

Sbisa Hall, Duncan Hall & Commons Meal Schedule

Week Beginning March 31 Thru. April 6, 1974

Master Menu No. 2

SUNDAY

Breakfast

*Tang, Coffee, *Milk
*Hot Apple & Peach Jelly
*Hot Dry Cereal
*Fried Eggs
*Fried Ham and Sausage Patties
*Toast - Oleo

*2. Blueberry Hotcakes
*Fried Ham and Sausage
*Syrup

Grape Drink, Hot Cocoa, Hot Tea, Cola,
Sprite, Grapefruit Juice, Pineapple Juice

Dinner

ENTREES AND SOUPS
*Roast Turkey Breast 2-Oz. & Seconds
*Cranberry Sauce
*Dressing (1-3-Oz. & Seconds)
*Wild Rice
*Lemon Jello & Seconds

VEGETABLES AND FRUITS
*Candied Sweet Potatoes
*Orange Glaze Sauce
*Buttered White Shrimp Corn
*Whole Green Beans w/Ham Base

SALADS, RELISHES, DRESSINGS
*Strawberry Jello w/Mint
*Marshmallow Dressing
*Fruited Orange Jello w/Whipped
*Whipped Grape Jello Parfait
*Fruited Fruit Salad
*Lettuce Wedges, Cottage Cheese,
and Sliced Italian Tomatoes

DESSERTS AND BREADS
*Hot Rolls - Oleo
*Cherry Pie
*Oleo

BEVERAGES
*Iced Tea, Hot Tea, Coffee, Hot Chocolate,
Tang, Grape Drink, Grapefruit Juice,
Sprite, Cola, Pink Lemonade, Fruit
Punch, Pineapple-Grapefruit Juice

Supper

NO EVENING MEAL

MONDAY

Breakfast

*Coffee, Milk, Tang
*Hot Dry Cereal
*Grape, Strawberry & Peach Preserves
*Doughnuts
*Pan Fried Bacon
*Oleo

*2. French Toast
*Ham
*Syrup
*Grape, Apple & Peach Jelly
*Oleo

3. Continental Breakfast
*Doughnuts
*Cinnamon Rolls
*Nut Rolls
*Raisin Bread

4. Fried Eggs
*Scrambled Eggs
*Toast - Oleo
*Ham

Grape Drink, Grapefruit Juice, Pineapple
Juice, Hot Cocoa, Hot Tea, Coke, Sprite

Dinner

ENTREES AND SOUPS
*Roast Turkey Breast 2-Oz. & Seconds
*Cranberry Sauce
*Dressing (1-3-Oz. & Seconds)
*Wild Rice
*Lemon Jello & Seconds

VEGETABLES AND FRUITS
*Mashed Potatoes
*Buttered White Shrimp Corn
*Ranch Style Barbecue Beans (Canned)

SALADS, RELISHES, DRESSINGS
*Whipped Strawberry Jello
*Cottage Cheese
*Health Salad
*Strawberry Jello w/Fruit Cocktail
*Orange Jello w/Whip
*Toasted Green Salad, Cottage Cheese
and Sliced Italian Tomatoes

DESSERTS AND BREADS
*Open Ice Cream Bar
*Fruit Bar
*Bread
*Oleo
*Strawberry Tapioca Parfait
*Whipped Grape Jello Parfait
*Whipped Star

BEVERAGES
*Iced Tea, Hot Tea, Coffee, Hot Chocolate,
Tang, Grape Drink, Grapefruit Juice,
Sprite, Cola, Pink Lemonade, Fruit
Punch, Pineapple-Grapefruit Juice

Supper

NO EVENING MEAL

TUESDAY

Breakfast

*Grapefruit Juice, Coffee, Milk
*Hot Dry Cereal
*Grape, Strawberry & Peach Preserves
*Doughnuts
*Link Sausage

