional excessive drinker — one who develops a habit of drinking heavily on certain occasions, such as holidays and special times. Also included in this group is the teenager who drinks with the gang on weekends. People in this group may be the victims of auto accidents, fights, hangovers and other problems as the result of their excessive drinking.

Heavy social drinker — one who habitually drinks heavily at social events, with resulting drunkenness on several occasions.

Alcoholic drinker — one who suffers from the disease commonly called alcoholism.

Alcoholics have recently been classified into two classes, addictive and nonaddictive alcoholics.

The nonaddictive alcoholic user has just a psychological dependence on alcohol and no true physical need. Many problem drinkers of this type still hold jobs, are married and usually don't appear sick to the general public.

Now comes the big question of alcohol to supply the answer to some mental or psychological problem they have. Then, once they start drinking, they usually can't stop and develop withdrawal symptoms after a long drinking bout.

Why is an alcoholic an alcoholic? If you know the answer, please let it be known. Thousands of researchers have spent years trying to find the cause of alcoholism, without a definite result.

Current theories range from sexual maladjustments to an allergic reaction to genetic defects, with various others spread around for contemplation.

The genetic theory of cause is currently popular because of reports that indicate the children of

alcoholic parents have a higher incidence of alcoholism than children from non-alcoholic parents. These studies were done with foster children so that the children's home environment wouldn't affect their future use of alcohol.

Another theory is the so-called Learning Theory. Martin explains this theory.

"We learn most things because the responses we learn are followed by some kind of enforcement or satisfaction. In all people there is a

certain amount of anxiety and the assumption is that in a lot of our actions we learn to reduce anxiety."

"A very effective way of reducing anxieties is consuming alcohol. Because alcohol is a depressant it lowers one's anxiety. Common among alcoholics is the inability to cope with anxieties, in a socially acceptable manner."

The Learning Theory is sound because it explains the basic social function implicit with the drinking process, said Martin.

Ex-editor convicted for drugs

Former Battalion editor Mike Rice was convicted March 14 in district court for possession of a controlled substance.

Rice, of Baytown, was assessed a five-year probated sentence and fined \$500. He was indicted by the grand jury Nov. 21 for possession of about nine pounds of marijuana.

Rice was editor of the Battalion from September, 1972 to December, 1973.

Farmer leads meteorologist in predictions

HUNTSVILLE (AP) — Farmer John McAdams, who has pitted his cow, hogs and dog up against the weather bureau's more sophisticated radar, barometer and maps, held the lead Wednesday going into finals of their 30-day weather forecasting contest.

McAdams claims he can predict the weather by the actions of his cow, Brimmer; how deep his hogs burrow in the mud and how frisky his dog Spot is. He held a 21-10 lead Sunday but dropped to 19-13 Wednesday when he missed a rain prediction.

Pitted against him is National Weather Service's chief meteorologist in Houston.

They are predicting the weather thrice weekly for 30 forecasting days, with two forecasting days left.

They give the high and low temperatures and rain for a 24-hour period in the Huntsville area, about 70 miles north of Houston.

Each gets one point for predicting the high or the low, three points for predicting rain correctly, but lose two points if no rain is predicted and it rains.

State suit filed to halt dumping sewage at sea

AUSTIN (AP) — An assistant state attorney general said Wednesday the state is filing suit against three federal agencies in a dispute over marine sanitation devices.

Phil Maxwell of the attorney general's environmental protection division said the federal suit will seek to prevent exemptions to the federal Environmental Protection Agency's (EPA) "no discharge" standard.

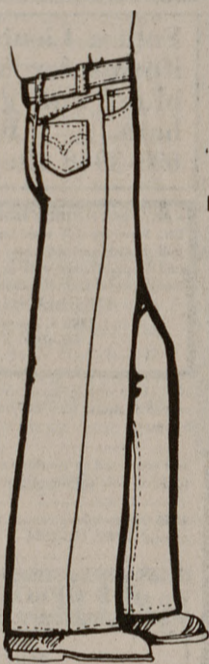
The standard prevents the discharge of any sewage from a new vessel after Jan. 30, 1977.

Maxwell said the U.S. Coast Guard, which is being sued along with the EPA and the Transportation Department, would exempt any new vessel that is equipped with a sanitation device by Jan. 30, 1976.

bulletin board

- TODAY SOIL CONSERVATION SOCIETY will discuss land use planning at 7:30 p.m. in Rudder rm. 510
- MUSLIM STUDENTS ASSOCIATION will hold a meeting in Rudder rm. 502 at 7:30 to discuss Islam and social behaviour.
- EAGLE PASS HOMETOWN CLUB meets at 8 p.m. in the lounge to discuss plans for the Easter party.
- HORSEMAN'S ASSOCIATION meets at 7:30 p.m. in rm. 215 of the AT bldg.
- ELECTRICAL ENGINEERING STUDENT WIVES CLUB meets in the Blue Flame Room of Lone Star Gas Co. at 201 E. 27th St. at 7:30 p.m.
- AGRICULTURAL COMMUNICATIONS CLUB at 7:15 p.m. in the lobby of Rudder Tower for Aggie-land picture.
- SATURDAY PAKISTAN STUDENTS ASSOCIATION presents a film "Intezar" at 11:30 a.m. in room 102 of Zachry. Admission is \$1.50, free for American students with I.D. cards.
- TUESDAY ACCOUNTING SOCIETY will hold elections at 7:30 p.m. in rm. 225 of the MSC
- STUDENTY will show "Reffer Madness" at 7:30 p.m. in MSC rm. 224

