

Just for Women

Mental Health Topic Of Speech Heard By Campus Study Club

A review of the over-all picture on mental health was provided by Warren C. Bonney Tuesday, when he addressed the Campus Study Club meeting in the YMCA.

Bonney, personal and vocational counselor and assistant professor in the A&M Basic Division and director of the College Hospital mental hygiene clinic, pointed out that the incidence of mental illness has increased 50 per cent in the last 30 years, a trend believed to result from the growing complexity of modern living.

He stated that one out of 12 persons spends some time in a mental institution and that one of five hospital beds is occupied by a patient with mental illness.

Education of the public is of prime importance in developing

understanding, respect and patience for the mentally ill, Bonney continued. He also emphasized the need for more funds to improve both the equipment and personnel of mental hospitals.

Prof. Bonney was introduced by Mrs. C. W. Crawford, club year-book chairman.

The meeting, conducted by the president, Mrs. Bardin H. Nelson, was opened with the reading of the Club Collect. One new member, Mrs. R. E. Bossler, was admitted to the club, and the following new members were introduced: the Mesdames Joe Bruce, Mont Whitson, C. Prewit, Clarence Moore and A. M. Sorenson.

Mrs. R. N. Craig announced that the Americanism and American home committee had mailed cards to the members, urging them to vote in the Nov. 6 election.

Family Favorites

By ROSEMARY BOYKIN

(Rosemary Boykin has been employed for the past year and a half by the Research Foundation in the A&M Department of Oceanography. Her husband, Calvin Boykin, assistant professor in the Department of Agricultural Economics and Sociology, is currently engaged in farm management research for the Texas Agricultural Experiment Station. A graduate of A&M, he received his B.S. degree in range and forestry in 1949 and his M.S. in agricultural economics this year. There are three other members of the Boykin family—9-year-old Karen Lee, Elizabeth Anne, 7, and Calvin Clay III, 2 years old.)

ITALIAN STUFFED ROUNDSTEAK AND MACARONI

1 bunch parsley, chopped
1 or 2 cloves garlic, minced
1 large or 2 medium small roundsteaks
½ pound pork sausage
1 large onion, sliced
½ cup olive oil
2—8-ounce cans tomato sauce
1 No. 303 can tomatoes
2 tablespoons sugar
1 teaspoon oregano
1 small can mushrooms
2—10-ounce packages macaroni

Mix parsley and garlic with just enough vegetable shortening and spread on roundsteak, which has been salted and peppered. Roll steak and tie with string to form long roll. Shape sausage into patties, and brown onion, steak and sausage in olive oil. When brown, remove meats and add tomato sauce, tomatoes, sugar, oregano and mushrooms and simmer about 15 minutes.

Return meats to gravy, salt and pepper to taste and let simmer about two hours. When steak is ready to serve, the string is removed and the roll sliced. The macaroni, which has been boiled in salted water, is then mixed with the gravy and topped with either Parmesan or Romano cheese. Serves six.

STUFFED YELLOW CROOK-NECK SQUASH

6 medium sized squashes
½ pound hamburger
½ cup or less uncooked rice
1 green pepper, chopped
Scoop center from squash and stuff with hamburger, rice, ½ green pepper, salt, pepper, mint, tomato and onion. Place squashes in deep skillet and pour over them the can of tomato soup and enough water to cover. To this add remaining pepper and mint. Cover and let simmer for 1 hour or more. Cook slowly.

CASSEROLE ONION BREAD

1 cup milk
3 tablespoons sugar
2 teaspoons salt
1½ tablespoons shortening
1 cup warm water (not hot)
2 packages active dry or compressed yeast
4½ cups all-purpose flour
1 teaspoon onion salt
½ teaspoon celery salt
2 tablespoons butter
¾ cup coarsely chopped onion
1 egg yolk
1 teaspoon water
Scald milk in small saucepan over medium heat; remove from heat; add sugar, salt and shortening and stir until ingredients are dissolved. Cool to lukewarm. Measure warm water into 2½-quart bowl; into this sprinkle or crumble yeast and stir till dissolved. Add cooled milk mixture.

Sift flour, measure; add onion salt and celery salt, sift again and add, all at once, to yeast mixture; stir until well blended, about 2 minutes. Cover with clean towel and let rise in warm place (80 to 85 degrees), free from drafts, until tripled in bulk. This will take about 40 minutes. Stir down, beat vigorously about ½ minute. Turn into greased 2-quart casserole; bake on rack just below center of oven (375 degrees).

While bread bakes, make this onion topping. Melt butter over low heat, add onion; cover, cook about 5 minutes, cool. Beat egg yolk till light, add water, mix well, combine with onion. When bread is set, about 40 minutes, spoon onion mixture evenly over top. Bake 20 minutes more till top is golden brown. Remove from oven, turn out loaf and cool on rack.

Social Whirl

A meeting of the officers of the Aggie Wives Council is scheduled for 7:30 p.m. Monday in the YMCA. The regular meeting of the group will follow at 8 o'clock and will include discussion of the revised constitution.

Officers of the council are Lucille Prior, president; June Robson, vice president; Dorothy Zuckero, secretary; Mary Lou Bowen, treasurer; Barbara Jones, reporter; and Georgia Johnson, parliamentarian.

★

Winners in Thursday night's play of the Aggie Wives Bridge Club were Billie Holder, Faye Spears, Jean Driver and Jean Crisp, regular group, and Margaret Brown, Francis Larey, and Bonny Douglas, intermediates.