*2. Doughnuts
*Bacon

3. Continental Breakfast
*Doughnuts
*Cinnamon Rolls
*Nut Rolls
*Raisin Bread, White Bread

4. Fried Eggs
*Scrambled Eggs
*Toast - Oleo
*Bacon
*French Toast - Syrup

Grape Drink, Pineapple Juice, Grapefruit
Juice, Hot Cocoa, Hot Tea, Cola, Sprite

Dinner

ENTREES AND SOUPS
*Roast Turkey Breast 2-Oz. & Seconds
*Cranberry Sauce
*Dressing (1-3-Oz. & Seconds)
*Wild Rice
*Lemon Jello & Seconds

VEGETABLES AND FRUITS
*French Fried Potatoes
*Collard Greens w/Ham Base
*Brown Bean Soup

SALADS, RELISHES, DRESSINGS
*Cottage Cheese & Pear Halves
*Whipped Strawberry Jello
*Pineapple-Marshmallow Cole Slaw
*Green Salad, Cottage Cheese,
and Sliced Italian Tomatoes

DESSERTS AND BREADS
*Open Ice Cream Bar
*German Chocolate Cake
*Bread
*Oleo
*Whipped Grape Jello Parfait
*Whipped Star

BEVERAGES
*Iced Tea, Hot Tea, Coffee, Hot Chocolate,
Tang, Grape Drink, Grapefruit Juice,
Sprite, Cola, Pink Lemonade, Fruit
Punch, Pineapple-Grapefruit Juice

Supper

NO EVENING MEAL

WEDNESDAY

Breakfast

*Grapefruit Juice, Milk, Coffee
*Hot Dry Cereal
*Grape, Apple & Strawberry Jelly
*Cream of Wheat
*Snickers-Oleo
*Bacon

*2. Scrambled Eggs
*Hash Brown Potatoes
*Grilled Ham
*Toast - Oleo

3. Continental Breakfast
*Doughnuts
*Apple Strudel Rolls
*Pineapple Rolls
*Raisin Bread

4. Scrambled Eggs
*Fried Eggs
*Hot Cakes - Syrup
*Toast - Oleo
*Ham

Tang, Grapefruit Juice, Pineapple Juice,
Grape Drink, Hot Cocoa, Hot Tea, Coke,
Sprite

Dinner

ENTREES AND SOUPS
*Roast Turkey Breast 2-Oz. & Seconds
*Cranberry Sauce
*Dressing (1-3-Oz. & Seconds)
*Wild Rice
*Lemon Jello & Seconds

VEGETABLES AND FRUITS
*French Fried Potatoes
*Hash Brown Potatoes
*Grilled Ham
*Toast - Oleo

SALADS, RELISHES, DRESSINGS
*Beet & Onion Salad
*Fruit Cocktail
*Grape & Lemon Jello w/Topping
*Strawberry Whipped Jello
*Marshmallow Top
*Banana Nut Salad
*Combination Salad, Cottage Cheese
and Sliced Italian Tomatoes

DESSERTS AND BREADS
*Open Ice Cream Bar
*Cherry Cobbler
*Hot Rolls - Oleo
*Chocolate Rice Pudding w/Whip Star

BEVERAGES
*Iced Tea, *Milk, Fruit Punch, Hot Tea, Hot
Chocolate, Coffee, Tang, Grape Drink,
Grapefruit Juice, Sprite, Cola, Pink
Lemonade, Pineapple-Grapefruit Juice,
Pineapple-Grapefruit Juice

Supper

NO EVENING MEAL

THURSDAY

Breakfast

*Tang, Coffee, Milk
*Hot Dry Cereal
*Grape, Apple & Strawberry Jelly
*Hot - Oleo

*1. Stewed Prunes
*Scrambled Eggs
*Hash Brown Potatoes
*Hot Biscuits
*Sausage Patties

2. Snickerdoodle
*Bacon

3. Continental Breakfast
*Doughnuts
*Cinnamon Rolls
*Nut Rolls
*Raisin Bread
*White Bread

4. Fried Eggs
*Toast - Oleo
*Hotcakes
*Syrup

Grapefruit Juice, Pineapple Juice, Grape
Drink, Hot Tea, Hot Cocoa, Coke, Sprite

Dinner

ENTREES AND SOUPS
*Roast Turkey Breast 2-Oz. & Seconds
*Cranberry Sauce
*Dressing (1-3-Oz. & Seconds)
*Wild Rice
*Lemon Jello & Seconds

