

Sbisa Hall, Duncan Hall & Commons Meal Schedule

Week Beginning December 9 Thru. December 15, 1973

Master Menu No. 1

SUNDAY

ENTREES AND SOUPS *Tang, *Coffee, *Milk *Ass't Dry Cereal *Pan Fried Bacon & Sausage *Scrambled Eggs - Fried Eggs *Bluberry Pancake with Syrup	VEGETABLES AND FRUITS Rainbow Marshmallows Steamed Rice *Buttered Frozen Peas w/Onions	SALADS, RELISHES, DRESSINGS Apple Sauce *Strawberry Jello w/Pear Halves *Fluffy Fruit Salad *Grape Jello Parfait w/Topping *Tossed Salad, Cottage Cheese and Canned Tomatoes	DESSERTS AND BREADS Open Ice Cream Bar *Sparkling Pineapple Pie *Hot Rolls - Oreo	BEVERAGES Grape Drink, Hot Tea, Coke, Sprite, Hot Chocolate, Grapefruit Juice, Pineapple-Grapefruit Juice
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MONDAY

ENTREES AND SOUPS *Tang, *Coffee, *Milk *Ass't Dry Cereal *Toast - Oreo *Grape Jelly, *Strawberry and Peach Preserves *Pan Fried Bacon	VEGETABLES AND FRUITS *1. Scrambled Eggs *Home Fried Potatoes *Sausage Patties	SALADS, RELISHES, DRESSINGS *2. Bluberry Muffins *3. Continental Breakfast Doughnuts, Nut Roll, Bluberry Muffins	DESSERTS AND BREADS *4. Hotcakes with Syrup *Fried Eggs *Sausage Patties	BEVERAGES Tang, Grape Drink, Grapefruit Juice, Hot Chocolate, Hot Tea, Coke, Sprite
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TUESDAY

ENTREES AND SOUPS *Tang, *Coffee, *Milk *Ass't Dry Cereal *Toast - Oreo *Grape Jelly, *Strawberry & Peach Preserves *1. Cherry Nut Muffins *Pan Fried Bacon	VEGETABLES AND FRUITS *2. Scrambled Eggs *Home Fried Potatoes *Finger Steaks	SALADS, RELISHES, DRESSINGS *3. Continental Breakfast Doughnuts *Apple Strudel Rolls *Cherry Nut Muffins	DESSERTS AND BREADS *4. French Toast *Fried Eggs *Finger Steaks *Syrup	BEVERAGES Grape Drink, Hot Tea, Coke, Grapefruit Juice, Hot Chocolate, Sprite, Pineapple-Grapefruit Juice
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WEDNESDAY

ENTREES AND SOUPS *Tang, *Coffee, *Milk *Ass't Dry Cereal *Toast - Oreo *Grape Jelly, *Strawberry & Peach Preserves *1. Fresh Fruit *Hotcakes and Syrup *Finger Steaks	VEGETABLES AND FRUITS *2. Scrambled Eggs *Home Fried Potatoes *Finger Steaks	SALADS, RELISHES, DRESSINGS *3. Continental Breakfast Doughnuts *Cherry Strudel Rolls *Nut Roll	DESSERTS AND BREADS *4. Scrambled Eggs *Fried Eggs *Pan Fried Bacon	BEVERAGES Tang, Grape Drink, Pineapple-Grapefruit Juice, Hot Tea, Cola, Sprite, Hot Chocolate
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THURSDAY

ENTREES AND SOUPS *Tang, *Coffee, *Milk *Ass't Dry Cereal *Toast - Oreo *Grape Jelly, *Strawberry and Peach Preserves *1. Long Johns *Grilled Ham	VEGETABLES AND FRUITS *2. Hotcakes and Syrup *Sausage Patties *Hot Biscuits	SALADS, RELISHES, DRESSINGS *3. Continental Breakfast Doughnuts *Nut Roll *Cherry Strudel Rolls	DESSERTS AND BREADS *4. Fried Eggs *Scrambled Eggs *Sausage Patties	BEVERAGES Grape Drink, Grapefruit Juice, Pineapple-Grapefruit Juice, Hot Chocolate, Hot Tea, Coke, Sprite
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FRIDAY

ENTREES AND SOUPS *Tang, *Coffee, *Milk *Ass't Dry Cereal *Toast - Oreo *Grape Jelly, *Strawberry and Peach Preserves *1. Long Johns *Grilled Ham	VEGETABLES AND FRUITS *2. Coffee Cake *Bacon	SALADS, RELISHES, DRESSINGS *3. Continental Breakfast Doughnuts *Nut Roll *Cherry Strudel Rolls	DESSERTS AND BREADS *4. French Toast *Fried Eggs *Pan Fried Bacon *Syrup	BEVERAGES Tang, Grape Drink, Grapefruit Juice, Pineapple-Grapefruit Juice, Hot Tea, Coke, Sprite
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Doctor's Door

By CLAUDE B. GOSWICK, M.D.
University Health Center

Q. What causes "Montezuma's Revenge?"
A. Latest evidence points to "Montezuma's Revenge" or "turistas" (a disease which afflicts travelers) being caused by an altered reaction to one's own intestinal bacteria. The symptoms of nausea and diarrhea are apparently not related to anything in food or water but are merely the body considering the normal intestinal bacteria as invaders. Stool cultures taken during the acute phase of the illness usually reveal no abnormalities.