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- 8 oz. bottle **Final Net Hair Spray \$1.45**
- 12 oz. can, Very Dry **Dial Antiperspirant \$1.39**
- Pkg. of 15, Stainless Steel **FM Double Edge Blades 67¢**
- 4 1/4 oz. tube **Brylcreme99¢**
- 6.4 oz. tube, 15¢ Off Label **Close-Up Toothpaste ...73¢**

Produce Savings

- U.S. #1 Idaho **Russet Potatoes . 15¢ lb.**
- Medium Size, Vine Ripe **Tomatoes 39¢ lb.**
- 3 lb. cello bag, Michigan **Red Delicious Apples 79¢**
- California **Navel Oranges . 6 for 69¢**
- 2 lb. cello bag **Fresh Carrots 39¢**
- Large Stalks **California Celery 29¢ ea.**
- White Onions 19¢ lb.**
- 1 lb. cello bag **Fresh Radishes 25¢**

All beef cuts are USDA choice

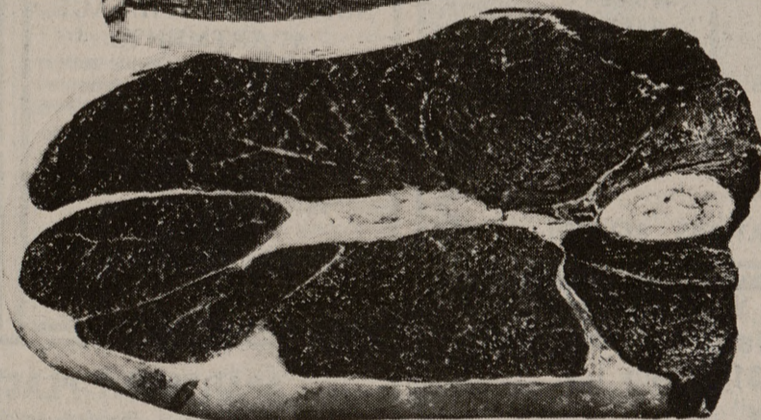
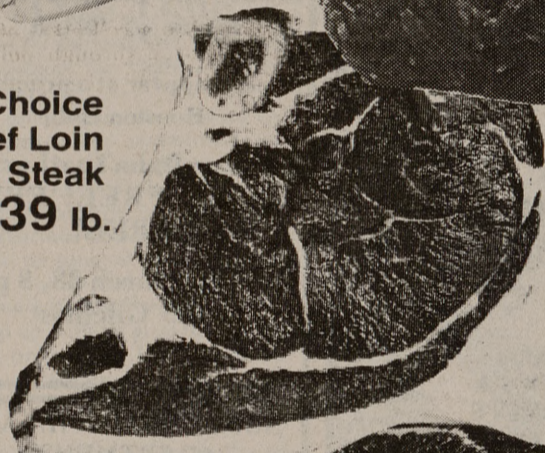


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USDA Choice Beef Round Steak \$1.17 lb.

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- USDA Choice, Beef Round **Tip Steak \$1.39 lb.**
- USDA Choice, Beef Chuck **7-Bone Steak 79¢ lb.**
- USDA Choice, Beef Chuck **Blade Steak 59¢ lb.**
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- USDA Choice **Beef Rib Eye Steak \$1.99 lb.**
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- Pork Loin **Countrystyle Ribs .. \$1.09 lb.**
- Fryer Thighs 79¢ lb.**
- Ribs Attached **Fryer Breasts 89¢ lb.**
- 1 lb. Roll, Owens **Pork Sausage \$1.19 lb.**

Grocery Savings

- 3 lb. can, Pure Vegetable **FM Shortening ... \$1.59**
- 2 lb. box, Kraft **Velveeta Cheese .. \$1.49**
- 16 oz. bottle, Wishbone **French or Italian Salad Dressing 89¢**
- Box of 100, Filter Thru **FM Tea Bags \$1.07**
- 22 oz. jar **FM Sweet Relish 85¢**
- 22 oz. jar **FM Sweet Gherkins .. \$1.07**
- 7-8 oz. box (Potato Stroganoff, Chili Tomato, Beef Noodle, Pizza, Lasagna, Cheeseburger Macaroni) **Hamburger Helper 63¢**
- 15 oz. box Angel Food **FM Cake Mix 76¢**
- 14 oz. bag, Flaked, Unsweetened **Durkee Coconut 99¢**
- 4 oz. bottle, Pure **FM Vanilla Extract 71¢**
- 16 oz. Plain or Raisin **Heartland Natural Cereal 76¢**
- 48 oz. bottle **Mazola Corn Oil \$2.39**
- 30 oz. can Sugary Sam **Louisiana Yams 49¢**

Frozen, Deli & Dairy Savings

- 1/2 gallon **FM Homogenized Milk 72¢**
- Wisconsin Sharp **FM Cheddar Cheese \$1.49 lb.**
- 1 lb. pkg. Oscar Mayer **Pure Beef Franks . 98¢ lb.**
- 1 lb. package **Oscar Mayer Bacon \$1.43 lb.**
- 9 oz. package **Morton Honey Buns ... 64¢**
- 17 oz. Package **Sara Lee Cheese Cake \$1.29**
- 8 oz. Beef, Chicken, Turkey **Swanson Pot Pies 34¢**
- 1 lb. box **Gorton Perch Fillets ... 97¢**
- 24 oz. Gorton **Quick & Easy Perch .. \$1.49**
- 24 oz. box **Gorton Fish Sticks ... \$1.67**

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