VEGETABLES AND FRUITS
*Broccoli Chopped
*Hash Brown Potatoes
*Grilled Ham
*Toast - Oleo

SALADS, RELISHES, DRESSINGS
*Beet & Onion Salad
*Fruit Cocktail
*Grape & Lemon Jello w/Topping
*Strawberry Whipped Jello
*Marshmallow Top
*Banana Nut Salad
*Combination Salad, Cottage Cheese
and Sliced Italian Tomatoes

DESSERTS AND BREADS
*Open Ice Cream Bar
*Cream Puffs
*Hot Rolls
*Chocolate Brownies
*Bread - Oleo
*Buns

BEVERAGES
*Iced Tea, Milk, Fruit Punch, Hot Tea, Hot
Chocolate, Coffee, Tang, Grape Drink,
Grapefruit Juice, Sprite, Cola, Pink
Lemonade, Pineapple-Grapefruit Juice,
Chocolate & Low Fat Milk, *Chocolate
Milk

Supper

NO EVENING MEAL

FRIDAY

Breakfast

*Tang, Coffee, Milk
*Hot Dry Cereal
*Grape, Apple & Strawberry Preserves
*Hot - Oleo

*2. Scrambled Eggs
*Toast - Oleo

3. Continental Breakfast
*Doughnuts
*Apple Strudel Rolls
*Pineapple Rolls
*White & Raisin Bread

4. Scrambled Eggs
*Fried Eggs
*Toast - Oleo
*French Toast
*Syrup
*Ham

Grapefruit Juice, Pineapple Juice, Grape
Drink, Hot Tea, Coke, Sprite, Hot
Chocolate

Dinner

ENTREES AND SOUPS
*Roast Turkey Breast 2-Oz. & Seconds
*Cranberry Sauce
*Dressing (1-3-Oz. & Seconds)
*Wild Rice
*Lemon Jello & Seconds

VEGETABLES AND FRUITS
*Macaroni & Cheese
*Green Beans w/Gran. Onions
*Steamed Rice
*Zucchini Squash & Tomatoes

SALADS, RELISHES, DRESSINGS
*Under-the-Sea Salad
*Cherry Jello w/Sliced Peaches
*Perfectio Salad
*Orange Jello (2 Layered)
*Green Salad, Cottage Cheese
and Italian Tomatoes

DESSERTS AND BREADS
*Open Ice Cream Bar
*Cookies
*Cocunut Pudding
*Bread

BEVERAGES
*Iced Tea, Hot Tea, Hot Chocolate, Tang,
Grape Drink, Grapefruit Juice, Sprite,
Cola, Pink Lemonade, *Fruit Punch
Pineapple-Grapefruit Juice

Supper

NO EVENING MEAL

FRIDAY

Breakfast

*Tang, Coffee, Milk
*Hot Dry Cereal
*Grape, Apple & Strawberry Preserves
*Hot - Oleo

*2. Scrambled Eggs
*Toast - Oleo

3. Continental Breakfast
*Doughnuts
*Apple Strudel Rolls
*Pineapple Rolls
*White & Raisin Bread

4. Scrambled Eggs
*Fried Eggs
*Toast - Oleo
*French Toast
*Syrup
*Ham

Grapefruit Juice, Pineapple Juice, Grape
Drink, Hot Tea, Coke, Sprite, Hot
Chocolate

Dinner

ENTREES AND SOUPS
*Roast Turkey Breast 2-Oz. & Seconds
*Cranberry Sauce
*Dressing (1-3-Oz. & Seconds)
*Wild Rice
*Lemon Jello & Seconds

VEGETABLES AND FRUITS
*Macaroni & Cheese
*Green Beans w/Gran. Onions
*Steamed Rice
*Zucchini Squash & Tomatoes

