

Holecek Sets Up Excellent PE Program

By STEVE KORENEK
Lawrence Holecek, PE teacher and coach at A&M Consolidated Junior High School, has established a daily physical education program which challenges the students.

Holecek, 1105 Timm, College Station, earned his bachelor's degree in physical education at Texas A&M in 1961 and his master's in education, also at A&M, in 1964.

The coach explained the state requires each school to have a planned program and it even suggests a program. The program varies from school to school however and frequently the PE teacher also teaches other courses. Last year Holecek taught science. This year he teaches only physical education.

Holecek stressed that the secret of a good PE program is organization.

"Without organization none of your objectives will be met," he said.

The objectives Holecek set up when he started teaching are:

- 1) To develop and maintain physical fitness.
- 2) To develop a sense of values and responsibilities.
- 3) To develop an interest in PE activities.

Holecek has set up his program in such a manner as to achieve these objectives. The daily exercise helps accomplish the first objective. Each student has a uniform which he must take care of. This and the participation in team sports helps to accomplish the second objective. The third objective is met through the student's own desire and through teaching techniques.

The coach explained that he teaches two types of sports. The first type is the athletic sports such as flag football and basketball. The second type is the lifetime sports such as volleyball and softball. Interest in the lifetime sports is important because it can help a person maintain his physical fitness throughout his life.

The grading periods at A&M Consolidated are six six-week units. Holecek teaches PE in six units also. He makes his units seasonal so that he can take advantage of the student's natural interest.

"As we're a college town, they're (the students) interested when it (the sport) rolls around," he explained.

In the fall the first unit is flag football, next is volleyball, the third is basketball, the fourth is a classroom course, health, and soccer outside, the fifth is a multiple unit and the sixth is track and field and softball.

Boston Captures NBA Crown

BOSTON (AP)—The Boston Celtics, regarded by many as the most fabulous team in major league sports history, captured their eighth straight National Basketball Association championship Thursday in defeating the Los Angeles Lakers 95-93 at the Garden.

Responding to pressure and the cheers of a sellout crowd of 13,909, the Celtics gave retiring Coach Red Auerbach a title salute with another clutch performance in winning the deciding game of the best-of-7 championship series.

The Celtics, riddled by a series of injuries and dethroned by Philadelphia after a nine-year reign as regular season Eastern division kings, capped a hard-fought playoff by winning their ninth NBA championship in 10 years.

Led by veteran Capt. Bill Russell, who will take over as player-coach as Auerbach moves into fulltime duty as general manager, the Celtics turned in a tremendous defensive effort in stopping the Lakers' high-powered attack.

The multiple unit is made up of wrestling, tumbling and weight training. For this unit the classes are broken down into groups by weight and height. Each group takes part in a different activity each day and the groups alternate.

Holecek follows the weight program developed by Emil Malmaliga, weight coach at Texas A&M.

"A&M has the best weight training program in the country," Holecek has his program highly organized, even the dressing room procedure is organized.

"Youngsters want to have something organized for them. If you don't have it highly organized you are going to lose them."

Holecek has no discipline problems in his classes; he attributes this to organization.

Helping Holecek with his program are four student teachers from Texas A&M.

"They are outstanding, they contribute to my program from their resources. If a boy wants to become a good teacher he can definitely do so through the program at Texas A&M," Holecek said.

Holecek explained when a new unit is taken up he tells the youngsters exactly what the objectives for that particular unit are. For example, in wrestling the objectives are:

- 1) To maintain physical fitness.
- 2) To develop self-confidence.
- 3) To develop strength.

"Each individual unit has its objectives which can in turn be put into the overall objectives," Holecek said.

Holecek said the junior high years are important years for physical fitness training because it is during this time the youngsters start a growth spurt. Proper training at this time enables the student to utilize this growth to his advantage.

The program director does not express the common complaint of PE teachers of lacking facilities. On the contrary, he praises the facilities at A&M Consolidated Junior High and said he has "plenty of space."

Even with a good program and good facilities a PE program cannot succeed if the students have no desire to participate, he said. This is not one of Holecek's problems. The boys in his classes have plenty of desire.

Holecek explained the basic difference in his athletic program and his PE program is in

class he is teaching fundamentals rather than coaching.

