

'Left' Arm Workout Fatal To Dieters

It's a weighty problem. Thousands of Americans are worried about their weight—too much extra poundage for that summer of sun, surf and bathing suits.

College students don't generally resort to the diet drinks, pudding, ice cream, breads, canned fruits, wafers, cookies and other sure cures for the bulge battle.

Exercises are of course, recommended in varying degree to help tone the muscles. But which exercises, how much, and what diet plan to follow are challenging problems.

Educational institutions have to keep in trim, also. They have various sets of exercises to maintain fighting strength. Professors and staff personnel are at times memoed exercising plans forwarded by administrators.

But administrative exercises are not as physical as they are inspiring. One such set of exercises which are considered verboten by most universities or any large industry or business was included in a Michigan publication called the Project Public Information.

Of all the idealistic principles which a student is exposed to during his college career, perhaps the following, when framed above that first job's desk, could do as much as anything else to contribute toward success. As applied to education, the exercises not recommended included:

- running down fellow educators,
- jumping to conclusions,
- side-stepping responsibility,
- pushing one's luck,
- watching the clock,
- ducking out,
- pulling a fast one,
- skipping over facts,
- throwing the bull,
- pitching a curve,
- sinking the boat,
- walking off the job.

Both faculty and students here have been guilty of such exercises. Professors at times have enjoyed running down fellow educators, throwing the bull and, occasionally, ducking out.

Almost every student at one time has watched the clock, pushed his luck or walked off the job of learning.

And a small minority have recently indicated their form of educational exercise by several workouts in jumping to conclusions, side-stepping responsibility, sinking any boat, and skipping the facts. They know "the real truth," demand academic and student freedom and tolerance and yet are least tolerant of others.

It is a new brand of athletic enterprise at A&M. It is a lip exercise of inept questioning, chronic complaining, few solid alternatives, lack of responsibility and understanding. The exercises causing the least amount of physical well-being in life seems to be the most cherished among dieters supposedly in the know.

The years following the college womb should mellow the enthusiasm of the exercises listed above. Fortunately, only a few persist to play beyond their prime.

CADET SLOUCH

by Jim Earle



"SIR, I'M READY TO BUCKLE DOWN AND STUDY THIS LAST WEEK! WHAT MUST I DO TO BRING UP MY 32 AVERAGE?"

Berger To Battle Baboons In Africa

Battling baboons in Africa will soon be the work assignment of a Texas A&M Wildlife Science graduate student.

Husky Mike Berger, a six-foot, 190-pounder from San Antonio, will head a team to trap baboons for use in medical research by the Southwest Foundation for Research and Education in San Antonio.

"I'm also going to collect data for my thesis, which I hope to complete when this job ends in two years," Berger said. "Naturally, I'm going to have to learn baboon trapping in an orientation course."

Technically, Berger will be assistant manager of the Primate Research Center in Nairobi, the capital city of Kenya in East Central Africa.

"Current plans call for me to be in the bush three weeks a month," Berger grinned. "I think I'll have enough natives to help trap the baboons safely."

Berger, son of Mr. and Mrs. Fred E. Berger, 1103 McKinley, is a graduate of San Antonio Central Catholic High School. He's a January wildlife science graduate of A&M.

A member of the Wildlife Society, Gamma Sigma Delta and the American Society of Mammalogists, Berger was a member

of the Student Agricultural Council as an undergraduate.

With wife Nancy and 15-month old son Mickey, Berger will fly from New York to Nairobi June 26.

Norwegian Ag, Family Depart For Home In Jostedalsbreen

A Norwegian family will finish a year of study in the U. S. this month and take a cross-section picture of American living back to Stryn, Norway.

Knut Jacobsen, a junior high school principal in the mountainous Western Norway town, has been studying at Texas A&M University the past year through a National Science Foundation-supported Academic Year Institute.