SALADS, RELISHES, DRESSINGS
*Under-the-Sea Salad
*Cherry Jello w/Sliced Peaches
*Perfectio Salad
*Orange Jello (2 Layered)
*Green Salad, Cottage Cheese
and Italian Tomatoes

DESSERTS AND BREADS
*Open Ice Cream Bar
*Cookies
*Cocunut Pudding
*Bread

BEVERAGES
*Iced Tea, Hot Tea, Hot Chocolate, Tang,
Grape Drink, Grapefruit Juice, Sprite,
Cola, Pink Lemonade, *Fruit Punch
Pineapple-Grapefruit Juice

Supper

NO EVENING MEAL

FRIDAY

Breakfast

*Tang, Coffee, Milk
*Hot Dry Cereal
*Grape, Apple & Strawberry Preserves
*Hot - Oleo

*2. Scrambled Eggs
*Toast - Oleo

3. Continental Breakfast
*Doughnuts
*Apple Strudel Rolls
*Pineapple Rolls
*White & Raisin Bread

4. Scrambled Eggs
*Fried Eggs
*Toast - Oleo
*French Toast
*Syrup
*Ham

Grapefruit Juice, Pineapple Juice, Grape
Drink, Hot Tea, Coke, Sprite, Hot
Chocolate

Dinner

ENTREES AND SOUPS
*Roast Turkey Breast 2-Oz. & Seconds
*Cranberry Sauce
*Dressing (1-3-Oz. & Seconds)
*Wild Rice
*Lemon Jello & Seconds

VEGETABLES AND FRUITS
*Macaroni & Cheese
*Green Beans w/Gran. Onions
*Steamed Rice
*Zucchini Squash & Tomatoes

SALADS, RELISHES, DRESSINGS
*Under-the-Sea Salad
*Cherry Jello w/Sliced Peaches
*Perfectio Salad
*Orange Jello (2 Layered)
*Green Salad, Cottage Cheese
and Italian Tomatoes

DESSERTS AND BREADS
*Open Ice Cream Bar
*Cookies
*Cocunut Pudding
*Bread

BEVERAGES
*Iced Tea, Hot Tea, Hot Chocolate, Tang,
Grape Drink, Grapefruit Juice, Sprite,
Cola, Pink Lemonade, *Fruit Punch
Pineapple-Grapefruit Juice

Supper

NO EVENING MEAL

FRIDAY

Breakfast

*Tang, Coffee, Milk
*Hot Dry Cereal
*Grape, Apple & Strawberry Preserves
*Hot - Oleo

*2. Scrambled Eggs
*Toast - Oleo

3. Continental Breakfast
*Doughnuts
*Apple Strudel Rolls
*Pineapple Rolls
*White & Raisin Bread

4. Scrambled Eggs
*Fried Eggs
*Toast - Oleo
*French Toast
*Syrup
*Ham

Grapefruit Juice, Pineapple Juice, Grape
Drink, Hot Cocoa, Hot Tea, Coke, Sprite

Dinner

ENTREES AND SOUPS
*Roast Turkey Breast 2-Oz. & Seconds
*Cranberry Sauce
*Dressing (1-3-Oz. & Seconds)
*Wild Rice
*Lemon Jello & Seconds

VEGETABLES AND FRUITS
*Macaroni & Cheese
*Green Beans w/Gran. Onions
*Steamed Rice
*Zucchini Squash & Tomatoes

SALADS, RELISHES, DRESSINGS
*Under-the-Sea Salad
*Cherry Jello w/Sliced Peaches
*Perfectio Salad
*Orange Jello (2 Layered)
*Green Salad, Cottage Cheese
and Italian Tomatoes

DESSERTS AND BREADS
*Open Ice Cream Bar
*Cookies
*Cocunut Pudding
*Bread

BEVERAGES
*Iced Tea, Hot Tea, Hot Chocolate, Tang,
Grape Drink, Grapefruit Juice, Sprite,
Cola, Pink Lemonade, *Fruit Punch
Pineapple-Grapefruit Juice