Q. Are stimulant pills like "No-Doz" or "Vivarin" dangerous?
A. Generally speaking, no. Most of these drugs contain caffeine as the active ingredient and are not harmful if used with discretion and according to directions.

Q. What is a yeast infection and how do you get one?
A. A yeast infection is caused by a fungus, the most common of which is "Candida albicans" or "monilia." It usually involves skin or mucous membranes, oral or vaginal. It is transmitted by direct or indirect contact.

Q. What causes "flashbacks?"
A. Flashbacks are relivings of a psychedelic experience long after the original drug dosage has worn off. They can occur at any time, for months or years after the initial "trip."

As far as I can determine, "flashbacks" are apparently an inherent effect of certain hallucinogenic drugs, such as LSD in particular. They are probably comparable to "side reactions" of other drugs.

Mania Sprouts Danger

GALVESTON (AP)—Texas teenagers are courting death by munching poisonous species of mushrooms in search of hallucinogenic highs, an expert on poison said today.

Michael Ellis, director of the University of Texas Poison Control Center here, said the mushroom mania came to light in the past several months with the hospitalization of six youths from Hitchcock and Dickinson.

"Three of them came in on the same night," Ellis said. "They all recovered but they were mighty sick."

Ellis said the three reported buying mushrooms from a seller "from the Alvin-Engleton area."

Ellis said the most recent case is a 19-year-old mainland youth who was admitted to a Galveston hospital Thursday night.

"He said a friend of his brewed some mushroom tea," Ellis said. "He's in one of our psychiatric units, hallucinating badly and very sick."

Ellis said the word is out among the teen-agers that hallucinogenic mushrooms grow in cow or horse dung and turn blue or purple if their caps or stems are bruised.

Men Talk More, Women Smoother

Who talks more, men or women? Research by a graduate student indicates males are most talkative, once they get started.

Ms. Marjorie Swacker will discuss her findings Friday in a sociolinguistic seminar titled "Speaker Sex: A Sociolinguistic Variable." The seminar will be from 2:30 to 4 p.m. in Room 226 of the University Library.

It is co-sponsored by the Rural Sociology Research Group and English Department.

Material Ms. Swacker will present comes from a paper she will read at the 1973 meeting of the Linguistic Society of America.

Her thesis at California State at Fresno dealt with sex specific speech. Ms. Swacker found that men use three times as many words as women to describe a given situation.

She also learned that women speak slightly faster than men and tend to qualify estimates. The ladies also employ smoother shifting patterns in their speech. Men used interjections in going from one group of objects to another on a table while describing them.

"I expected to find that women use more adjectives," related the doctoral student in English. "By that I mean use of colors. There was no significant difference."

Ms. Swacker said speech rates were not significantly different either. Women spoke 112 words per minute; men, 107.

Women also used the qualifying words "about" or "around" in estimating the number of objects on a table. Men did not use an estimating device, though both were clearly making guesses.

The differences were found in her research using people with

the same economics, educational, ethnic and regional backgrounds. "The only variable," she said "was sex."

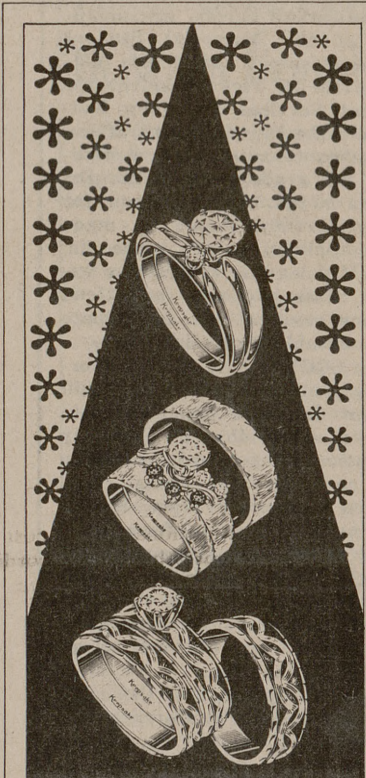
"The research indicates that we should not assume speech is an androgenous behavior," Ms. Swacker says.

Her research population contained 34 persons, evenly divided between the sexes. She taped interviews and observations, using cassette tape cartridges that recorded an hour of conversation.

"Men would talk for more than a full hour, once they warmed up and got started," commented the native of Los Angeles, Calif. "Five minutes after the tape ran out, I would have to terminate the interview."

Ms. Swacker's findings are significant enough, according to linguistic specialist Dr. Garland Cannon, to argue that sociolinguistic research which does not consider the sex of the speaker as an independent variable might well have its validity questioned.

The Friday seminar is open to all interested individuals.



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A place happy to eat.

The Tokyo Steak House is a place happy to eat. The menu is traditional, the atmosphere authentic, the service polite, the food terrific.

In the Teppan Yaki (iron grill) room, your choice of steak, shrimp, or chicken (plus bean sprouts, onions, zucchini and mushrooms) are cooked right on your table. Chef Toshio is a master of the Japanese cooking ceremony which makes cooking an adventure and eating a delight.

There are chopsticks for purists, forks for those with hardy appetites and fortune cookies for everyone. Come as you are—but come hungry and in the mood to have a relaxing, happy dinner.

TOKYO STEAK HOUSE
Townshire/Texas Avenue/Bryan
for reservations call 822-1301

Chinese Feast (7 traditional dishes for 2.95) Tuesday-Thursday