

Can Weights Lead To Better Performances In Track?

What happens when you take track men of relative ability and who perform the same event about the identical time or distance and have one of them wear weights throughout the season? Will such a weight program lead to greater performances? This is the question Dr. Carl W. Landiss, health and physical education professor and A&M Track Coach Charlie Thomas hopes to answer before the end of the 1961 season.

At that time, Dr. Landiss and Thomas will publish the results of the experiment as performed by members of the Texas A&M College varsity track team.

The program was made possible by a grant of \$700 from the College Fund for Organized Research, and will be statistically analyzed and its value included in the published papers.

The idea of using weights in practice and pre-meet warmups is not new. Ancient Olympians used them in preparation for the world games, and Bobby Morrow of Abilene Christian College, wore wrist and leg weights similar to those

being used by the A&M athletes in training for the 1960 Olympic games.

Not new to the Russians is the wearing of weights, for USSR track men have done so for years, according to Thomas. However, there are no published reports available on whether the weight program actually helps the Russians in their bid for world track and field recognition, the A&M coach added.

Dr. Landiss explained how the weights are being used here.

"Coach Thomas has divided his track team into two groups, separating participants in each event by ability. In doing this we have, or hoped to have, two equal track squads. One is a control group and the other an experimental group.

"We issued the weights to one group and told them to wear them at all times except when actually participating in a meet," said Landiss.

With the current track season at about the half-way mark, has the weight program helped the Aggies?

"My high jumpers, milers, and half-milers seem to be responding to the program well, but the sprinters are not showing any noticeable results," Thomas said.

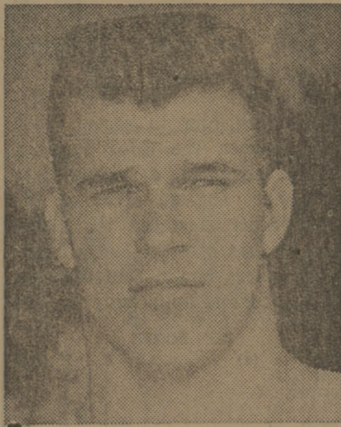
The coach added, however, that his boys had been wearing the weights only since Feb. 15.

SPORTS



THE BATTALION

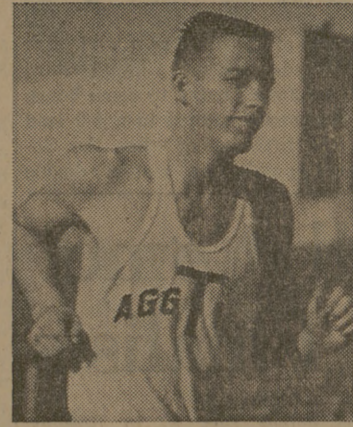
Cadet Frosh Meet TU, U of H Friday



Danny Roberts
... field specialist



R. E. Merritt
... 440-yd. dash



Pat Mitchell
... 220-yd. dash

The Texas Aggie Freshman track team debuts at Austin Friday, participants against the University of Texas and University of Houston in a triangular meet at Memorial Stadium.

Coach Charlie Thomas will send a 28-man squad for the 2:30 p.m. field events and 3 p.m. races.

Aggie best bets include the one-mile relay team composed of Johnny Fulkerson of Baytown, Jerry Anderson of Gorman, James King of Amarillo and R. E. Merritt of Andrews which has been clocked in 3:19.5; Danny Roberts of Cleveland in the shot, discus and javelin throw, Merritt and King in the 440-yard dash and Pat Mitchell of Columbus in the dashes.

Roberts has put the shot 54 feet, has thrown the javelin 190 feet and the discus 160 feet this season. Merritt and King own 49.5 and 49.7 clockings in the 440-yard dash, respectively.

Mitchell has done a 21.8 seconds around the curve in the 220-yard dash.

The Frosh traveling squad will include Jerry Anderson, Gorman; John Berry, Stockton; Thomas Burns, Pasadena; Larry Clancy, Houston; Tommy Crowder, Houston; Bill Doreen, Midland; Robert Elfont, Dallas; Charles Elliott, Temple; Dwight Griggs, Hamlin; Johnny Fulkerson, Baytown; Richard Hall, Houston; Michael Kemack, Garfield; James King, Amarillo; Pearson Knolle, Corpus Christi; Carl Lee, Baytown; R. E. Merritt, Andrews; Robert Martin, Houston; Pat Mitchell, Columbus; Bill Park, Pecos; Daniel Penaloza, San Antonio; Robert Peterson, Rio Grande City; Wayne Phillips, Lubbock; B. A. Paig, Laredo; Danny Roberts, Cleveland; Jerry Rogers, Corpus Christi; Otto Sladeczek, Sherman; Johnny Strange, Atlanta, Ga.; Randy Smith, San Marcos.

