

AT 10-2 &

Drink
a bite
to eat

4 O'CLOCK

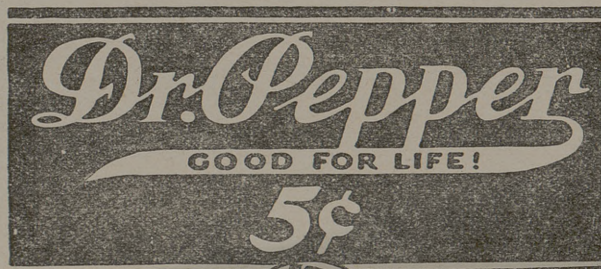


train boy friend to
be a "life-saver"—

Have Your "Heavy-Sugar" and keep your figure *too*—

LISTEN GIRLS! They say you can't have your cake and keep your figure too, but that doesn't mean you must "take the veil" and have no fun at all. Too much of fats and starches are bad for the figure and so are solid sweets. But if you'll take your sugar in Dr. Pepper, it will satisfy the sweet tooth and keep down the curves to a sylph-like thirty-two.

The secret of the system is the fruit juices you take with the sugar—and the sugar itself is invert—a practically non-fattening form. Here's pleasure for palate that adds nothing to pounds, but which does keep your energy up. Try this plan 30 days: train boy-friend to serve you his sweets in a bottle and treat you at 10—2 & 4. It's good for him and it'll keep you trim.



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IT'S A GOOD HABIT TO GET—IT'S ONE THAT WON'T GET YOU