



THE MEAT PEOPLE

USDA CHOICE HEAVY BEEF

Our beef is the finest quality U. S. D. A. choice heavy beef available and our butchers are trained in our high standards of cutting and trimming making real value cuts of meat for you. Our clearly marked labels tell what part of

the animal the cut is from...like rib or loin and the specific cut such as steak or pot roast, making your selection easier. Fine beef, expertly trimmed, and labeled make U. S. D. A. choice heavy beef from Lewis & Coker your best buy and

OUR MEAT IS UNCONDITIONALLY GUARANTEED



HEAVY BEEF
USDA CHOICE
ROUND STEAK
HEAVY BEEF
LB. **1 19**
USDA CHOICE

OPEN JULY 4th
9 A.M. TO 7 P.M.
SPECIALS IN THIS
AD GOOD THRU
TUES., JULY 9.

OPEN SUNDAY
10:00 A.M. - 6:00 P.M.
PIKES PEAK ROAST
USDA CHOICE LB. **1 15**

USDA CHOICE
RUMP ROAST
HEAVY BEEF
LB. **1 09**

GROUND BEEF
APPROX. 3-LB. PKG. **69**
LB.
EXTRA LEAN GROUND BEEF
FRESH GROUND LB. **99**

CONSISTENTLY LOWER PRICES EVERY DAY ON ALL MEATS!

TENDERIZED ROUND STEAK LB. 1.39	BONELESS SIRLOIN STRIP STEAK LB. 1.79	EXTRA LEAN SHORT RIBS LB. 79c
BONELESS ROUND STEAK LB. 1.29	BONE IN SIRLOIN STRIP STEAK LB. 1.59	EXTRA LEAN BONELESS LB. 1.09
BONELESS TOP ROUND STEAK LB. 1.59	THIN SLICED BREAKFAST STEAK LB. 1.79	BRISKET ROAST LB. 69c
BONELESS EYE OF ROUND ROAST LB. 1.69	EXTRA LEAN SIRLOIN TIP ROAST LB. 1.59	BONELESS STEW MEAT LB. 1.29
BONELESS RUMP ROAST LB. 1.29	FLAVORFUL SANDWICH STEAK LB. 1.79	BONELESS SHOULDER ROAST LB. 1.09
TENDERIZED CUBE STEAK LB. 1.79	BONELESS CLUB STEAK LB. 1.79	BONELESS SWISS STEAK LB. 1.09
EXTRA TRIM SIRLOIN STEAK LB. 1.35	BONELESS RIB EYE STEAK LB. 2.09	BONELESS ENGLISH CUT ROAST LB. 1.19
BONELESS SIRLOIN STEAK LB. 1.69	EXTRA TRIM RIB ROAST LB. 1.29	CENTER CUT SHOULDER ROAST LB. 99c
CHOICE CUT PORTERHOUSE STEAK LB. 1.59	CHOICE CUTS RIB ROAST 5-7 RIBS LB. 1.49	EXTRA TRIM SEVEN STEAK LB. 89c
EXTRA TRIM T-BONE STEAK LB. 1.49	LEAN SHORT RIBS 1-4 RIBS LB. 59c	BONELESS SHOULDER ROAST LB. 79c

PARADE WIENERS
12-OZ. PKG. **45c**

HOT DOGS
ARMOUR 12-OZ. PKG. **49c**

PORK SAUSAGE
OWENS COUNTRY STYLE LB. **79c**
2-LB. BAG 1.55

CALF LIVER
FRESH SLICED LB. **89c**

ROCK CORNISH GAME HENS
18-OZ. MEDALLION BRAND EACH **79c**

ARMOUR HAM
SPEED 1-CUT DINNER HAM 3-5 LB. AVG. LB. **1 09**

LUNCH MEATS
OSCAR MEYER 12-OZ. PKG. VACUUM PACK **1 19**

KRAFT MACARONI & CHEESE DINNERS 4 7 1/2-OZ. PKGS. **1 00**

MARYLAND CLUB
COFFEE LB. CAN WITH COUPON BELOW **69c**

CALIFORNIA NECTARINES
SWEET 'N JUICY LB. **39c**

SARA LEE POUND CAKE 11-OZ. PKG. **89c**

VIP FROZEN WHIPPEE TOPPING CTN. **49c**

MEAT PIES
8-OZ. PKGS. BANQUET **1 00**

Butter 'n Honey Pastry Shoppe
HOT DOG BUNS PKG. **49c**
HAMBURGER BUNS PKG. **49c**
GLAZED DONUTS DOZ. **99c**
IN OUR DELICATESSEN
BEST Kosher Salami HOT lb. **2.49**
Pepper Cheese lb. **1.79**

GARDEN FRESH PRODUCE
CALIFORNIA SANTA ROSA Plums LB. **49c**
FLORIDA PERSIAN Limes LB. **39c**
CALIFORNIA VALENCIA Oranges LB. **25c**
CALIFORNIA FINEST QUALITY Avocados EA. **35c**
CALIFORNIA LARGE Celery STALK **35c**
U.S. NO. 1 MILD Yellow Onions LB. **17c**
SALAD SIZE 4 PACK BASKET Tomatoes LB. **45c**
FRESH GREEN Cabbage LB. **18c**

PEARL BEER 6-PACK CANS **1 09**
COKES 12 OZ. CANS **6 99c**

MARYLAND CLUB COFFEE
1-LB. CAN **69c**
Limit 1 with this coupon. One coupon per family. Good only at Lewis & Coker. Expires July 9, 1974. **SAVE 55c**

CASCADE DETERGENT
GIANT BOX **49c**
Limit 1 with this coupon. One coupon per family. Good only at Lewis & Coker. Expires July 9, 1974. **SAVE 30c**

AJAX LIQUID DETERGENT
22-OZ. BTL. **39c** net
Limit 1 with this coupon. One coupon per family. Good only at Lewis & Coker. Expires July 9, 1974. **SAVE 17c**

LAVENDER OR HERBAL YARDLEY SOAP BATH BARS **39c**
Limit 1 with this coupon. One coupon per family. Good only at Lewis & Coker. Expires July 9, 1974. **SAVE 12c**

RICH 'N CHIPS KEEBLER COOKIES
14-OZ. PKG. **69c**
Limit 1 with this coupon. One coupon per family. Good only at Lewis & Coker. Expires July 9, 1974. **SAVE 20c**