FROM THE Sidelines

By Larry Smith

It's beginning to look like anything can happen at an A&M baseball game.

Tuesday afternoon there was a first for many baseball fans as they saw Baylor's coach take a seat in the grandstand after an argument with the umpire.

Yesterday the Aggies took a 5-4 decision from last year's NCAA Champions, University of Minnesota as a result of a wild pitch in the Aggie half of the ninth inning.

Who knows, today or tomorrow the stands may fall down? That isn't a joke at all. The old boards are the worse for wear, but it isn't from wear received in the last two years, especially this year.

Whether they do or not remains to be seen, but probably no one would want to miss such a happening.

The protective screen is full of ripped places, but this shouldn't create much of a worry either because there is some speculators who say the mesh wouldn't stop a hard hit foul anyway.

There's no safe place to park a car behind the field and foul balls have the nasty habit of causing deep creases in the tops of cars. It was only yesterday that a College Station policeman was astonished to see a brand new baseball bash in the glass of his right front window.

But, you can walk to the ball game and your car damage will be over.

At the ball games, the popcorn is hot and the soft drinks are cold, and so far this season the baseball has been good.

About all that is needed to create a real baseball atmosphere is some ardent fans that yell and do all those things.

So, why not give the baseball team a little support in their next outing? Even if you're not sure which will be exciting: the Ags winning another, or the extracurricular sideline action in shaky Kyle Field.

Fish Baseballers Riddle Rice, 17-3

The Aggie Fish baseball team ended their second impressive win just as many days yesterday as they rapped the Rice freshmen, 17-3 in Houston.

A&M jumped right in the middle of the Owllets before the game had gone very far as the score was 2-0 at the end of two innings of play.

Big Robert McAdams was swinging a hefty bat yesterday along with teammate, Art Uresti. Both men collected two hits with McAdams connecting into a grand slam home run in the second inning.

Despite the big score, Rice made four errors while A&M collected an error in the first and another in the second.

Johnny Crain started for the Fish and went six innings before

being relieved by Richard Beller. Besides being the winner, Crain belted a round-tripper.

Beller now has two wins for the year and Crain has one.

It was only two days ago that the Fish ran up a score similar to this one as they handed the Baylor Cubs a 17-0 drubbing.

Yesterday's game only went seven innings and had to be called because of darkness.

The Fish will return to action tomorrow when they meet the Allen Academy Ramblers at 3 p.m. in Bryan. They have already beaten the Ramblers once this season in racking up a 3-0 record.

Wayland's Flying Queens Will Continue To Fly High

By HAROLD V. RATLIFF
Associated Press Sports Editor

It was good to know that Wayland's Flying Queens will continue to fly high.

Wayland's Queens are the acme of women's basketball. They have set records that may never be equalled. They have brought fame to Plainview and to Texas.

A few months ago the disheartening announcement came that the trustees of Wayland College had decided to do away with athletic scholarships, which would mean the end of girls basketball at the Baptist school.

It didn't mean that the trustees wanted to do away with the organization that had brought the college and the city more publicity than any other endeavor. It was a matter of finances—the cost of supporting a basketball team on the scale of the Flying Queens was too much.

Claude Hutcherson, who operates a flying service, had been

transporting the team over the country and into Mexico. The team got the name of the Hutcherson Flying Queens of Wayland College.

Hutcherson got busy and sold the businessmen of Plainview on the idea that they should, by all means, see that the Flying Queens were retained. It didn't take too much convincing.

Came the announcement that businessmen of the area (towns other than Plainview got in on the deal) were underwriting scholarships and other expense and the Flying Queens would, as was the title of Coach Harley Redin's book, "Fly High."

The Queens once won 131 games in a row—the greatest winning streak in women's basketball his-

Only twice in 10 years have they lost two consecutive games. They once ran up 102 points. They won five national AAU championships in six years and were runner-up twice plus the five titles in eight seasons.

The United States women's basketball team that won the Pan American Games in 1955 was largely Flying Queens. The team that won the 1959 Pan American Games was similar.

The team went in for beauty as well as brains and finesse. The crowd liked to watch those pretty gals play.

No town should let a little thing like money stand in the way of the kind of national publicity the Flying Queens brought to Plainview.

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