

NOTICE

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University Center Inn, located in the Memorial Student Center on campus, will be open December 13 and 14, Commencement and Commissioning Weekend.

As of January 7, 1975 University Center Inn will be open on a continuous basis except for Faculty - Staff Holidays.

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Aggies have Ghana runners

Both began running track from necessity

By ROSEMARY DURRETT
Special to the Batt
Artificial tracks and off-season training programs may be essential for the American athlete, but for Adolph Tingan and Jacob Yemme, the natural outdoors was their only training arena.

Tingan and Yemme, natives of Ghana, Africa, began their training in a different manner from American athletes. "My father is a hunter and when I was six or seven he began to take me with him," Yemme said. "And since he does his hunting on foot I had to travel at twice his pace. I guess it was then I developed my running style. I really didn't develop my skill or interest until I was in middle school."

Tingan said he also began running at regular intervals out of necessity. "I lived six miles from my school and if I was late I would run all the way." "In my primary and middle schools the track program was very undeveloped," Tingan said. Perhaps there would be one meet a year and one or two weeks beforehand they would gather all the boys together and let them run, he said.

It was not until the two were in high school that they were actually involved in any type of training or competitive program. "Even there the program is not very well planned," Tingan said. The track season starts a month before interschool competition begins. Team members are chosen among the best athletes in the preliminary interhousing competition.

Ghana is divided into nine competitive regions, Yemme said. The winners in the regional meets would then compete in the inter-regional meet and finally those which had not been eliminated would represent Ghana in the national meet.

Both Yemme and Tingan have represented their native country in national competition. "Last year my government paid my way home to compete," Yemme said. "This will be my sixth consecutive year to run in them." Yemme has received two silver medals in national competition.

It was in the inter-regional meet of 1972 that the two runners were first noticed. "Pat MeHan, a Peace Corps Volunteer, first noticed we had potential and wrote to some coaches here," Tingan said. "We were notified of the two in the spring of '72 but with the slow correspondence we couldn't get them over here until January," TAMU Head Track Coach Charles Thomas said.

The two mentors said they were both contacted by several schools but decided on A&M because the weather conditions were similar to what they were used to. Yemme said he received letters from the Universities of Nebraska, Kansas, New Mexico and Texas in addition to A&M.

Tingan received letters from Nebraska and a small college in Iowa. "I first signed with Nebraska, but I figured I might be lonely going somewhere I didn't know anybody, and since Adolph was coming here, I thought I would too," Yemme said. "But the main reason I chose A&M was because of the weather conditions."

Upon arrival in the states, Tingan and Yemme had to work double time for the 1973 track season.

"The two boys got here in January and the season began that month," Thomas said. "They weren't in the same sort of shape as the other boys because they hadn't trained regularly."

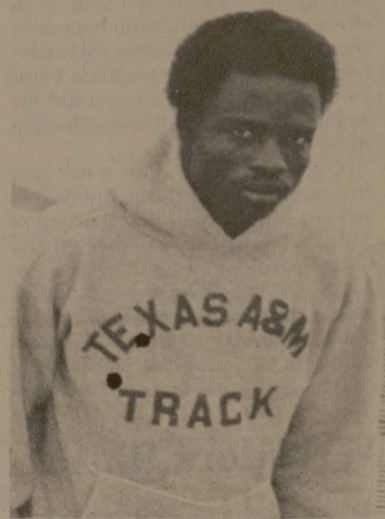
Tingan and Yemme agreed that the TAMU workouts were much more difficult than what they were used to because they were more organized. "Here you are forced to work harder," Yemme said. "You are always reminded you are on scholarship and must work hard to get to compete."

Thomas said foreign athletes are given the same scholarship provisions as all other recipients except that an age limit is set.

Although the two agreed that the workouts were difficult to adjust to, they concluded the dietary change was perhaps the most difficult to adjust to. "We are used to a basic starch diet," Tingan said "and Americans eat so much meat." "Those boys had quite a bit of trouble with their diet their first year, the food was so rich and all," Thomas said. Yemme summed up the situation saying that the food was hard to get used to, but now that they do not have to eat in Sbis dining hall, it's a lot easier.



Adolph Tingan



Jacob Yemme

Noted lacrosse goalie talks to state club

"The goalie usually ends up being the big, fat guy who can't walk and chew gum at the same time."

That was John Hopkins' All-American goalie Les Matthews describing how goalies are sometimes chosen in lacrosse. Matthews, who is exactly the opposite of this type, spoke to club representatives of the Texas Lacrosse Association (now the Southwest Lacrosse Association). He said the goalie should be one of the better athletes on the team rather than the man left over after all of the other positions are filled.

Matthews said that a goalie should have a natural athletic ability, leadership, and poise. A goalie should accept the fact that goals will be scored on him and just keep his cool, he said.

The objectives a goalie should learn are to be able to stop shots, direct the defense and have the ability to clear the ball, after foiling the

attack. Matthews also stressed the establishment of a clear communication between the goalie and the defense plus the passing phase of the game. Matthews gave some tips on drills to develop a goalie's ability.

After Matthews' lecture, Association president Dave Gruber from Texas A&M, created a sub-committee to look for lacrosse referees and develop a system to get two officials at each contest. Another committee was formed to look for possible expansion teams especially in the Fort Hood and Houston areas.

Scheduling problems between the clubs were smoothed out and the name change was made at this meeting.

A&M will begin league play Feb. 16 with the 'A' team going against San Antonio and the 'B' team playing Texas.

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