Supper

NO EVENING MEAL

FRIDAY

Breakfast

*Tang, Coffee, Milk
*Hot Dry Cereal
*Grape, Apple & Strawberry Preserves
*Hot - Oleo

*2. Scrambled Eggs
*Toast - Oleo

3. Continental Breakfast
*Doughnuts
*Apple Strudel Rolls
*Pineapple Rolls
*White & Raisin Bread

4. Scrambled Eggs
*Fried Eggs
*Toast - Oleo
*French Toast
*Syrup
*Ham

Grapefruit Juice, Pineapple Juice, Grape
Drink, Hot Cocoa, Hot Tea, Coke, Sprite

Dinner

ENTREES AND SOUPS
*Roast Turkey Breast 2-Oz. & Seconds
*Cranberry Sauce
*Dressing (1-3-Oz. & Seconds)
*Wild Rice
*Lemon Jello & Seconds

VEGETABLES AND FRUITS
*Macaroni & Cheese
*Green Beans w/Gran. Onions
*Steamed Rice
*Zucchini Squash & Tomatoes

SALADS, RELISHES, DRESSINGS
*Under-the-Sea Salad
*Cherry Jello w/Sliced Peaches
*Perfectio Salad
*Orange Jello (2 Layered)
*Green Salad, Cottage Cheese
and Italian Tomatoes

DESSERTS AND BREADS
*Open Ice Cream Bar
*Cookies
*Cocunut Pudding
*Bread

BEVERAGES
*Iced Tea, Hot Tea, Hot Chocolate, Tang,
Grape Drink, Grapefruit Juice, Sprite,
Cola, Pink Lemonade, *Fruit Punch
Pineapple-Grapefruit Juice

Supper

NO EVENING MEAL

FRIDAY

Breakfast

*Tang, Coffee, Milk
*Hot Dry Cereal
*Grape, Apple & Strawberry Preserves
*Hot - Oleo

*2. Scrambled Eggs
*Toast - Oleo

3. Continental Breakfast
*Doughnuts
*Apple Strudel Rolls
*Pineapple Rolls
*White & Raisin Bread

4. Scrambled Eggs
*Fried Eggs
*Toast - Oleo
*French Toast
*Syrup
*Ham

Grapefruit Juice, Pineapple Juice, Grape
Drink, Hot Cocoa, Hot Tea, Coke, Sprite

Dinner

ENTREES AND SOUPS
*Roast Turkey Breast 2-Oz. & Seconds
*Cranberry Sauce
*Dressing (1-3-Oz. & Seconds)
*Wild Rice
*Lemon Jello & Seconds

VEGETABLES AND FRUITS
*Macaroni & Cheese
*Green Beans w/Gran. Onions
*Steamed Rice
*Zucchini Squash & Tomatoes

SALADS, RELISHES, DRESSINGS
*Under-the-Sea Salad
*Cherry Jello w/Sliced Peaches
*Perfectio Salad
*Orange Jello (2 Layered)
*Green Salad, Cottage Cheese
and Italian Tomatoes

DESSERTS AND BREADS
*Open Ice Cream Bar
*Cookies
*Cocunut Pudding
*Bread

BEVERAGES
*Iced Tea, Hot Tea, Hot Chocolate, Tang,
Grape Drink, Grapefruit Juice, Sprite,
Cola, Pink Lemonade, *Fruit Punch
Pineapple-Grapefruit Juice

Supper

NO EVENING MEAL

FRIDAY

Breakfast

*Tang, Coffee, Milk
*Hot Dry Cereal
*Grape, Apple & Strawberry Preserves
*Hot - Oleo

