

MSC COMPLEX BEGINNING TO TAKE SHAPE—By the end of the month, move-in operations will nearly complete with offices put in operation. The restaurant atop the nine-story structure will also be open in June. The cost for the entire structure which won't be completed until 1975 is nearly \$20 million. (Photo by Peter Leabo)

Fool The Calendar; Buy A New Shirt

A well-dressed man in the "silver" years considers several factors when choosing clothes.

"Certain things change as a person ages — and he must keep these in mind when striving toward a nice appearance," notes Marilyn Brown, consumer education-clothing and textile specialist with the Texas Agricultural Extension Service.

"Unfortunately, aging often brings about a loss of competitive spirit—and some individuals feel it's no longer necessary to 'dress up.' As a result, many senior citizens purchase few new items and simply wear old ones until they're threadbare."

To avoid this, Miss Brown recommends buying some modern items — "even a new tie does wonders for the ego."

"In fact, the first step toward fooling the calendar involves looking alert and being physically attractive."

"Physical appearance, personality, taste and attitudes toward clothing also changes with time. Each of these elements influences the way a person dresses," the specialist continued.

For example, changing hair color affect what colors a man can wear well. Blue, gray and maroon usually complement gray or silver hair.

In addition, some older persons develop figure problems.

"A common problem for the older man is a full or protruding abdomen. Because of this bulge, trousers don't fit right—or appear too short or too long if not adjusted properly."

To counteract this problem, adjust trousers so the waistline lies above the bulge. Then shirts stay in place better and the total front line looks smoother," Miss Brown explained.

Certain clothing items — such

as sweaters, vests and knitted shirts — play dual roles. They add style and comfort while providing extra warmth for chilly mornings and evenings.

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Fixed Income Retirees Need To Liquefy Assets

Stretching retirement dollars to meet needs and wants poses a stumbling block to persons on fixed incomes.

"Increased costs — especially those of food and medical care — are making it harder for retired persons to make ends meet," Mrs. Doris Myers, home management specialist with the Texas Agricultural Extension Service, Texas A&M University, reported.

"Simply parting with some long-held asset often will help ease the strain."

"It's a good idea to take inventory of all assets to see where you stand," she advised.

"There comes a time in everyone's life when it's a good idea to 'dis-save.' That is, start using up some of the accumulated assets you've strived so hard to retain."

Many older persons have saved for that "rainy day" and are so afraid times will get worse, they refuse to cash in any asset, the specialist asserted.

"With other retirees, it's a different story. Assets are limited, or there aren't any at all."

"Stretching a small retirement pension or welfare check to last 30 days is almost impossible."

"However, planning the use of income before it's spent can help anyone do a better job."

Turning to specific budget plans, Mrs. Myers suggested listing regular income — including payments from a retirement sys-

tem, social security benefits, pensions or veterans benefits, and other sources, such as help from relatives. Also money from hobbies or part time work.

"Be sure to list all money that comes in during any given period. Next list all fixed expenses, such as rent or mortgage payment, taxes, insurance and debt payments."

"Then list variable items and their cost, such as food, household operation and maintenance, medical care and clothing."

"This list may be very long, but for a true spending plan, all items must be included."

She directed the budget-maker to look over items carefully and cut down or eliminate items, if

necessary, to make expenses and income balance.

"When money is short, more drastic cuts have to be made."

"Be sure to include enough money to provide adequate nutrition—without proper food the medical expenses are sure to increase."

Mrs. Myers also suggested getting a copy of the bulletin, "A Guide to Budgeting for the Retired Couple," House and Garden Bulletin No. 194, United States Department of Agriculture.

These are available at the local county Extension agent's office or can be ordered from Superintendent of Documents, U.S. Printing Office, Washington, D. C. 20402.

Cadets Travel To Camp For Six-Week Sessions

A&M's ROTC programs will send 378 cadets to California, Kansas and Florida for summer field training.

Members of the Army, Air Force and Naval ROTC programs start six-week summer camps June 9 and 10.

Col. Thomas R. Parsons, commandant and professor of military science, said 152 Army cadets will train at Fort Riley, Kan., during June 9 to July 20 and June 16 to July 27 camps.

Another 13 cadets will take the rugged Ranger training at Fort

Benning, Ga., in lieu of the Riley camp. Forty-four cadets of the Riley group will take additional training at their own expense. They will attend jump school to become airborne qualified.

Two AFROTC camps at Elgin AFB, Fla., will involve 152 AFROTC cadets from TAMU, according to Col. Robert F. Crossland. They will attend in two groups, during June 10 to July 7 and July 15 to Aug. 11 camps, the professor of aerospace studies said.

The Battalion

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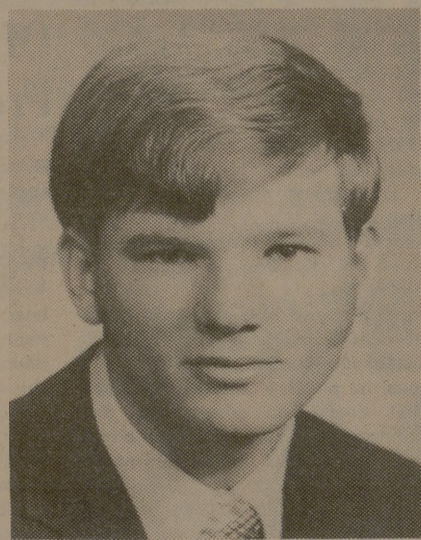
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