Jacobsen and his family scoured the Southwest on holiday and weekend trips. A week in New England and New York will precede their June 11 departure for Oslo. He wants to be back on the job by June 20.

"It has been a good experience. We have made many friends," commented the precise Jacobsen.

The family, including Knut's wife Marta and three teenage daughters, Vigdis, Inger and Brite, have loaded their Volkswagen at every opportunity. They've seen the Huntsville Prison Rodeo, HemisFair, the Houston Livestock Show rodeo and state capitol.

"It has been a unique opportunity for us," the 47-year-old teacher said.

"The language was quite difficult for the youngest," he went on, but Brite overcame the problem during the second semester. The family's 10-acre farm near Stryn is 30 miles from Jostedals-

breen, largest glacier on the European continent.

During their absence, the region had an "extremely hard winter."

"There was more snow than any of the old people ever remember. Our relatives wrote that it was up to the eaves of our mountain cabin," Jacobsen described.

"We were very lucky to be in Texas."

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MARK OF EXCELLENCE

Bulletin Board

TODAY

The El Paso Hometown Club will meet in the Reading Room, YMCA building, at 7:30 p.m.

THURSDAY

The Mechanical Engineering Seminar will host Jack E. Mildner in Room 303, Fernier Hall, at 10-10:50 a.m. Mildner is a consulting engineer and associate of Smith, Hinchman, and Grylls, Inc., Architects, Engineers, and Planners, of Detroit. His subject will be "Engineering Requirements for Buildings and their Equipment," according to J. H. Caddess, of the Mechanical Engineering Department. Architects, Civil, Electrical, Industrial, and Mechanical Engineers are invited.

The Orange Hometown Club will meet at 7:30 p.m. in the lobby of the Academic building. Elec-

tion of officers for next year will be held. Everyone is urged to come.

The Peace Corps Club will show a free 20 minute color film, "Confrontation," in Room 202, YMCA building, at 7:30 p.m. The film will feature segments from Dartmouth College, Quebec, and the Ivory Coast, Africa.

The Bryan Bass Club will meet at 7:30 p.m. at the Bryan Chamber of Commerce building. Color movies about fishing and the general outdoors will be shown. Members, prospective members, and guests are invited to attend.

FRIDAY

The Deep East Texas Hometown Club will meet in the Memorial Student Center, 7:30 p.m.

SUNDAY

The student A.V.M.A. Auxiliary is having a pet show Sunday afternoon. Registration will begin at 2 p.m. at Consolidated Field in College Station. Awards will be given, including one for the largest pet, the smallest, the most unusual, the best groomed, the ugliest, the prettiest, and the best dressed. An entry fee of fifty cents will be charged. Children to the age of 12 are invited to enter their pets.

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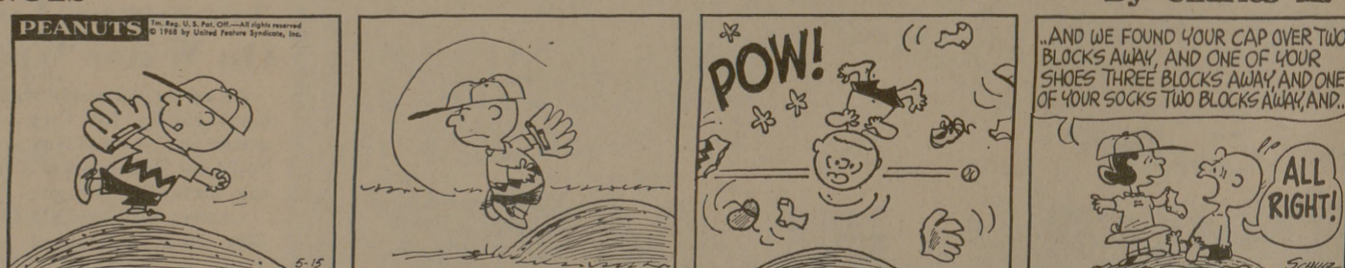
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By Charles M. Schulz

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