*2. Scrambled Eggs
*Toast - Oleo

3. Continental Breakfast
*Doughnuts
*Apple Strudel Rolls
*Pineapple Rolls
*White & Raisin Bread

4. Scrambled Eggs
*Fried Eggs
*Toast - Oleo
*French Toast
*Syrup
*Ham

Grapefruit Juice, Pineapple Juice, Grape
Drink, Hot Cocoa, Hot Tea, Coke, Sprite

Dinner

ENTREES AND SOUPS
*Roast Turkey Breast 2-Oz. & Seconds
*Cranberry Sauce
*Dressing (1-3-Oz. & Seconds)
*Wild Rice
*Lemon Jello & Seconds

VEGETABLES AND FRUITS
*Macaroni & Cheese
*Green Beans w/Gran. Onions
*Steamed Rice
*Zucchini Squash & Tomatoes

SALADS, RELISHES, DRESSINGS
*Under-the-Sea Salad
*Cherry Jello w/Sliced Peaches
*Perfectio Salad
*Orange Jello (2 Layered)
*Green Salad, Cottage Cheese
and Italian Tomatoes

DESSERTS AND BREADS
*Open Ice Cream Bar
*Cookies
*Cocunut Pudding
*Bread

BEVERAGES
*Iced Tea, Hot Tea, Hot Chocolate, Tang,
Grape Drink, Grapefruit Juice, Sprite,
Cola, Pink Lemonade, *Fruit Punch
Pineapple-Grapefruit Juice

Supper

NO EVENING MEAL

FRIDAY

Breakfast

*Tang, Coffee, Milk
*Hot Dry Cereal
*Grape, Apple & Strawberry Preserves
*Hot - Oleo

*2. Scrambled Eggs
*Toast - Oleo

3. Continental Breakfast
*Doughnuts
*Apple Strudel Rolls
*Pineapple Rolls
*White & Raisin Bread

4. Scrambled Eggs
*Fried Eggs
*Toast - Oleo
*French Toast
*Syrup
*Ham

Grapefruit Juice, Pineapple Juice, Grape
Drink, Hot Cocoa, Hot Tea, Coke, Sprite

Dinner

ENTREES AND SOUPS
*Roast Turkey Breast 2-Oz. & Seconds
*Cranberry Sauce
*Dressing (1-3-Oz. & Seconds)
*Wild Rice
*Lemon Jello & Seconds

VEGETABLES AND FRUITS
*Macaroni & Cheese
*Green Beans w/Gran. Onions
*Steamed Rice
*Zucchini Squash & Tomatoes

SALADS, RELISHES, DRESSINGS
*Under-the-Sea Salad
*Cherry Jello w/Sliced Peaches
*Perfectio Salad
*Orange Jello (2 Layered)
*Green Salad, Cottage Cheese
and Italian Tomatoes

DESSERTS AND BREADS
*Open Ice Cream Bar
*Cookies
*Cocunut Pudding
*Bread

BEVERAGES
*Iced Tea, Hot Tea, Hot Chocolate, Tang,
Grape Drink, Grapefruit Juice, Sprite,
Cola, Pink Lemonade, *Fruit Punch
Pineapple-Grapefruit Juice

Supper

NO EVENING MEAL

FRIDAY

Breakfast

*Tang, Coffee, Milk
*Hot Dry Cereal
*Grape, Apple & Strawberry Preserves
*Hot - Oleo

*2. Scrambled Eggs
*Toast - Oleo

3. Continental Breakfast
*Doughnuts
*Apple Strudel Rolls
*Pineapple Rolls
*White & Raisin Bread

4. Scrambled Eggs
*Fried Eggs
*Toast - Oleo
*French Toast
*Syrup
*Ham

Grapefruit Juice, Pineapple Juice, Grape
Drink, Hot Cocoa, Hot Tea, Coke, Sprite

Dinner

ENTREES AND SOUPS
*Roast Turkey Breast 2-Oz. & Seconds
*Cranberry Sauce
*Dressing (1-3-Oz. & Seconds)
*Wild Rice
*Lemon Jello & Seconds

VEGETABLES AND FRUITS
*Macaroni & Cheese
*Green Beans w/Gran. Onions
*Steamed Rice
*Zucchini Squash & Tomatoes

SALADS, RELISHES, DRESSINGS
*Under-the-Sea Salad