"None of our PE units tie into athletics," he said.

Each student receives a grade on the basis of skill tests, written tests on sport rules and situations, competition points, the student's attitude, participation and conduct.

Holecek doesn't rely just on his college training to make up his PE program. He uses new ideas brought to him by his student teachers and last year he visited the Beaumont School System where he picked up some new teaching techniques and ideas.

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Gymnastic Team Enters AAU Meet

The Texas A&M Gymnastic team will compete at the Gulf AAU Gymnastic meet this weekend at Sam Houston State College.

The Aggie will enter eight events including the rings, parallel bars, side horse, high bar, free X, tumbling, vaulting and trampoline. One team member will compete in the all-around which means he will enter all the events except the trampoline.

Three different awards will be given at the meet — individual, all-around and team basis. Medals will be given for the first six places in individual competition and trophies for the top all-around and top team.

Barker Advances As Rojas Loses

AUSTIN (AP)—Third seeded Luis Rojas of Texas A&M was upset in the second round of Southwest Conference tennis singles Thursday but other leaders, Ted Gorski of Texas, seeded No. 1; Richard Barker, Texas A&M, No. 2, and John Pickens, Rice, No. 4, sailed through.

Ed Turville of Rice, who was unseeded, eliminated Rojas 6-3, 8-6.

The top doubles team of Ted Gorski and Leo LaBorde of Texas moved through the first round. Rojas and Barker who won the championship in 1964, took out Pickens and Turville 6-4, 2-6, 6-4 Wednesday.

The 1965 singles champion Jim Parker of Rice has graduated. Pickens returns from the championship doubles team. Parker was the other member.

McDowell Leads Golf Tournament

AUSTIN (AP)—Lee McDowell of Texas A&M, who tied for second last year, shot a pair of two-under-par 70's Wednesday to take a four-stroke lead at the halfway point in the Southwest Conference golf tournament.

His 140 for 36 holes had him on top by four shots over Bill Jenkins of Rice.

Only three rounds were below par for the day as part of the double round was played in a sprinkle of rain. McDowell had two sub-par rounds and Jenkins one—a 71.

Randy Geiselman of Texas, who won last year, has graduated.

The final 36 holes will be played Friday.

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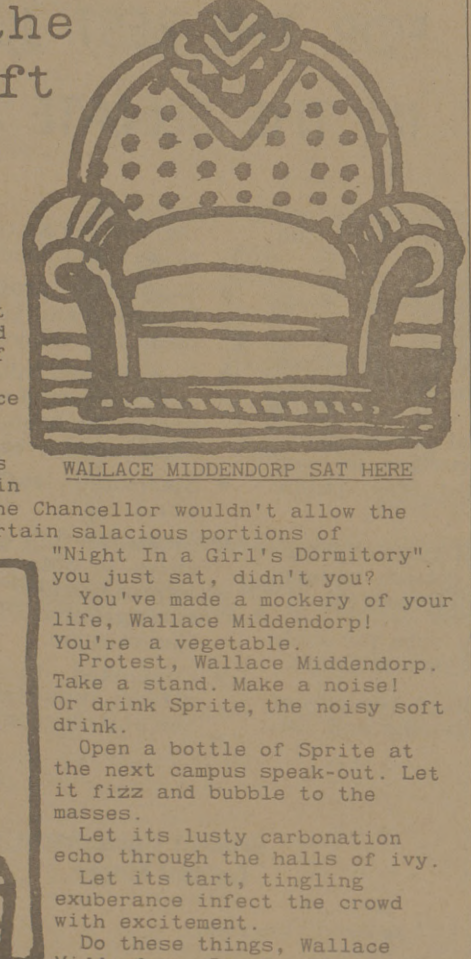
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CALENDAR OF CHURCH SERVICES

