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## Unusual Bicycle Used For Tests And...

student at A&M uses a bicycle tarily jump," he remarked. for something besides getting to class or skinning knees and el-

Earl Yarbrough, a weight training instructor and a student, is working on a project of determining heartbeat reactions to increased resistance. The bicycle is more properly called an "ergometer." The unit is stationary and has no spoked wheels; only a large flywheel with a tension band that can be tightened to increase resistance on the pedals.

Yarbrough had a two-fold purpose in starting this particular project. He wanted to use it as the object of a problem course in his graduate work and also he hopes to base his Ph.D. dissertation on the results of the

Using volunteer subjects, Yarbrough has made about 55 tests since he started in April.

The test involves the subject being fitted with chest electrodes that are connected to a physiograph, a device used to measure rate of heartbeat and recorded as an electrocardiogram (EKG). The person then pedals the bicycle ergometer at the rate of 50 times per minute in cadence with a musical metronome.

The actual goal is to determine the amount of resistance needed to bring the average person's heart rate up to a level 125 to 145 beats per minute.

Yarbrough records the rate of heartbeat every thirty seconds until the rate levels off. Some tests involve a constance resistance while in others the resistance is gradually increased to observe the effect on the heart. All tests are stopped when the heart beat rate reaches 160 beats per minute.

Yarbrough has noticed that some of the EKG graph lines jump sharply due to emotional

"Perhaps I would have a freshman on the machine and an upperclassman would walk in; or some

### Dr. Wallace Pasika To Join Faculty Of Chemistry Dept.

Dr. Wallace M. Pasika will join the Texas A&M Chemistry Department faculty June 1 as an associate professor, announced Dr. A. E. Martell, head.

Pasika, 34, has been a faculty member at East Texas State since

The physical chemist obtained bachelor and master's degrees at the University of Manitoba and the Ph.D. at the University of Alberta, Canada.

other emotional factor would A physical education graduate cause the heart rate to momen-

In addition to emotional stresses affecting heart rate, Yarbrough said that heart rate is difficult to measure in people who have nonrythmic heartbeats.

# **Three Officers** To S.E. Asia

Three Air Force officers currently assigned at Texas A&M will move to new jobs in Southeast Asia this summer.

Maj. Deward Johnson, Maj. Philip I. Caleb Jr. and Capt. Samuel J. (Joe) Boles Jr. are Air Force ROTC instructors.

Johnson and Caleb will be reassigned in South Vietnam and Boles will be stationed at Korat, Thailand.

Boles, the operations staff officer-to-be at the 7th Air Force headquarters, Tan Son Nhut AB is married and has two children. He came to A&M in 1965. In addition to instructor duties, the Versailles, Ky., native has been Boy Scout liaison officer and instructor pilot, information and safety officer of the detachment.

Johnson supervised student pilots as flight instruction program project officer and was military advisor to the 4th Group, President's Flag winner; Squadron 13. Academic Achievement award unit, and Squadron 11. winner of the General Moore and Spencer J. Buchanan awards.

Major Caleb hopes to complete master's degree work in history before leaving A&M in August. He will be an AC-47 Dragonship crew member with the 5th Air Commando Squadron at Nha Trang, Vietnam.

Training at Fairchild AFB, Wash., England AFB, La., and Clark Field, Philippines, will precede his assignment. The father of two children, Caleb has been at A&M four years and is a member of St. Thomas Episcopal

Captain Boles will be reassigned as a 553rd Reconnaissance Wing navigator, flying out of the Royal Thai AB. Instructor of junior and freshman aerospace studies, he has been Wings and Sabres advisor, Squadron 2 military advisor and taught navigation in the flight instruction program. Boles, the father of four, s detachment testing officer and AFROTC project officer of new student summer conferences.

The three officers were honorees of a recent detachment farewell social.



LIGHTS BOOST LIVING

Making night driving almost as safe as day driving is a goal of Texas Transportation Institute researchers at Texas A&M University. Mrs. Ray Stanford Jr. jots notes as Dr. Neil Rowan and Ned Walton inspect ten 1,000-watt lights soon to be installed atop a 100-foot pole for further research at A&M's Research Annex.

## Dr. Claude Hall Wins Award

Prof. Claude H. Hall of Texas in the January issue of the quar-A&M's History Department has terly. The article is based on the won the \$100 award for the best scholarly article published in the "Southwestern Historical Quarterly," Dr. J. M. Nance, department head, announced.

The H. Bailey Carroll award was established last year. Hall, as the first recipient, received it at the annual meeting of the Texas State Historical Association in San Antonio over the

The award went to Hall for his article on "The Fabulous Tom Ochiltree: Promoter, Politician and Raconteur," which appeared ation's executive committee.

extensive research that he has been engaged in for several years of "Texans in Congress."

"We are proud that a member of the A&M history faculty has achieved such recognition for his writing and scholarship," Dr. Nance said.

Others attending the meeting in San Antonio from the A&M department included Dr. Nance; Dr. Thomas L. Miller, associate professor, and Dr. Victor H. Treat, assistant professor. Dr. Nance is a member of the associMay Ease Driving Who says there is nothing new in cooperation with the Bureau of Public Roads' Department of Texas A&M researchers are

Unique Lighting

under the sun?

ideas are being put to practical

use in San Antonio, Texarakana,

Sioux Falls and Rapid City, South

Better illumination is the an-

swer Dr. Neilon J. Rowan and

Ned E. Walton have come up

with afte four and one-half

years of research. Rowan heads

the Texas Transportation Insti-

gram. Walton is a research as-

ditions for night drivers that

are experienced by daytime

drivers," Rowan emphasized.

"Achieving daylight intensity of

light is not our objective. But

we want to illuminate entire in-

terchange areas sufficiently so

drivers may see roadway features

readily see all interchange road-

ways, signs, guardrails, curbs and

other things to quickly and calmly

make numerous decisions which

contribute to safe driving in in-

Floodlighting is not exactly

unique, Rowan hastens to note.

It is, he said, new in its form of

application to roadway lighting

in that less illumination is re-

quired for functional efficiency.

Floodlights, familiar sights in

sports and industry, may soon

become even more notable along

"Our research is sponsored by

the country's highways, the re-

terchange areas.

searcher feels.

Rowan said drivers need to

necessary for safe driving."

Transportation," Rowan said. The cost totals \$260,000 to date, working to make night highway including \$82,000 for this year." driving as safe as day driving for the nation's motorists. Their

Rowan and Walton are not "talking" fixed mounting heights now although they readily admit poles may range from 80 to 150 feet high, depending on topog. raphy and other factors.

The 100-foot towers being in. stalled in San Antonio are de. signed to withstand 100-mile-per. hour winds. For safety's sake, Rowan explained, the poles are tute's Driving Environment probeing mounted 100 feet or more from the roadway's edge, making it highly improbable that they "We are trying to reproduce as nearly as possible seeing conwould be struck by motor ve-

hicles. Researchers' quest for safety doesn't end there. They are working on shock absorbing devices which may be placed around poles to reduce probability of injuries to drivers and passengers if their vehicle should crash into the towers. Rowan said TTI research. ers already have devised impact attenuation devices which will stop a car traveling 60 miles per hour in 15 feet. This type collision, he added, is considered a survivable accident.

According to Rowan, use of lower mounted lighting systems in interchange areas light only individual roadways and as a result do not allow drivers to see the total picture.

With low mounted lighting, Rowan added, drivers have difficulty determining relationships of other roadways with the roadway on which he is driving. Also, he continued, glare from light sources on other roadways may niterfere with his driving and the Texas Highway Department add to his confusion.

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