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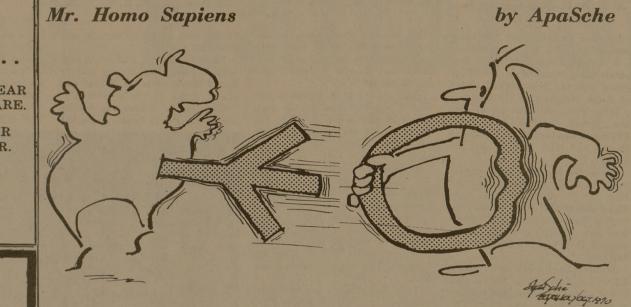
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Friday, October 23, 1970

# Rats can't live eating modern 'enriched' bread

mercial "enriched" bread is so low in nutrients that not even a rat can live on it, a scientist who starved rodents to death by stuffing them with the staff of life

THE BATTALION

said Wednesday. Dr. Roger J. Williams, a University of Texas nutrition expert, said he experimentally fed 64 laboratory rats on nothing but bread called "enriched" by commercial bakeries. Within 90 days, he said, 40 of the rodents had died of malnutrition. The sur-

HOUSTON, Tex. (AP) - Com- vivors "were severely stunted," he said.

> said, were fed the same bread after it first had been supplemented in accordance with more up-to-date nutritional knowledge. Small amounts of minerals, vitamins and an amino acid called lysine, he said, were added to the bread, but "no attempt was made to make the bread the best possible."

90 days.

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Sixty-four other rats, Williams

All but three of the rats eating the supplemented bread were "alive and growing" at the end of

#### "From this experiment it appears that an extremely serious situation exists with respect to the manifold products made from so-called enriched flour," said Dr. Williams.

"Enriched products, whether they be bread, bakery goods or cereal breakfast foods, are nutritionally far below what scientific advance should demand. Furthermore, the same disregard of nutritional value ... is carried over to the production of many other foods.'

In an interview, Williams said even prisoners in former times who were fed only bread and water received better nutrition than the experimental rats.

"They used to feed prisoners bread and water but that was a higher quality bread than we have today," he said.

A prolonged diet of only the so-called enriched bread today would result in death for a human, Dr. Williams said.

The nutritionist said the Food and Drug Administration and the medical profession encouraged an atmosphere wherein the importance of proper nutrition is ignored, even though modern research has clearly defined its value.

Bakers, he said, could supplement bread with the nutrient he used in his experiment for only about three cents a loaf. But, he said, the FDA did not permit the product to be called bread because it did not fit the standards set by the agency.

## Aggies can be big brothers to orphan boys on Nov. 14

Vednesday 823-1936

on road in REWARD

said.

optional.

The Welfare Committee of the Student Senate plans to bring orphans from the Delpechin Faith Home in Houston here again this ear, Welfare chairman Charles Hicks announced Wednesday.

As in the past, approximately a university dining hall and then 40 boys will come to an aftergo to the game. noon game and then return to Houston afterwards. This year by the university, and day stuthe game will be against Rice on dents or students on a five-day Nov. 14. meal plan will be eligible, Hicks

## Junior college conference begins Monday

Junior college and A&M officials join ranks Monday for two days of mutual assistance in their educational programs.

The 27th Junior College Conference on "Student Centered Programs" will register 150 participants at the Memorial Student Center early Monday. Sessions begin with a general

assembly welcome by Acting President A. R. Luedecke and an address by Joe B. Rushing, Tarrant County Junior College district chancellor.

Texas College and University System assistant commissioners Thomas M. Hatfield, junior college division, and Jack L. Cross, senior colleges and universities, will combine for the final presentation, "How Open is the Door?"

The conference is sponsored by A&M's Junior College Relations Committee, chaired by Ransdell.

### Hill to talk on engineering Maj. Gen. Homer S. Hill, U. S.

Marine Corps deputy chief of staff (air), Washington, D. C., will discuss "Engineering and the Future of Military Aviation" in the A&M Library at 3:45 p.m. Monday.

The talk, a presentation of the College of Engineering Lecture Series, is jointly sponsored by the American Society for Engineering Education.

Hill, a 1940 A&M graduate, has served as a pilot in various command assignments in the Navy and Marine Corps. He saw World War II action in Guadalcanal, Solomon Islands, New Georgia, and the Treasury-Bougainville operation.

Each orphan will have a big

The noon meal will be paid for

After the game big brother

If any Aggie is interested in

being a big brother to one of these boys, he should bring his

student activity card, identifica-

tion card, and \$6.00 for his date's

ticket (or his date's activity card

will be responsible for getting the boy an evening meal before putting him back on the bus for departure. A souvenir gift is



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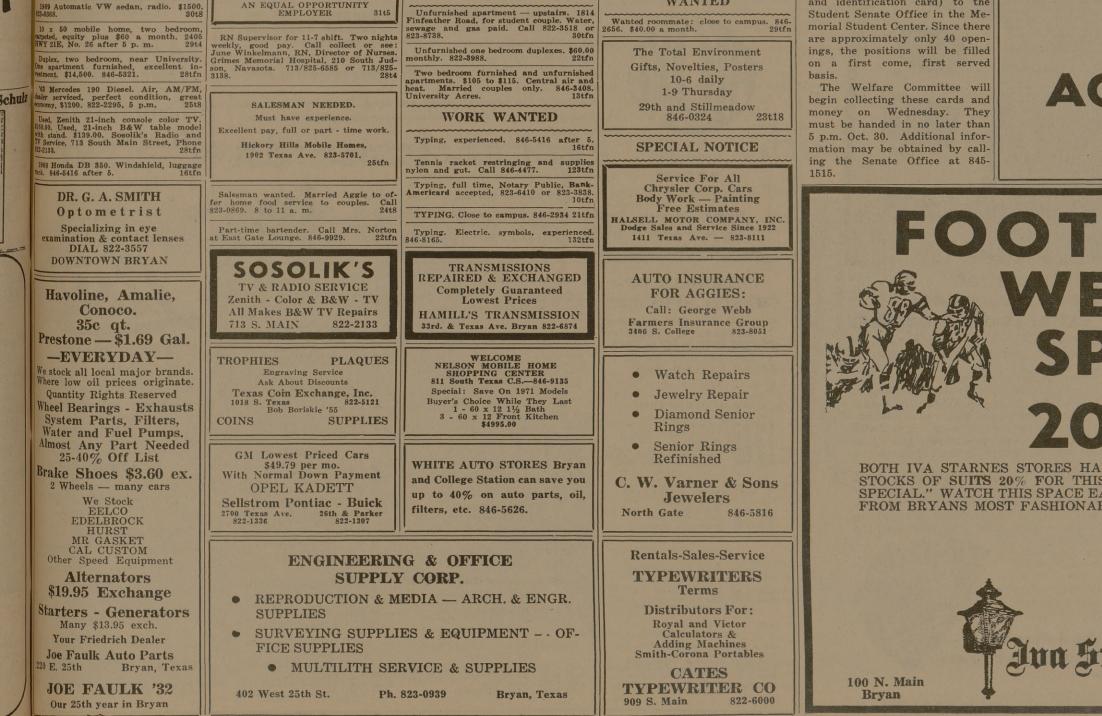
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brother for the day who will be responsible for his activities beginning with departure from the bus that morning. The boy and his big brother will eat lunch in



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