<p>ST. MARY'S CATHOLIC Sunday Masses—7:30, 9:00 and 11:00</p> <p>OUR SAVIOUR'S LUTHERAN 8:15 & 10:45 A.M.—The Church at Worship 9:30 A.M.—Bible Classes For All Holy Communion—1st Sun, Ea. Month</p> <p>CHRISTIAN SCIENCE SOCIETY 9:30 A.M.—Sunday School 11:00 A.M.—Sunday Service 11:00 A.M.—2 P.M.—Tues. Reading Rm. 7:00-8:00 P.M.—Wed., Reading Room 8:00 P.M.—Wed. Evening Worship</p> <p>A&M CHURCH OF CHRIST 8:00 & 10:00 A.M. Worship 9:00 A.M.—Bible Study 5:15 P.M.—Young People's Class 6:00 P.M.—Worship 7:15 P.M.—Aggie Class 9:30 A.M.—Tues. - Ladies Bible Class 7:15 P.M.—Wednesday - Bible Study</p> <p>UNIVERSITY LUTHERAN (Missouri Synod) 10:00 A.M.—Bible Class 11:00 A.M.—Morning Worship 7:30 P.M.—Wednesday Vesper</p> <p>CHURCH OF THE NAZARENE 9:45 A.M.—Sunday School 10:45 A.M.—Morning Worship 6:30 P.M.—Young People's Service 7:00 P.M.—Preaching Service</p> <p>FIRST BAPTIST 9:45 A.M.—Sunday School 10:45 A.M.—Morning Worship 6:10 P.M.—Training Union 7:20 P.M.—Evening Worship 6:30 P.M.—Choir Practice & Teachers' meetings (Wednesday) 7:30 P.M.—Midweek Services (Wed.)</p> <p>FIRST CHRISTIAN CHURCH Homestead & Ennis 9:45 A.M.—Sunday School 10:50 A.M.—Morning Worship 6:30 P.M.—Young People</p>	<p>ST. THOMAS EPISCOPAL 906 Jersey Street, So. Side of Campus Rector: William R. Oxley Asst.—Rev. Wesley Seeliger 8:00 9:15 & 11:00 A.M.—Sun. Service 6:45 A.M. & 10:00 A.M.—Wednesday Holy Communion 7:15 P.M.—Wed. Evening Prayer</p> <p>SECOND BAPTIST 710 Eisenhower 9:45 A.M.—Sunday School 11:00 A.M.—Church Service 6:30 P.M.—Training Union 7:30 P.M.—Church Service</p> <p>A&M PRESBYTERIAN 7-9 A.M.—Sun. Breakfast - Stu. Ctr. 9:45 A.M.—Church School 11:00 A.M.—Morning Worship 6:00 P.M.—Sun. Single Stu. Fellowship 7:15 P.M.—Wed. Student Fellowship 6:45 A.M.—Fri. Communion Service Wesley Foundation</p> <p>FAITH CHURCH UNITED CHURCH OF CHRIST 9:15 A.M.—Sunday School 10:30 A.M.—Morning Worship 7:30 P.M.—Evening Service</p> <p>COLLEGE HEIGHTS ASSEMBLY OF GOD 9:45 A.M.—Sunday School 11:00 A.M.—Morning Worship 6:30 P.M.—Young People's Service 7:30 P.M.—Evening Worship</p> <p>A&M METHODIST 8:30 A.M.—Morning Worship 9:45 A.M.—Sunday School 10:55 A.M.—Morning Worship 5:30 P.M.—Campus & Career Class 5:30 & 6:00 P.M.—MYF Meetings</p> <p>UNITARIAN FELLOWSHIP 305 Old Hwy. 6 S. 10:00 A.M.—Sunday School 8:00 P.M.—First four Sundays of each month—Fellowship Meeting.</p> <p>CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS 26th East and Coulter, Bryan 8:30 A.M.—Priesthood meeting 10:00 A.M.—Sunday School 6:30 P.M.—Sacrament Meeting</p>
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SANITARY Farm Dairies

Don't just sit there, Wallace Middendorp. Make a noise. Or drink Sprite, the noisy soft drink.



What did you do when Joe (Boxcar) Brkczpluj was kicked off the football team just because he flunked six out of four of his majors? What did you do, Wallace Middendorp?

And when the school newspaper's editors resigned in protest because The Chancellor wouldn't allow the publication of certain salacious portions of "Night In a Girl's Dormitory" you just sat, didn't you?

You've made a mockery of your life, Wallace Middendorp! You're a vegetable!

Protest, Wallace Middendorp. Take a stand. Make a noise! Or drink Sprite, the noisy soft drink.

Open a bottle of Sprite at the next campus speak-out. Let it fizz and bubble to the masses.

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