

# Family Favorites

By TEX STROUPE

(Tex Stroupe, her husband, Bob, and their 10-year-old daughter, Ann, moved to Bryan from Washington, D. C., in November, 1954. Bob, an Air Force Master Sergeant with 16 years' service, is stationed at Bryan Air Force Base. The Stroupes have bought a home at 731 Meadow Lane in Bryan.)

## SUKIYAKI

This is a favorite Japanese supper very popular with Americans. It is a delightfully informal meal and very delicious.

- |   |   |
|---|---|
| 2 pounds beef fillet, or any tender beef, cut as thin as paper, in pieces 1 by 2 inches | 2 cups beef or chicken soup   |
| 2 tablespoons butter or vegetable fat   | 1 cup bamboo sprouts or carrots or other vegetables—few leaves of spinach for color |
| 2 tablespoons suet  | 1 cup soy sauce   |
| 8 onions (medium)   | pepper, sugar or sweet sake, and salt if needed (soy sauce is salty)                |
| 8 mushrooms   |   |

Put fat in skillet over fire, add suet, cook several minutes. Add mushrooms, onions, bamboo sprouts, potatoes cut in half-inch cubes or slices, spinach. Add soup and soy sauce, pepper and sugar or sake (salt if needed). Simmer till vegetables are slightly soft; lay the thin slices of meat on top and cook till tender. Serves 4 or 5.

Serve with individual bowls of rice; with salad and pickles and sliced orange or fruit for dessert.

## TEMPURA

- |             |                      |
|-------------|----------------------|
| 1 egg       | ½ teaspoon salt      |
| 1 cup flour | 1 teaspoon soy sauce |
| ¾ cup water |                      |

Beat egg, then add water and soy sauce, then add dry ingredients. The following foods may be used for tempura. These are dipped in the batter and fried in deep fat:

Shell fish; fish; shoestring carrots; thinly sliced onions; leeks or scallions cut in 2-inch lengths; green peas; French cut green beans and thinly sliced sweet potatoes. Serve with soy sauce.

## CAKE

- |   |                           |
|---|---------------------------|
| 1 package Betty Crocker yellow cake mix | 4 whole eggs              |
| 1 package lemon or other flavor Jello   | pinch of salt             |
| ¾ cup Wesson oil—add water to fill cup  | 1 teaspoon almond extract |
|   | 1 teaspoon vanilla        |

Empty cake mix into bowl; crumble in Jello. Add other ingredients, and beat according to directions for cake mix. Bake in loaf pan at 350 degrees for 50 minutes. Frost with 7-minute icing.

## PUNCH

- |                              |                               |
|------------------------------|-------------------------------|
| 1 No. 2 can grapefruit juice | 1 small bottle almond extract |
| 1 No. 2 can orange juice     |                               |
| 2 cans frozen lemonade       | 2 quarts water                |
| 46-ounce can pineapple juice | 2½ pounds sugar               |

Boil sugar and water to make a syrup. Add to juices and flavoring, which have been mixed together. Serves 75. This makes a delicious ice when frozen.

## Bell County Club Officers Elected


Bell County Hometown Club met Tuesday night for the first time of the year to elect new officers and discuss future activities.

Officers elected in the meeting are: Steve Cox, president; John Houston, vice president; Glen Ban-zhaf, secretary-treasurer; Ken-

neth Gerstenberg, reporter; and Calvin Weaver, sergeant at arms. Plans for a Thanksgiving party were also discussed.

All Bell County students are urged to attend the bi-monthly meeting, on first and third Tuesdays of every month.

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TEXAS MAGIC  
TOMATO

# SAUCE

8-OZ.  
CAN

# 5

• FROZEN FOODS •

## FRUIT PIES

EACH **19c**

MORTON'S  
APPLE  
CHERRY  
PEACH  
10½-oz.

- PASCO
- |               |                        |                   |
|---------------|------------------------|-------------------|
| ORANGE JUICE  | 4 6-oz. Cans           | 49c               |
| GREEN BEANS   | Birdseye Cut Frozen    | 2 9-oz. Pkgs. 43c |
| PERCH FILLETS | Birdseye Frozen—12-oz. | 29c               |

- BEST DRUG BUYS •
- |              |                       |     |
|--------------|-----------------------|-----|
| Bottle of 25 | ALKA-SELTZER          | 39c |
| 54c Size     | HAND LOTION - Jergens | 45c |
| Small Size   | VICKS VAPO-RUB        | 33c |

- |                        |                     |             |     |
|------------------------|---------------------|-------------|-----|
| 300 Cans—Alma—Fordhook | LIMA BEANS          | 2 cans      | 19c |
| 300 Cans—Prepared      | RANCH STYLE BEANS   | 2 cans      | 25c |
| 303 Can—Del Monte      | BARTLETT PEARS      | 12-oz. Pkg. | 29c |
|                        | NIAGARA STARCH      | 2 Quarts    | 21c |
|                        | GOLDEN AGE BEVERAGE |             | 25c |

## Fruits & Vegetables

# BANANAS

**Lb. 10c**

NIBLETS  
WHOLE KERNEL

# CORN

12-OZ.  
CAN

# 15




PARD  
DOG FOOD

2 Tall Cans **25c**

SPECIALS FOR THUR. — FRI. — SAT. — OCT. 10 - 11 - 12

Chuck Roast	Swift Premium Beef	Lb.	<b>39c</b>
PRIME RIB ROAST	Swift Premium Beef	L.B.	59c
BEEF SHORT RIBS	Swift Premium	L.B.	35c
SIRLOIN STEAK	Swift Premium Beef	L.B.	79c
T-BONE STEAK	Swift Premium Beef	L.B.	89c
SWISS STEAK	Swift Premium Beef	Lb.	79c
CLUB STEAKS	Swift Premium Boneless	L.B.	99c
BROOKFIELD LINK SAUSAGE		L.B.	59c
SWIFT PREMIUM FRANKS		L.B.	49c
BACON	Swift Premium	Lb.	<b>58c</b>
CORNED BEEF BRISKET	Swift's	L.B.	65c
LAMB ROAST	Swift Premium Square Cut Shoulder	L.B.	43c
BOLOGNA	Swift Premium "By the Piece"	Lb.	<b>29c</b>
LAMB LEGS	Swift Premium	L.B.	65c
LAMB LOIN CHOPS	Swift Premium	L.B.	83c
LAMB PATTIES	Swift Premium	L.B.	39c
PICNICS	Swift Premium Ready-to-Eat	Lb.	<b>39c</b>



All Grinds

# Lb. 69c

EGGS	Grade "A" Medium Tyson Guaranteed—DOZ.	<b>47c</b>
FLOUR	Robin Hood 5 Lb. Bag	<b>29c</b>
UNSWEETENED GRAPEFRUIT JUICE	Texasun 46-oz. Can	19c

- |                     |  |              |     |
|---------------------|--|--------------|-----|
| ONIONS              | White  | Lb.          | 5c  |
| FRESH CRISP LETTUCE | Big Heads  | EACH         | 15c |
| POTATOES            | Long White                                       | 10 Lb. Bag   | 39c |
| TOMATOES            | Texas 303 Can                                    | <b>10c</b>   |     |
| CAMPBELL'S SOUPS    | Chicken and Vegetable, Turkey Noodle, Minestrone | 2 No. 1 Tall | 35c |
| SWIFT'S PREM        | 12-oz. Can Luncheon Meat                         |              | 39c |

★ TWO CONVENIENT LOCATIONS ★

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