Hostesses for the regular, intermediate and beginning groups, respectively, were Laverne McDonald and Joyce Hanna, Jean Sinclair and Wanda Westerman, and Maurine Thiede and Nancy McMor-die. At the next meeting hostesses will be Jean Driver and Billie Holder, Barbara Maris and Jean Price, and Florence Hudler and Anita Miller.

★

Dames Club will meet at 8 p.m. Tuesday in the YMCA to hear a lecture by Dr. W. B. Davis of the Wildlife Management Department on "The History and Selection of Furs." Refreshments will follow. Hostesses for the evening will be Gerry Turner and Delores Newman.

★

Members of the Chemical Engineering Wives Club will meet at 7:30 p.m. Monday in the south solarium of the YMCA for a short business meeting to be followed by bridge and canasta. Refreshments will be served by the three hostesses for the evening, —Ann Condray, Shirley Christopher and Cecile Chaplin.

The Battalion — College Station (Brazos County), Texas
Thursday, November 8, 1956
PAGE 3

Read Battalion Classifieds

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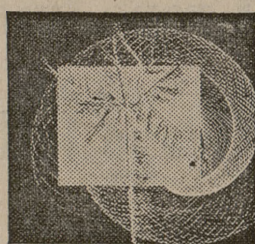
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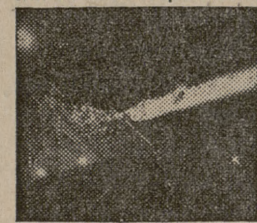
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Wifesaving Tips For The Holidays

AP Newsfeatures

Holidays are fun, but they're hard on Mom.

The dishes that pile up after Thanksgiving dinner, pre-Christmas parties and the snacks of young fry home for the holidays can keep Mom with her hands in the sink from morning to night, unless some smart advance planning is done.

As any homemaker knows, snacks and icebox leftovers can dirty up more dishes than a regular meal. And so many have found that a supply of paper plates and containers lightens the dishwashing load amazingly.

If leftovers are stored in paper containers or on paper plates, there's no dishwashing to do after the refrigerator is raided. Paper plates also come in handy for chopping vegetables, fruits and nuts for holiday meals, for catching the drip from stirring spoons, for dozens of kitchen chores which otherwise would result in a sink full of dirty dishes.

And it's a wise mother who trains her children to reach for a paper plate instead of a china one when they rush to the kitchen for after-school snacks.

What's Cooking

(Continued from Page 2)

San Angelo-West Texas Hometown Club will meet in room 203 of the Agricultural Building.

Lower Trinity Valley Hometown Club will meet in room 203 of the Academic Building.

El Paso Hometown Club will meet in the MSC.

Trans-Pecos Hometown Club will meet in the Civil Engineering Building Lecture room.

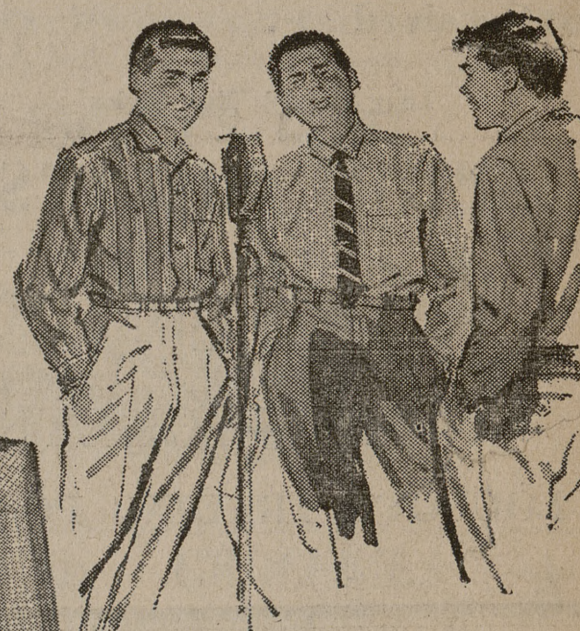
Midland Hometown Club will meet in the YMCA.
8:00

Dallas Hometown Club will meet in room 107 of the Biological Science Building.

Austin Hometown Club will meet in the Civil Engineering Building.

Fort Bend County Club will meet in room 104 of the Academic Building.

New Harmony trio ...headliners all!



Style-wise collegians everywhere are applauding Arrow this year. For close harmony in color, its smart button-down *Glen* can't be matched. And, the *Squire* sport model has style to spare, with its trim, short-point collar and imported cotton flannel. Appearing with them: an eternal campus favorite, the *University* crew neck sweater.

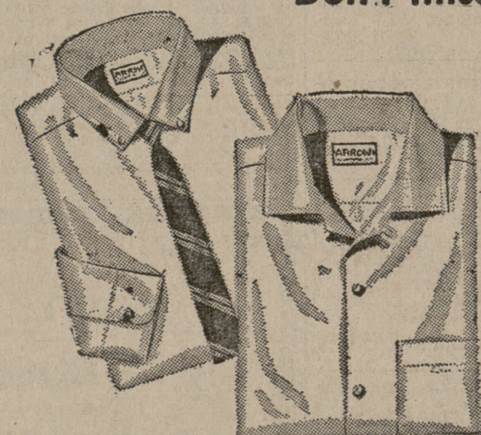
Glen, \$3.95 and \$5.00; *Squire*, \$5.95; *University* sweater, \$11.95; woven twill ties, \$1.50.

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